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The Quincy Sun

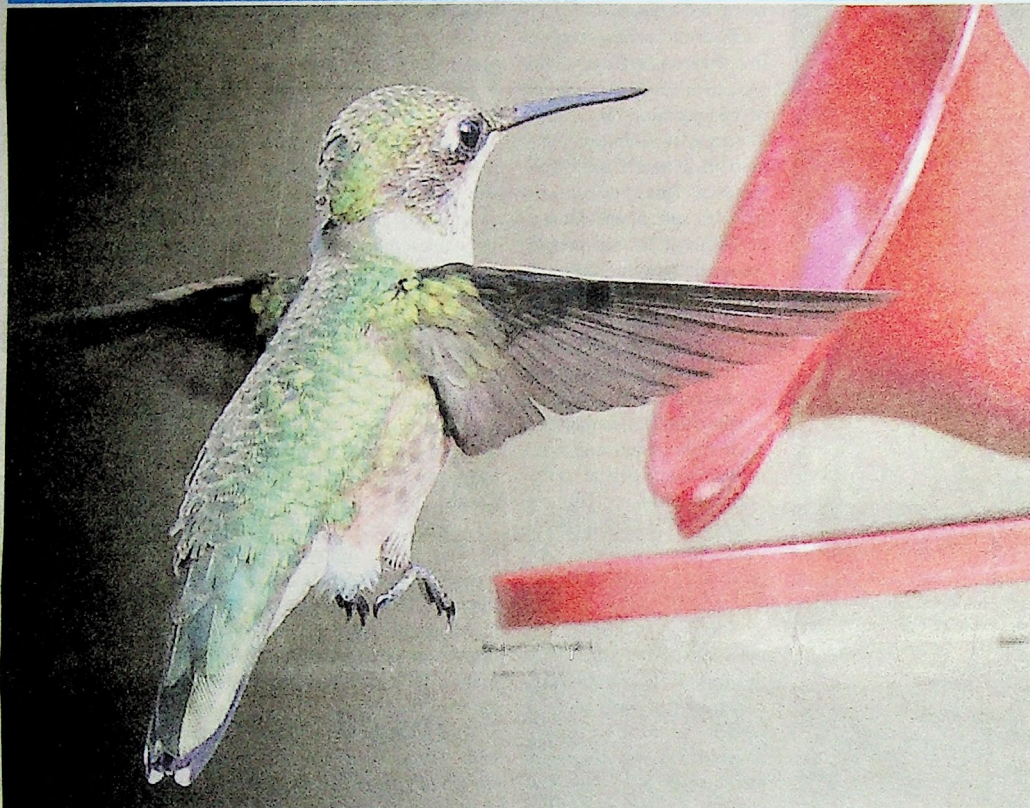
Quincy's Hometown Weekly Newspaper Since 1968



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A RUBY-THROATED HUMMINGBIRD sizes up a nectar feeder on a recent summer day. The migrating birds arrive in Eastern Massachusetts in mid-April through mid-May and depart for warmer climates in late August and September.

Quincy Sun Photo/Robert Bosworth

Zoning Board OKs 32-Unit Condo Building On Totman Street

By SCOTT JACKSON

The city's zoning board has given its approval to a proposal to tear down a South Quincy office building and construct a new 32-unit condominium building in its place, despite concerns area residents voiced about the plan.

The Zoning Board of Appeals on Aug. 22 approved Quincy based-Galvin Development Company's proposal to construct the new four-story building at 21 Totman St. The project also requires approval from the Planning Board, which will hold a continued public

hearing on the item when it meets on Sept. 13.

The property at 21 Totman St. includes 27,625 square feet of land within an Industrial A zoning district. A two-story office building, which the Galvins built in 2001, is presently located on site.

Though the site is currently zoned Industrial A, it is within a section of South

Quincy that city officials are considering rezoning into a transit-oriented-development district to comply with a state law that encourages the development of multi-family residences near MBTA stations, Edward Fleming, the applicant's attorney, noted during the ZBA meeting. Parts of nearby Centre Street were previ-

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The Great Quincy Bake-Off At North Quincy Library

Love to bake? Want to try new recipes and make new friends with other local foodies?

The public is invited to take part in the Great Quincy Bake-Off on Tuesday, Sept. 5, from 7 to 8 p.m. at the North Quincy branch of the Thomas Crane Public Library, 381 Hancock St.

September's baking

challenge is five-ingredient baked goods. Bring a baked good to share that only requires five ingredients or less. Books of five-ingredient recipes will be available for checkout at the North Quincy library!

For more information, visit the Crane Library online Events Calendar.

Early Deadline For Next Week's Sun

Due to the Labor Day holiday Monday, Sept. 4, there is an early deadline for next week's issue of The Quincy Sun. The deadline for news, legal notices and advertising for the Sept. 7th edition is Friday, Sept. 1st at noon.

The Quincy Sun will be closed on Monday, Sept. 4th in observance of Labor Day. The Sept. 7th paper will be circulated Wednesday, Sept. 6th.

School Bells Ring Sept. 6 Grades 1-9

Sept. 7 For Grades 10-12

By SCOTT JACKSON

The students of the Quincy Public Schools, more than 10,000 of them in all, will start making their way back into the classroom on Wednesday, Sept. 6, as the new school year begins.

Grades 1 through 9 will head back to school next Wednesday and will be joined by grades 10, 11 and 12 the following day, Thursday, Sept. 7. Orientation for pre-k and kindergarten is set for Friday, Sept. 8 and the first day of school for those students is Monday, Sept. 11.

As it prepares for the new school year, the district will hold staff orientation for some 100 new employ-

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ees this week, Supt. Kevin Mulvey said recently. That includes 65 to 70 new teachers – which Mulvey said is typical for the start of the school year – with the remainder being new paraprofessionals.

"We have new staff orientation that will be held on Aug. 30 and 31. Our 100

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QPS Enrollment Over 10,000 Students

By SCOTT JACKSON

Enrollment in the Quincy Public Schools has surpassed 10,000 students for the first time in decades.

The number of students enrolled in the school system has been growing in recent years. A total of 9,834 students in pre-kindergarten to grade 12 were enrolled as of Oct. 1, 2022, compared to the 9,612 students that were enrolled as of Oct. 1, 2021.

Supt. Kevin Mulvey said enrollment reached roughly 10,300 students last spring. About 10,100 students were enrolled as of Aug. 16, a number that is subject to change in the coming weeks.

"At the end of last school year, it was about 10,300 and then it has dropped a little bit, so it is around 10,090, 10,100 students,"

Mulvey said in a recent interview when asked about enrollment. "That will fluctuate too as the school year begins. It could drop or it could increase, so there will be that fluctuation, but it is over 10,000 now."

"We haven't seen that large number since the '70s," he added. "People ask, where is the increased numbers coming from and it's hard to really say. But certainly, people want to come to the Quincy Public Schools, there is no doubt about it. People want to live in the city of Quincy and that is reflected in the increased student enrollment."

The students are not living in the large apartment buildings constructed in Quincy Center and other

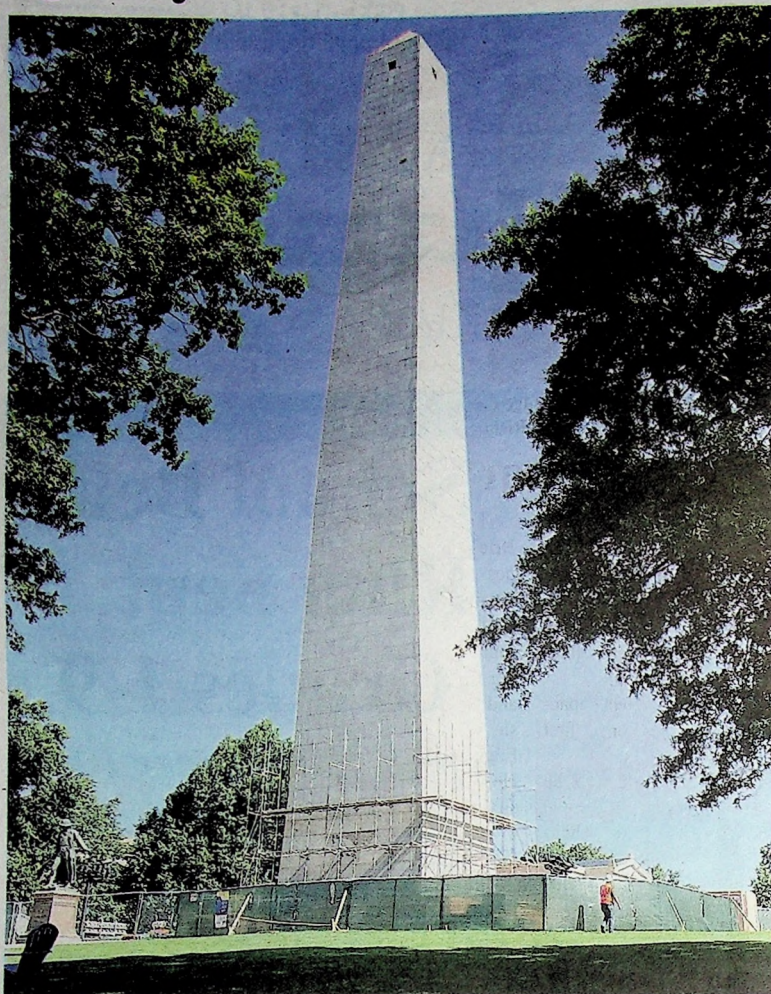
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More Quincy news:
The Quincy Sun.com

Quincy-Granite Bunker Hill Monument Preservation Project



THE BUNKER HILL MONUMENT – crafted from Quincy granite and dedicated June 17, 1843 – is undergoing a \$1.4 million restoration and preservation project in Charlestown. The granite obelisk was designed by Solomon Willard who was also the architect of old City Hall, now the James R. McIntyre Government Center. Photo Courtesy National Park Service

An area historical landmark with ties to Quincy is undergoing a \$1.4 million preservation and restoration in preparation of this nation's 250th anniversary.

The iconic landmark is the Bunker Hill Monument in Charlestown which was built of Quincy granite and designed by Solomon Willard. Willard was also the architect of the old City Hall (now James R. McIntyre Center) as well as other well known buildings including the Norfolk County Courthouse in Dedham.

The restoration/preservation work on the Bunker Hill Monument is in preparation of the upcoming 250th anniversary of the Battle of Bunker Hill, June 17, 2025. The National Park Service anticipates substantial interest in 2025 and 2026 as people commemorate the Battle of Bunker Hill and other significant events leading up to and including the 250th anniversary of the founding of this nation on July 4, 2026.

The 221-foot monument made from granite and mortar serves as a tribute to the Battle of Bunker Hill on June 17, 1775. It was dedicated June 17, 1843 – 18 years after construction began in 1825.

The monument that features 294 steps to the top of the granite obelisk currently remains open with security fencing at the base and a covered walkway to ensure members of the public can safely visit and access the historic structure and lodge. The monument may close occasionally, if and when construction requires it.

The restoration work includes critical masonry repairs to address chronic water filtration at the top of the monument to prevent deterioration and ensure safe conditions for visitors. Work began at the end of July to meet weather, temperature, and schedule requirements. The project is slated for completion by the end of the calendar year.

Visitors can still enjoy the view from the observation deck at this time, but restoration work will cause obstructions after Labor Day. New, onsite touch kiosks featuring 360-degree virtual views from the top of the monument and an interactive map exploring the Siege of Boston and changing shoreline are now available at the Bunker Hill Lodge and Museum.

The National Parks of Boston recently restored the stairs leading up to the monument, the perimeter iron fence is being restored and painted, and conservation treatment on the bronze Colonel William Prescott statue that stands in front

of the Bunker Hill Monument is underway. Visitors can observe the work being done and ask onsite conservation questions as they work.

The monument is currently open Wednesday-Sunday from 10 a.m. to 4:30 p.m.

Building the Bunker Hill Monument was an engineering marvel for that time period. It also spawned the construction of the first commercial railroad in the United States to carry stone from the Quincy quarries to the Neponset River. This new method of transportation was devised by Gridley Bryant.

At the time no one had ever built with such large pieces of stone before and no one knew how to quarry it or work it or transport it to the building location.

The railroad featured three wagons with four wheels, six and one half feet in diameter, surmounted by a smaller gear wheel which was used to raise and lower the cargo platform that was slung low between the wheels.

It rode on foot-high wooden rails, topped by iron plate, which rested on stone sleepers or cross ties, placed eight feet apart and firmly supported on crushed granite to a depth beyond the frost line.

The wagons were laden with 16 tons of the finest Quincy granite and the opening day guests were properly amazed when a single horse moved the whole thing with ease more than three miles to a special wharf on the Neponset River.

The granite blocks, a particularly hard and weather-resistant stone capable of taking a brilliant polish, were enroute to Charlestown, where they were building a monument to the Battle of Bunker Hill.

The Granite Railway, the first such commercial venture in the United States, was built specifically to transport stone for the Bunker Hill Monument.

That it became successful, and a model for others around the country, is a tribute to three vastly dissimilar men: the engineer Bryant, the architect Willard and the financier, Colonel Thomas Handasyd Perkins.

Bryant was 27 at the time but already an engineer of note. He invented the eight wheeled railroad car and, when a fellow named Ross Winans of Baltimore sued to establish a patent on it, Bryant was able to prove his claim to the satisfaction of the U.S. Supreme Court.

Willard, then 43, was a great bear of a man, gentle,

obliging, industrious. Frivolity, it was said, was alien to him and he was never known to run. He could be crotchety, too. He was a carpenter turned wood-carver, turned stone-carver and, finally architect.

Perkins was the autocratic, 52-year-old merchant king of Boston who was said to have been offered the post of Secretary of the Navy by President Washington and turned it down with the observation that he owned more ships than the Navy.

It was Perkins who lobbied the Railway's charter through a puzzled and obstinate State Legislature, which had never been called upon to incorporate a commercial railroad before. It was Perkins who financed it, too, largely with his own money.

Even in its early days, the Granite Railway was a tourist attraction of some magnitude.

Daniel Webster, who used to stop off for a pick-me-up in Quincy en route from Boston and Washington to his home in Marshfield, viewed it and decided that it would never succeed because of the frost that would form on the rails in the winter.

The President of the United States, a local boy named John Quincy Adams, visited in August 1827, got caught in a thunderstorm and took shelter in a shed where Willard's stone-cutters were hacking away at monument granite.

A group of visitors were riding up the Railway's incline in an empty car on July 25, 1832, when the chain broke and catapulted them over a 40-foot cliff. One was killed in what may have been the first railroad fatality in the United States.

The Granite Railway Co. survived until 1870, some 27 years after the Bunker Hill Monument was finished, when most of its track was taken over by the Old Colony Railroad, which in turn became a division of the New York, New Haven and Hartford.

Today, much of the roadbed, over which freight moved commercially on rails for the first time in America, is buried under the macadam of the Southeast Expressway.

Quincy granite, known for its durability and its ability to take a high polish, was shipped all over the world under the trade names "Quincy Light," "Quincy Dark," and "Quincy Extra Dark."

The last operating quarry, Swingle's, went out of business in 1963.

Yiayia's ATTIC

AND
Greek Food & Pastry Sale

Fri. Sept 8, 10 am-7 pm
Sat. Sept. 9, 9 am-7 pm
Sun. Sept. 10, 11 am-3 pm



St. Catherine
Greek Orthodox Church
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Braintree, MA 02184

National Grid Reliability Project To Continue Through Fall

Replacing 50-Year Old Line With More Modern, Reliable Connection

National Grid's major electricity reliability project, which will replace aging utility infrastructure serving a large portion of Quincy, will continue through the end of the fall. Work crews along Newport Avenue, Furnace Brook Parkway, and Southern Artery are replacing a nearly 50-year-old line with a more modern and reliable connection.

The City of Quincy has worked with National Grid to ensure that impacted roadways will be completely replaced with new pavement and any vegetation disturbed will also be replaced.

"I appreciate people's concern with the amount of work happening within our streets this summer," said DPW Commissioner Al Grazioso. "This much-needed work has to be done every 50 or so years to make sure Quincy residents have reliable power and don't experience blackouts or wide-scale outages. We are working with National Grid in an effort to complete their work quickly and efficiently

to minimize the disruption as much as possible. We will also be working to ensure the roads are completely repaired when they are finished."

The work entails the installation of a new high-voltage service line from the Field Street station by the Town River all the way down into North Quincy. National Grid will replace the existing cables with new, modern cables installed within a concrete duct bank, and manhole system. Though the new concrete duct banks and manhole installation involves a lot of work, the new system will improve electric reliability for the City, and minimize future maintenance and repair costs. Concurrently, National Grid gas is also replacing gas lines along the route in an effort to minimize any future roadway disturbance. Once the new line is installed and running, the old power line will be removed. The removal process will be far-less impactful than the current installation effort.

"I want to thank National Grid and their contractors for understanding our concerns about protecting our trees, especially the London Planes along Mount Wollaston Cemetery," said Commissioner of National Resources Dave Murphy. "For such a substantial and important utility upgrade, they are leaving a relatively small impact on the vegetation. They have committed to working with us, particularly along the Newport Avenue tracks, to restore any impacts caused by this project."

Since the commencement of the project in the summer of 2022, National Grid has been working to have the new electric lines installed by November 2023. The old lines will be removed in early 2024 with roadway restoration to begin that year. Further information about this project can be found on National Grid's website at <https://www.northquincycableproject.com/>.



CELLO QUARTET Echo Bridge Cello will perform Sunday, Sept. 10 from 3 to 4 p.m. in the Thomas Crane Public Library Richardson Building. *Courtesy Photo*

Cello Quartet Concert Sept. 10

The Thomas Crane Public Library will host an afternoon concert Sunday, Sept. 10 from 3 to 4 p.m. in the historic Richardson Room featuring cello quartet Echo Bridge Cello.

This is a limited capacity event. First come, first seated.

The event will also be livestreamed to the Crane Library's YouTube Channel. For more details, visit the library's online Events Calendar.

The members of Echo Bridge Cello are Cellist Agnes Kim, Cellist Hyun-Ji Kwon, Cellist Jaehee Ju and Cellist Young Sook Lee. All four have received training from outstanding artists and world-renowned music schools including New England Conservatory, Yale University, Indiana University, Peabody Conservatory of Johns Hopkins University, and Boston University.

In addition to being experienced and talented

performers, they are dedicated educators. These artist-teachers taught and coached talented students at Boston University, Boston Youth Symphony Orchestra, and Boston University Tanglewood Institute.

Learn more about Echo Bridge Cello at www.echo-bridgecello.org or on YouTube, Facebook or Instagram.

The concert is sponsored by the Friends of the Thomas Crane Public Library.

Neat Neighbors Nominations Open Until Sept. 5th

Nominations for the 2023 Neat Neighbors contest will be closing Sept. 5th, announces Commissioner of Natural Resources Dave Murphy.

Friends, relatives, and neighbors can nominate a property that they believe is maintained within the spirit of a cleaner, greener Quincy. There will be 30 winners chosen from around the city that will receive a gift card to a local garden center in appreciation for the work they do in beautifying their neighborhood.

"Many Quincy residents pour their heart and soul into making their property look nice," said Mayor Tom Koch. "It is a labor of love for many and it makes a huge difference in the aesthetics of our neighborhoods. We want to recognize the work that our neighbors do in helping Quincy look so beautiful."

The winners will be chosen at random from all those that qualify for the contest. There is no competitive judging and folks that keep their property neat and clean will qualify.

People can nominate a Quincy property by calling (617) 376-1251 or by emailing pdoherty@quincyma.gov.

Added Mayor Koch, "Quincy is a beautiful city and an important part of that is the hard work of our residents on their own properties. I am constantly amazed at the talent and commitment that our residents have in keeping their properties looking great. This program aims to recognize those residents and also encourage others to join in the effort."

Winners will be selected in September and receive their notice in late-September or early-October.

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Moments in time

THE HISTORY CHANNEL

- On Sept. 11, 1885, British author, essayist and poet D.H. Lawrence made his debut on the world stage. Best known today for his novels "Sons and Lovers," "Women in Love," "The Rainbow" and "Lady Chatterly's Lover," Lawrence was also once notably accused of being a British spy, while "Lady Chatterly's Lover" stood trial with its publisher for obscenity (both were acquitted).

- On Sept. 12, 1953, in what was unquestionably "the wedding of the season," photographer Jacqueline Bouvier married Massachusetts senator John F. Kennedy in Newport, Rhode Island. The ceremony even included a personal blessing from Pope Pius XII.

- On Sept. 13, 1974, three members of the Japanese Red Army (JRA), a communist militant group formed in Lebanon, overtook the French Embassy in the Hague and took 10 hostages, including the French ambassador. The siege ended after the group's demands for the release of another JRA member, cash and a plane were met.

- On Sept. 14, 1985, "The Golden Girls," a popular American sitcom about the adventures of four single, older women sharing a home in Miami, premiered on NBC. The series ran for six seasons -- with each of its titular characters earning an Emmy for their role -- and also won two Primetime Emmy Awards for Outstanding Comedy Series and three Golden Globe Awards for Best Television Series.

- On Sept. 15, 2008, the financial services firm Lehman Brothers Holdings filed for bankruptcy, marking the climax of the subprime mortgage crisis. After the company was notified of a pending credit downgrade, the Federal Reserve called on several banks to negotiate financing for its reorganization.

- On Sept. 16, 1893, history's largest land run was launched with a single pistol shot as more than 100,000 people, on horseback and in carriages, rushed into the Cherokee Strip of Oklahoma in their bids to claim valuable land that had once belonged to Native Americans.

- On Sept. 17, 1796, George Washington prepared the final draft of his presidential farewell address. Two days later, it was published in Claypoole's American Daily Advertiser in Philadelphia, officially notifying the American public that Washington would voluntarily step down as the nation's first president.

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The Garden Bug

Roses

These plants are said to be around 35 million years old. They have a very long history as both a symbol for love and beauty and for politics and war. Cultivation of roses began some 5,000 years ago, probably in China. During the Roman period, they were used as confetti at celebrations, for medicinal purposes, and as a source of perfume. The nobility established large public rose gardens in Rome. - Brenda Weaver



Detail of woodblock print by Kuno Bairei, 1913

Source: urbanext.illinois.edu/roset/history

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Son Beams

By ROBERT BOSWORTH

Jerry, Henry And 'Little Boy Blue'

Labor Day -- which is just around the corner -- evokes memories of the Jerry Lewis MDA Telethon and the Quincy-South Shore Pledge Center set up at The Quincy Sun office. The center raised more than \$1 million for Jerry's Kids during the 1970s and 1980s.

Some of our readers may remember the pledge center that featured entertainment, volunteers manning phones day and night and a fish bowl that accepted donations of any size that holiday weekend.

But it also brings to mind the story of Francis X., a lonely little boy afflicted with muscular dystrophy. My father wrote about that little boy in a feature story for The Boston Traveler in 1957. Henry retold the story in a Sunbeams column 45 years ago this week. He also shared with readers a personal reflection of what it was like meeting Jerry Lewis.

Hope our readers don't mind a little stroll down memory lane. Here's Henry's column entitled "Jerry Lewis: What Kind Of A Guy Is He Really?"

By HENRY BOSWORTH

"Have you every met Jerry Lewis... what kind of guy is he really?"

That question is often asked me this time of year because of my personal and The Quincy Sun's involvement in the Jerry Lewis Labor Day Telethon for Muscular Dystrophy.

Yes, I've met Jerry Lewis. I've been with him twice. And, long before that, I saw him do something for a lonely, little boy I'll never forget.

What kind of a guy is he? Well, let me tell you a few things I know about him and let you answer that question yourself.

The first part of the story, which goes back 21 years, I've told before. The second part happened more recently.

But the first part is appropriate for re-telling with this year's telethon just a few days away.

As a staff reporter with The Boston Traveler in October, 1957, I was sent to the Lakeville Sanitarium (now hospital) along with the late photographer Frank Kelly of Wollaston to check on a little boy there.

A nurse (Doris Reynolds) had written us a letter about the boy. He was lonely because no one came to visit him. He was going to be nine of Oct. 8. Could The Traveler help him receive a few birthday cards to cheer him up?

Kelly and I met a handsome youngster with one of the biggest smiles in the world. But not quite big enough to hide the heartache of thinking no one wanted him.

Kindly Dr. Kurt Jellinek, who died a few months ago, filled us in on the tragic background. The boy's mother was dead and his father imprisoned for her death.

If that wasn't bad enough the boy had incurable muscular dystrophy.

What did he want for his birthday?

"Four or six cards," he replied. "Funny cards."

And, maybe a toy airplane because when he grew up, he wanted to "fly up to the sky."

Dr. Jellinek consented to letting me do a story, and Kelly taking a photo. Because of the circumstances we agreed not to use the boy's full name. So we referred to him in the story as "Francis X." Francis was his real first name. And as "Little Boy Blue."

Kelly took a photo of Francis seated in his wheelchair -- back to the camera -- looking for the visitors who never came.

The Traveler carried the story and photos on Page 1 Oct. 3 -- five days before his birthday. And we soon learned there were still a lot of nice people around.

By weekend, the Middleboro Post Office was snowed under with letters, cards, packages. Thirty extra workers had to be hired to keep up with the avalanche.

The Traveler story was picked up by the Associated Press and United Press and soon most of the world knew about Francis. Before it was over, there would be a half-million pieces of mail, \$12,000 in coins and dollar bills and three huge rooms full of toys and other presents.

For months, the toys were shared with youngsters in other hospitals on their birthdays and at Christmas. The money was set up in a trust fund for Francis.



FRANCIS X. with the help of nurse Doris Reynolds, cuts the cake on his 9th birthday in October, 1957. Looking on are Dr. Kurt Jellinek and Henry Bosworth, then a staff reporter of The Boston Traveler. Mr. Bosworth's column on Francis X. - the lonely "Little Boy Blue" with muscular dystrophy - created an outpouring of birthday gifts well beyond the "four or six cards" Francis had hoped for on his birthday. The feature story also led to a closed-circuit TV program put on by comedian Jerry Lewis. The program became the forerunner of the Jerry Lewis MDA Labor Day Telethon. The telethon would go on to raise \$2.45 billion for MDA from 1966 to 2010.

Frank Kelly Photo



IN JANUARY, 1977 -- nearly 20 years after the special program for Francis X. -- a very serious Jerry Lewis (left) paused at the dedication of a Muscular Dystrophy Clinic at Children's Hospital in Boston to re-read the story of "Little Boy Blue" written by Sun Publisher Henry Bosworth (right).

John Gilhooly/Quincy Sun File Photo

It was really something. But the most touching part of all happened the night of Francis's ninth birthday. Jerry Lewis (he was MDA national chairman even then) read the story and wanted to something special.

He got NBC to hook up a closed TV circuit from Burbank, CA, to the little town of Lakeville, MA -- 3,000 miles away. At the time, it was estimated it took some \$350,000 and 9,000 technicians, engineers and others to complete the hook-up.

All of this for a lonely little boy.

This was the forerunner of the Muscular Dystrophy telethon as we know it today. Last year's telethon spectacular raised nearly \$27 million and was seen by a near 100 million viewers.

But the sole purpose of the closed circuit show 21 years ago was to make a lonely little boy happy on his birthday. And the only thing it raised was hope in a little boy's heart.

By telecast time, however, the audience had grown.

Cont'd On Page 8

Scenes From Yesterday



THIS IS A 1967 postcard view of Quincy Square looking north on Hancock Street. On the left the Corvette is parking outside the Thom McAn Shoe Store. Across Granite Street the business block included the Claus Gelotte camera store and the billboard was on the Norfolk County Trust building originally built for the Mount Wollaston Bank. These buildings have been replaced by the Della Chiesa Family Memorial Plaza that is at the base of today's Stop & Shop headquarters building. In the center of the old Quincy Savings Bank Building is

now home to several businesses including The Quincy Sun. On the right was the newly opened Pewter Pot Muffin House previously the Colonial Restaurant. That building and included the Claflin News Stand. Next to Claflin's was the Boston Gas Company, and out of sight around the corner was Rogers Jewelry (now located one block north in Presidents Place, 1250 Hancock St.) The postcard was published by the Merrimack Post Card Company of Vermont.

From the Tom Galvin Postcard Collection

Quincy's Yesterdays

This Week
1987
36 Years Ago

City Fights For Shipyard Sale Limit

Lawyers for the city were scheduled to appear in U.S. District Court in Boston this week on various motions to limit the sale of the General Dynamics Quincy shipyard to the Massachusetts Water Resources Authority.

City Solicitor Joseph (Jay) MacRitchie said the city would request that the sale of the yard to the MWRA be limited to the 35 acres it has said it would need for a staging area to transport workers and materials to the Deer Island Sewage Treatment Plant. Local officials feared the rest of the 185-acre yard could be used for a sludge treatment plant or a trash incinerator.

MacRitchie said the city had also filed an opposing motion to the Environmental Protection Agency's motion to order the MWRA to purchase the yard in connection with the cleanup of Boston Harbor and Quincy Bay.

The action in federal court followed Judge Thomas Morse's denial in Suffolk Superior Court of the city's requested preliminary injunction against the purchase and sale of the yard by the MWRA for a reported \$49 million.

SOME TEACHERS THREATEN TO MISS OPENING BELL

Quincy Public School students were scheduled to return to school next week but it was unclear whether teachers, whose contract expired this week, would return as well.

"A lot of members have spoken to me about not opening the doors of school next Wednesday," said John Buckley, outgoing president of the 700-member Quincy Education Association.

"Down the road, the first month of school, anything could happen," Buckley said.

Mayor Francis McCauley said: "I feel strongly that no job action should be taken. We hope to wrap up contract negotiations as quickly as possible."

According to the contract proposal offered by the city, QEA members would receive an 18 percent increase over three years.

"Eight months of bargaining have been totally unsuccessful," Buckley said, adding: "Baintree teachers are making more money now than what Quincy teachers will make in three years."

QUINCYISMS

Einar Bergby of the North Shore, the pilot of a private plane seen flying over Squantum as early as 5 a.m. to spot schools of fish for fisherman, agreed to not fly over the peninsula before 8 a.m. . . Mayor McCauley appointed three new patrolmen to the Quincy Police Department. Sworn in at the mayor's office were Mark P. McCormack of Rock Island Road; Lane P. Watkins of Vine Street and Barry S. DeFranco of Milton. . . Patricia A. Gibson recently became the bride of Michael Fitzgerald at a ceremony at St. Joseph's Church. . . Catherine Briggs and Mark Riley exchanged vows at a ceremony at St. Paul's Church in Franklin. . . Top video rentals at Dean's Video Express in North Quincy included Crocodile Dundee starring Paul Hogan and "The Color Purple" featuring Oprah Winfrey and Whoopi Goldberg. . . Ward 3 city council candidate Larry Chretien called on the city to establish a child care center to benefit working families. . . Mantis, 645 Hancock St., offered mums for \$3.50 each or \$3 each for 5 or more and \$2.75 each for 10. . . Atty. Kevin Burke, a candidate for Ward 5 city councillor, was nominated as an outstanding Young Man of America for professional achievement and community services. . . Quincy couple Thomas and Bernice Broderick won a free vacation trip to Bermuda from Hibernia Savings Bank, 731 Hancock St., Wollaston. The Brodericks planned to take their trip while celebrating their 44th wedding anniversary. . . Army National Guard Private Bruce D. Tait completed training as an Army military police specialist under the one station unit training program at Fort McClellan, Ala. . . Maria Cappadona of Quincy was appointed registered dietician-food service administrator at AMI Pembroke Hospital and AMI Westwood Lodge Hospital. . . Mary Flannery of Quincy retired after 17 years with the Stop and Shop Companies. . . Melissa Christopher, age 9, daughter of Alan and Christine Christopher of North Quincy, won second place in the bookmark contest sponsored by the Massachusetts Association of Educational Media. . . "Roxanne" starring Steve Martin and "Spaceballs" with Mel Brooks, John Candy and Joan Rivers were playing at the Wollaston Theater. Admission \$2.50 (20 and over \$2.00). . . Dinner specials at Alfredo's, 75 Franklin St., included broiled Boston schrod for \$7.95 and prime rib for \$9.95. . . Renaud Realty advertised a 6-room, 3-bedroom Colonial with detached garage in Baintree for \$158,000.

READERS FORUM - MORE ON PAGE 20

Please Exercise Your Right And Privilege To Vote

The right to vote is a privilege guaranteed by the Constitution of the United States. Perhaps more people should consider it an obligation. When there is a need for change it can be decided in the voting booth. All too often citizens feel their vote won't count. In reality, it's their lack of voting that helps the wrong people win.

The last time there was an election that included school committee, only 8 percent of those registered, cast their ballot. Not one person on the school committee has a child in Quincy Public Schools. The teachers were asking for time that is granted in most school districts where education is valued. Yet, mediation was required and then some.

Parents showed their support with lawn signs and speaking out at committee meetings. It was the parents who forced

the School Committee to allow teachers a modicum of time honored in most workplaces.

When the statue of Abigail Adams was given a back seat, it was a groundswell of citizens, expressing their opinions that reminded the administration that she belonged in Quincy Center. When the wrecking ball was targeting the Ruth Gordon amphitheater, it took another groundswell to save the day.

Votes count! It should not take the upheaval of citizens to achieve what the people want. Please exercise your right and privilege. Your vote can help you, your children, our citizens and our town. Make voting one of your good deeds for the day. Help yourself and your city.

Kathryn Campbell
Quincy

Koch Stood Up To Get Answers On Immigration Center

I am writing in response to a letter last week questioning the mayor's comments regarding use of Eastern Nazarene College as an immigration receiving center.

I commend Mayor Koch for asking questions that are on the minds of the people he represents. He would be derelict in his duty as a chief elected official if not pushing for the concerns of his constituents to be addressed.

Whatever controversy has taken place is not the mayor's creation. To my knowledge, the state has extended little to no effort reaching out to answer questions that ENC neighbors have a right to ask. Given how overworked the issue of government "transparency" has been locally in recent months, I'm surprised that the Sun letter writer gave a pass to the state's own lack of transparency.

Mayor Koch has again shown the type of leadership that our city needs. Most residents have honest concerns that have not been addressed. The state and college made a unilateral decision to add a significant number of strangers to a neighborhood without any advance notice or specifics.

Area residents' asking pertinent questions about unknown situations doesn't mean they oppose someone or are unwelcoming. In this case, it means they weren't extended the courtesy of information beforehand that would have allayed any apprehension.

The mayor stood up to get answers for his constituents. That's what leadership looks like, and we need more elected officials like him.

Thomas C. O'Brien
Wollaston

Questions How DPW Would Handle Upkeep Of QSD

It appears that Mayor Koch wishes to have control of finance and upkeep of Quincy Shore Drive. I believe that he has failed to keep up the resident's streets, main streets in the city and the sidewalks as well.

Many are in dire need of repair and present hazards both for autos and those who walk. If the current DPW cannot keep up with their tasks now, I question how they will manage them, and the upkeep of the QS Drive. More money will be needed as well, personnel, police and DPW workers. Of course, we will have additions to our taxes.

The mayor's priorities do not seem to be those of the residents be they roads, over run of condos, hospital need, making decisions on his own, spending one million for a

bridge to no where.

Watch the city council meetings and often, the issues brought forward are never questioned. We have ward meetings but again, input is not encouraged by the residents. The decisions are already made! We do need transparency from the mayor.

Joan Smith
Quincy

More Quincy news:
The Quincy Sun.com

Council On Aging September Activities At Kennedy Center

By MARIE FERENT
Assistant Director
Quincy Elder Services

The Quincy Council on Aging announces the following events are scheduled during the month of September.

The COA is located at the Kennedy Center, 440 East Squantum St., North Quincy.

Robert Black Friday, Sept. 1st at 1 P.M.

Back by popular demand! Robert Black the versatile vocalist who has captivated audiences with his ability to perform a wide range of musical styles. With a voice that is both powerful and emotive, Robert Black has become known for his ability to channel the spirit of many different artists and genres, delivering unforgettable performances that leave audiences spellbound. Come along for a musical journey through many different genres and styles with Robert Black. \$3 per person. Must be a Kennedy Center member. Payment is due at time of registration.

Nails to You Manicures Friday, Sept. 1st and Friday, Sept. 15th

Join us for a manicure event at the Kennedy Center. Manicures will be \$20 payable to Nails to You on the day of the event. Nails to You will now be at the Kennedy Center twice a month for manicure appointments. LeeAnn will now be offering Dazzle Dry which is a healthy alternative to gel. It is long lasting, vegan, healthy and completely dry in 5 minutes. Dazzle Dry Manicures will now be \$25 and regular Manicures will increase to \$20. Please call 617-376-1506 to schedule your appointment.

Computer Classes Grace Buscher

Tuesday Classes 1 - 2:30 p.m. Individual Appointments
Wednesday by appointment from 1-3:30 p.m. Individual appointment times on Thursday by appointment 9 - 11:30 a.m. Please call 617-376-1506 to register.

Tuesday, Sept. 5th - iPhone and iPad Class
Wednesday, Sept. 6th - Individual Appointments
Thursday, Sept. 7th - Individual Appointments
Tuesday, Sept. 12th - Taking Pictures with your Phone
Wednesday, Sept. 13th - Individual Appointments
Thursday, Sept. 14th - Individual Appointments
Tuesday, Sept. 19th - Chromebook Class
Wednesday, Sept. 20th - Individual Appointments
Thursday, Sept. 21st - Individual Appointments
Tuesday, Sept. 26th - Scams and Identity Theft
Wednesday, Sept. 27th - Individual Appointments
Thursday, Sept. 28th - Individual Appointments

Book Club

The book club meets the first Thursday of every month at 1:30 p.m. The next meeting will be Sept. 7th at 1:30 p.m. The book for September is "The Tea Girl of Hummingbird Lane" by Lise See. The book for October is "The Italian Prisoner" by Elsa Speranza.

Steps in the Treatment of Low Back Pain Friday, Sept. 8th at 10 A.M.

The Spine Program at BID Milton offers leading-edge surgical care as well as pain management therapies to treat a full range of spine disorders, including spinal deformities and injuries, spinal stenosis, herniated discs, and spinal tumors. Join Dr. Papavassiliou from BID Milton and BIDMC to learn how to better manage lower back pain. Space is limited. Registration is required. Please call Quincy Health Department at 617-376-1023 to register.

Guangzhou Association of Boston

Cross Cultural Performance

Friday, Sept. 8th at 1 P.M.

Seize the opportunity to experience a one-of-a-kind, cross-cultural performance! The singing and dancing troupe from the Guangzhou Association of Boston will perform for you traditional Chinese and Western songs, Tai Chi sword demonstrations, Sway Mambo Line Dance, Qi Pao dance and more. Please call 617-376-1506 to register.

Prepare for Surgery Heal Faster Monday, Sept. 11th at 10 A.M.

This 1.5-hour program is for you if you are anxious and stressed over an upcoming procedure or surgery. This program aims to share mind-body techniques that can help you: feel calmer before procedure or surgery, recover faster, have less pain after surgery, strengthen the immune system, use less pain medication, and save money on medical bills. Inspired by the book Prepare for Surgery Heal Faster by Peggy Huddleston. This program is presented by Tufts Medical Center's Debbie Lyn Toomey, RN, Injury Prevention Coordinator. Registration is required. Space is limited. Please call 617-376-1506 to register.

Bingo

Monday, Sept. 11th at 1 P.M.

Join the Quincy Rotary Club/Friends of The Kennedy Center for an afternoon of Bingo! Registration is required. Please call 617-376-1506 to register.

Dementia Conversations

Wednesday, Sept. 13th at 10:30 A.M.

When someone shows signs of dementia, it's time to talk. Often, conversations with family about changing behaviors can be challenging and uncomfortable. This program by the Alzheimer's Association offers tips on how to have honest and caring conversations to address some of the most common issues. Topics covered include: Going to the doctor, deciding when to stop driving, and making legal and financial plans. Space is limited and registration is limited. Please call 617-376-1506 to register.

Hamel Lydon Quarterly Birthday Party Wednesday, Sept. 13th at 1:30 P.M.

You are invited to birthday celebration (all are welcome)! At Hamel-Lydon Chapel, we also believe in the celebration of life. So come join us for cake and ice cream if it is your birthday! And even if it is not, come and join us for our celebration! Registration is required. Please call 617-376-1506 to reserve your spot.

Women's Discussion

Thursday, Sept. 14th at 1:30 P.M.

Women's Discussion group meets the 2nd Thursday of each month at 1:30 p.m. The next meeting will be Sept. 14th. Guest Speaker is Kennedy Center Director Tom Clasyby.

Joey B-Bop

Friday, Sept. 15th at 12:30 P.M.

Joey B-Bop is a DJ and vocalist of all genres specializing in oldies but goodies, performing songs from artists including Sinatra, Dion, Bobby Darin, Louis Armstrong, Englebert Humperdinck, and Neil Diamond. Let's get those dancing shoes on and get your groove going. \$3 per person. Registration is required. Payment due at time of registration.

Mayor's Outing and Luncheon at Pageant Field

Monday, Sept. 18th at 12:30 P.M.

Join Mayor Koch for an end of summer luncheon at beautiful Pageant Field. Enjoy lunch with breathtaking views and take a walk around the recently updated Pageant Field. You must be a Kennedy Center member to attend. Please call 617-376-1506 to register.

Acrylics

Tuesday, Sept. 19th at 1 P.M.

Join acrylics teacher Karen Kelley for an acrylics class. No painting experience required. Cost is \$18 and includes all supplies. Payment is due at time of registration.

Therapy Gardens Local Food Trivia

Wednesday, September 20th at 10:30 A.M.

Hermits. Johnnycakes. Moxie. You may know these local foods, but can you recognize them all? We've compiled a list of some of your favorite regional foods, brands, and companies from yesteryear to today, including where they were created and sold. Join us as we present them Jeopardy style and put your local knowledge to the test! Registration is required. Please call 617-376-1506 to register.

Men's Discussion

Thursday, Sept. 21st at 10 A.M.

The next meeting will be the third week in September - Sept. 21st. The guest speaker will be Mayor Tom Koch.

Monthly Bereavement Support Group

Thursday, Sept. 21st at 1 P.M.

All are welcome. This is a monthly group which provides a space of sharing and support for those who are grieving the loss of a loved one. Sponsored by Hamel-Lydon Chapel Cremation Service of Massachusetts.

Alzheimer's Awareness Day Thursday, Sept. 21st

The Quincy Health Department will have an informational table in the Kennedy Center lobby on Thursday, Sept. 21st. Purple ribbons will also be available to wear in remembrance of people with Alzheimer's.

Protecting Your Assets

Friday, Sept. 22nd at 10 A.M.

Attorney Robert Romano will conduct his Estate Planning Essentials workshop at the Kennedy Center to discuss

important issues that affect all seniors, including avoiding probate and protecting your assets from a nursing home. Come and learn about the 5 legal documents that all adults should have! Space is limited. Registration is required. Call 617-376-1506 to register.

Bracelet Making

Friday, Sept. 22nd at 10:30 A.M.

Come join Ruth and Elizabeth for a bracelet making class! Cost is \$5. Registration is required and payment is due at time of registration.

Stress First Aid

Monday, Sept. 25th at 10 A.M.

Learn how Stress First Aid (SFA) can help you manage stress and support others experiencing stress in a new way. This training is offered by Tufts Medical Center's Debbie Lyn Toomey, MSN, RN, Injury Prevention Professional. Space is limited and registration is required. Please call 617-376-1506 to register.

River Cruise Information Session

Tuesday, Sept. 26th at 1 P.M.

Have you ever wondered if a European river cruise is right for you? We've all heard of Viking River Cruises, who provide cruises along many of Europe's waterways, but did you know there are more than 20 river cruise lines providing the same or even more luxurious forms of traveling? While most cruise ships carry fewer than 200 passengers, they also come with on-deck features like swimming pools, spas, movie theatre size screens, and nightly live entertainment. River cruising offers a serene and romantic means of exploring the rolling vineyards, picturesque villages, and elegant historic sites along Europe's many scenic rivers. Sara Stanton, owner of Quincy's Cara Group Travel, will provide an overview and cost comparison of several river cruise companies. She will answer all your questions and offer suggestions about the best time of the year to travel and when to save the most when booking your cruise. Registration is required. Please call 617-376-1506 to register.

Mindfulness for Healthy Aging

5 Wednesday sessions -

9/27, 10/4, 10/11, 10/18, and 10/25 at 10 A.M.

Mindfulness for Healthy Aging aims to educate and empower the aging adults with practical and powerful tools that can enhance their overall health and well-being. Come to this 5 session 1.5-hour long program and learn simple mindfulness skills that have been proven to enhance longevity, reduce stress, improve attention span, and reduce pain. Presented by Tufts Medical Center's Debbie Lyn Toomey R.N. Injury Prevention Coordinator. Space is limited and registration is required. Please call 617-376-1506 to register.

Rock Painting

Thursday, Sept. 28th at 2:30 P.M.

Come join us in the Art room and paint a rock with your own unique design! Paint supplies provided. Registration is required. Please call 617-376-1506 to register.

Sign Ups begin Sept. 1st for the following trips:

Encore

Friday, Oct. 13th

\$42 per person - Let the games begin! Today we spend the day at a 5-star waterfront casino on Boston Harbor. Encore Boston Harbor Casino brings glamour on a grand scale to the Mystic riverfront. Includes \$20 free slot play! Bus departs from Squantum Point Park at 9 a.m. and returns at approximately 4 p.m. \$42 per person due at registration. Checks only made payable to Landmark Tours. Must be a Kennedy Center member.

Turkey Train

Tuesday, Oct. 17th

\$100 per person - Travel to Meredith, New Hampshire, a classic New England village that combines historic old-fashioned charm and a friendly atmosphere with the natural beauty of rolling hills, lakes, and mountains. We will depart on a spectacular 2-hour, roundtrip ride aboard the Winnepesaukee Scenic Railroad, which offers unsurpassed lakeside scenery among the beautiful shores of Lake Winnepesaukee, New Hampshire's largest lake. The train travels from Meredith, along Meredith Bay to Weirs Beach. We will enjoy a complete turkey dinner aboard the train catered by Hart's Turkey Farm. Must be a Kennedy Center member. Checks only for payment. Checks for \$100 made out to Landmark tours. Departs Squantum Point Park at 9:30 a.m. and returns at approximately 5:45 p.m.

Oakwood Christmas Barn & Salem Cross Inn

Wednesday, Nov. 29th

\$99 per person - Travel to the western part of Massachusetts to the scenic area of West Brookfield. First visit the Oakwood Christmas Barn where you will find all kinds of delightful holiday things to look at and buy. Next, you will arrive at The Salem Cross Inn where you will enjoy a

I make house calls!



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Social

'Acoustic Song Circle' Sept. 7

The Thomas Crane Public Library invites the public to an "Acoustic Song Circle" with Mike Delaney Thursday, Sept. 7 from 6 to 8 p.m. at the main library, 40 Washington St., Quincy.

Singers, musicians, poets, and listeners are invited to share an evening of acoustic music and spoken word. Delaney, a lifelong Quincy resident, will host as performers take turns play-

ing songs or reciting poems. Everyone is welcome for this family-friendly gathering. A listening room atmosphere is encouraged and all who are willing will be given a chance to perform.

Preserve Basil For Winter Meals

By MELINDA MYERS

Don't let a bumper crop of basil go to waste. Preserve its flavor and zest with proper storage and preservation.

Extend the life of fresh basil by removing any discolored leaves and cutting the bottom of the stems off at an angle. Set the stems in a jar with an inch or two of water. Loosely cover it with a plastic bag and set it on the kitchen counter out of direct sunlight. Change the water every few days. Basil stored this way is conveniently located for use and can last for five days or more.

Preserve some basil for future use. Drying herbs is easy but not the best option for basil. The flavor can change during the drying process. If you opt for this method, dry small amounts of basil in bundles hanging upside down. Secure the stems with a rubber band. As the stems shrink, so does the rubber band. Place the bundle in a brown paper bag with the stems sticking out of the bag to dry. Punch holes in the sides of the bag and hang it in a warm dry location where the air can circulate through the bag to speed drying. Avoid binding large amounts of basil together as it is more likely to dry slowly and mold.



SPEED THE PROCESS of drying basil by removing the leaves of freshly harvested basil from the stems then dry the leaves using a microwave or dehydrator.

Photo Courtesy of All-America Selections

Better yet, remove the leaves from the stems of freshly harvested basil. Speed drying with the help of a microwave or dehydrator. Evenly spread two cups of washed herb leaves on a double thickness of paper towel. Microwave on high for four to six minutes depending on your microwave. Follow the manufacturer's directions when drying basil in a food dehydrator.

Fully dried herbs will be brittle and rattle when stirred. Store dried herbs in an airtight container in a cool, dry and dark location. Label the container with the name of the herb and the date preserved.

Dried herbs are usually three to four times stronger than fresh herbs. To substitute dried herbs in a recipe

that calls for fresh herbs, use 1/4 to 1/3 of the amount listed in the recipe.

Freezing is another way to preserve basil. It does change the texture so frozen basil is best used in soups, stews, and other recipes but not as a garnish.

Remove the stems and blanch the leaves in boiling water for three seconds. Then quickly move the leaves to cold water for several seconds to cool quickly. Blanching helps basil retain its green color. Dry the leaves. Once dry, spread the leaves on a tray or cookie sheet and place them in the freezer. Once the leaves are frozen solid move them to airtight containers and store them in the freezer. You can also spread the leaves in layers separated by parchment paper, slide the layers into a freezer bag, then place it flat in the freezer.

Alternatively, chop leaves and place them into an ice cube tray. Fill the empty space with a little water or olive oil depending on how you plan to use it in the future. Allow these to freeze solid. Pop them out of the ice cube tray and place them in an airtight freezer-quality container, label and place them back in the freezer. Pesto can also be frozen using this ice cube method.

Preserving basil when it is bountiful allows you to enjoy it throughout the year. You'll appreciate the home-grown flavor and money savings.

Melinda Myers has written more than 20 gardening books and hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her website is www.MelindaMyers.com.

Movie Review: 'Blue Beetle'

By BOB GARVER

Having seen the best ("The Dark Knight," "Spider-Man: Into the Spider-Verse") and worst ("Morbius," "Fant4stic") of what the modern superhero genre has to offer, I can report that "Blue Beetle" falls right smack in the middle of the spectrum. It would be easy to write off this movie's staggering averageness with a wide-brush line like "not a classic, not a disaster," but I feel the need to stress the degree to which this movie is right on par. It isn't so much that it's dull or that I didn't care about it, because that would be the mark of a bad superhero movie. It's that the movie manages the curious feat of having just enough of a unique identity for me to recommend it with a bare minimum of passion.

Our hero is Jamie Reyes (Xolo Maridueña), a smart, resourceful recent college graduate. He's happy to be back in his hometown of Palmera City with his family, including his mother Rocio (Elpidia Carrillo), father Alberto (Damián Alcázar), sister Milagro (Belissa Escobedo), Nana (Adriana Barraza), and crazy uncle Rudy (George Lopez). But he's less happy to hear that his family has fallen on hard times and is about to lose the house. He vows to help them out financially. A cleaning gig at the home of wealthy industrialist Victoria Kord (Susan Sarandon) goes badly, but he does make an impression on Victoria's niece Jenny (Bruna Marquezine), who half-heartedly invites him to apply for a job at corporate headquarters the next day. When he gets there, a skittish Jenny tells him to flee with a mysterious box, keep it safe and hidden, and above all, not open it. It's maybe an hour before he opens the box in front of his family.

Inside the box is The Scarab, an alien artifact that immediately attaches itself to Jamie and causes him develop a metallic skin, destroy most of the house, and rocket into outer space.



Eventually Jamie figures out that he's inside a super-suit that is certainly dangerous in his hands, but even more dangerous in the hands of the military or evildoers like Victoria or her mechanized henchman Carapax (Raoul Max Trujillo). He seeks out Jenny for help getting the Scarab out of his system, and she takes him to the hidden lair of her long-missing father, who was secretly a low-level superhero called Blue Beetle. Jamie and his family use some of Blue Beetle's tech and resources, though I don't believe Jamie ever officially takes on the name himself. Whatever, fans are going to call the Jamie "Blue Beetle" going forward no matter what.

Story-wise, it's not hard to see the inspirations for "Blue Beetle." The main character gets his powers from a bug at a corporate building like Spider-Man, he's inside of a metal suit like Iron Man, he has a testy relationship with the symbiote (voiced by Becky G) attached to his body like Venom, some of his powers are imagination-based like Green Lantern, he hides out in an armory beneath a mansion like Batman, and I'm

sure I'm missing several others. Maybe Blue Beetle's real superpower is that he can amalgamate every other superhero movie.

And yet, "Blue Beetle" compensates for this lack of originality with a healthy dose of heart. Not too much heart, characters like Jamie and Jenny are likeable enough, but they're pretty standard as far as superhero leads go. But there is an undeniable charm to the Reyes family, and it's hard not to be swept up in their chemistry and care for each other. Then again, this movie isn't much different than dozens of other superhero movies, and it's not like most of them don't have likeable characters too. I was going to give this movie a non-recommendation grade of C for being too bland, but then Nana showed up and saved the day. If you see the movie, you'll understand why I had to bump the grade up to a B- just for her.

Grade: B-

"Blue Beetle" is rated PG-13 for sequences of action and violence, language, and some suggestive references. Its running time is 127 minutes.

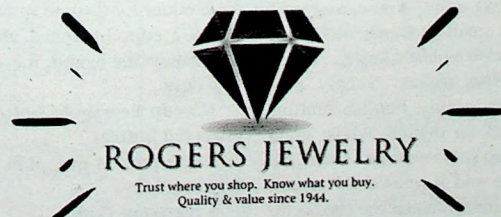
COA September Activities

Cont'd From Page 6

delicious lunch. The Inn will be beautifully decorated for the Holidays. Their farmhouse is brimming with American antiques, crackling fires in fieldstone fireplaces, and the glorious smells of food being cooked for you! Choose from fresh baked haddock or classic Yankee pot roast with pan gravy. Includes: Transportation, luncheon, dining room taxes, meal gratuities and visit to Christmas Barn. Departure from Squantum Point Park at 8:15 a.m. and return at approximately 3 p.m. Must be a Kennedy Center member to attend. Payment is due at time of registration. Checks only made out to Royal Tours.

Kennebunkport Christmas Prelude with Kittery Outlets - Dec. 2-3, 2023

\$322 Double/\$391 Single/\$303 Triple Recognized as one of the top 10 Christmas Towns in America this magical holiday celebration is well into its 3rd decade. Enjoy time of your own to stroll the quaint New England streets or enjoy one of the many activities taking place in the town. Enjoy the Christmas Fair and Chowder Luncheon or take a historic trolley ride through the Maine Woods. Enjoy holiday shopping at boutiques, shops, and galleries with festive holiday refreshments. You won't want to miss the Christmas Tree in Dock Square and the Live Nativity! In Wells, we will dine at the Bull and Claw. We will overnight at the Merry Manor Inn in Portland. Enjoy breakfast at the hotel on Sunday before departing for the outlets at Kittery. Take a break from shopping with lunch on your own before departing for home. Tour includes transportation, overnight accommodations, Christmas prelude activities, 2 meals - 1 breakfast and 1 dinner, baggage handling, all taxes, and gratuities. Must be a Kennedy Center member to attend. Payment is due at time of registration. Checks made out to Landmark Tours.



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Jerry, Henry And Francis X. - 'Little Boy Blue'

Cont'd From Page 4

Joining Francis in front of TV receivers in the hospital recreation hall were other young patients in

wheelchairs, beds and on crutches. Nurses, doctors, parents and newsmen were there, too.

Then, the announcer

was saying:

"This program is an NBC closed circuit broadcast for Francis in Lakeville Sanitarium direct from

Hollywood - a command performance!"

Francis smiled, laughed and slapped the side of his wheelchair as Jerry Lewis mugged, clowning sang and spoke directly to him.

And for the next 75 minutes or so on camera stepped Eddie Cantor, Dinah Shore, Eddie Fisher, George Gobel, Hugh O'Brien, Jimmy Dodd and the Mouseketeers, Mary Costa, The Skylarks and others. Each with a special personal message for Francis and all performing free of charge to make a little boy happy.

It was an emotional evening. Most of the adults in the audience at Lakeville managed to hold back the tears when Lewis and The Skylarks sang a parody to "There's No Business Like Show Business" entitled "There's No Francis Like Our Francis."

But the tears won out when Dinah Shore serenaded Francis with "You Made Me Love You" and he happily waved back to her.

The story doesn't have a happy ending, though, because there is no cure for muscular dystrophy. Francis died in November, 1966, a few weeks after his 18th birthday. Ironically, that was the year of the first public Jerry Lewis Labor Day Telethon that is raising the necessary money to find that cure.

The mail never really stopped until sometime after Francis's death. He was remembered by many with cards every birthday and Christmas for 10 years.

The night Jerry Lewis put on that first telecast for Francis and Muscular Dystrophy was for us who were there, a night to remember.

Jerry was at his best. It was an Emmy performance - from the heart. To me, it was one of TV's finest hours.

It wasn't until January, 1977 - nearly 20 years later - that Jerry Lewis and I first met. It was at Children's Hospital, Boston, where he had come to dedicate a Muscular Dystrophy Clinic.

The MDA invited me to be among those present. One my way into Boston, I wondered if Jerry Lewis remembered Francis.

I decided to bring along a copy of Francis's story the MDA Southern Massachusetts Chapter had asked me to do for a newsletter a few years ago.

I had it in my pocket when I was introduced to Lewis. I told myself I would show it to him only if he remembered Francis.

He's been a busy man since 1957 and maybe he might have forgotten that little lonely boy he made happy one night.

"You know," I said to him, "you and I shared in a story about a little boy 20 years ago, down in Lakeville. His name was Francis and..."

But before I could finish, Jerry said: "Yes, I remember. That was Little Boy Blue. But hardly anyone remembers that today."

The fact that he remembered Francis's other name

- Little Boy Blue - really impressed me. I took out the newsletter and handed it to him.

The room was full of people and photographers waiting to get pictures of other things. But Jerry Lewis stopped everything and with the most serious look on his face I have ever seen, read the article, word for word.

"Can I have this?" he asked, when he finished.

"Sure," I said, "providing you autograph another copy for me."

While we were talking, an aide came up and took the copy of the newsletter I had just given Jerry and walked away with it, as though to get it out of his way.

Lewis looked at the aide, walked over to him and said: "Give that to me," as though to say, "I don't want you to lose it."

He then folded it carefully, and put it in his suit jacket pocket.

Jerry did autograph a copy for me and it hangs framed in my office to this day. It says: "Thank you, Henry, Jerry Lewis."

What kind of a guy is Jerry Lewis?

Whether you like or don't like Jerry Lewis, the clown, you've got to like Jerry Lewis, the man. Because of him and the millions of dollars he has raised, some day another little Francis will grow up and live a long, normal life.

And that will really be the happy ending to a story that started in Lakeville in 1957.

WHAT'S COOKING

with

Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



No Sugar Cookies

By MARIE

It is vacation time and barbecue time and with so many people on limited sugar diets, here is a great recipe for a no-sugar pastry. What I like most about this cookie is that no sugar substitute is used either. I usually find the substitutes extremely bitter when used in baking.

These cookies are strictly natural and can be made days ahead of time. They go with a cup of tea or coffee that will satisfy your sweet tooth and not add hundreds of calories. Just a great snack that will be enjoyed by all!

Ingredients and Directions

1 cup of raisins
1/2 cup chopped apples
1/2 cup of dates

1 cup of water
1/2 cup of butter
1 tsp baking soda
1 teaspoon baking soda
1 teaspoon vanilla
1 cup of oats
2 beaten eggs
3/4 cup chopped unsalted nuts (I used peanuts for more flavor)

In a pan, boil the first 4 ingredients for 3 minutes at low heat.

Add butter.

Cool slightly.

Add remaining ingredients.

Mix well and refrigerate overnight.

Drop by spoonfuls onto a greased baking sheet and bake in a 350-degree oven for 10 to 12 minutes.

Healthy School Snacks

By SUZIE

Studies show that the better quality breakfast, snacks, and lunches children have while in school increases school performance on all levels, including sports, grades, focus and overall attitude.

Here are some healthy snacks with healthy fats, proteins, and carbohydrates that you can feel good giving your kids.

Make your own "Lunchables": Kids love stacking and making things their own. Buy some healthy crackers (Nature's Path makes organic high-quality crackers) and in a Bento type box, provide sliced raw cheese, organic sliced meats like ham or turkey or roast beef, sliced crispy veggies like peppers or carrots sliced thinly, an organic juice box, some grapes on the side and as a treat you can put in a mini Z bar which comes in many delicious flavors (the chocolate tastes like a brownie) and these are always a hit.

You can also buy the individual almond butter or peanut butter packets (if allowed, of course) and they can spread that on the crackers with some sliced strawberries instead of the meat and cheese.

Sunbutter is allowed in schools with peanut allergies since it is made of sunflower seeds, but they do not make individual packets that I have seen. You can always spoon some in a small container with a lid, make sure you pack a plastic knife.

English muffin pizzas: Simply purchase some high quality English muffins (Barowski makes an organic whole grain one) and spoon on some marinara sauce, top with raw cheese and if your child agrees, put some baby spinach under the cheese for an added nutritional boost.

Bake in toaster oven and let cool.

I wrap mine in parchment paper and throw in a baggie or a container made for sandwiches (which can be found just about anywhere) These make a great snack (or lunch) and kids love pizza hot or cold.

Organic already sliced apples can be found just about everywhere now. These make a great snack served with a protein/fat combination like raw cheese cubes, or nut/seed butters.

Individual hummus servings are available in many places now and come in a variety of flavors. Packing one of these with some whole grain crackers, pita bread, tortilla, or vegetable sticks make a nutritious and tasty snack.

A thermos full of leftover soup, stew, chili, or pasta makes a great snack/lunch and as long as you invest in a good thermos (normally around \$25.00 but worth it) everything will stay nice and hot.

Greek yogurt dips make a filling snack as well. Buy the full fat organic kind and just mix in some sea salt, pepper, garlic powder, onion powder, and fresh herbs. Your kids will love it served with crackers or vegetables, or some rice chips. (I like Lundbergs brand.)

A great drink option would be ORANGE drinks for kids. They come in strawberry, vanilla, or chocolate and the kids drink these up. They contain protein, vegetables, and fruits and are loaded with important vitamins and minerals that they need to keep their energy levels up. These need to be cold, so make sure you put an ice pack with these.

Here is a great recipe for **pumpkin bread** that is grain free to pack as well. Pack with a container of cream cheese or some butter for them to spread on.

1 1/2 cups blanched almond flour (I use Honeyville brand, it is the best!)

3 eggs

1/2 cup kerrygold butter (or another grass fed butter)

1 cup pureed pumpkin (I use canned for simplicity)

1 teaspoon vanilla

1 teaspoon cinnamon

1/2 teaspoon nutmeg

1/2 teaspoon sea salt

1/2 cup dark chocolate chips (I use LILLY'S no sugar added brand.)

Cream together butter and sugar. Add in vanilla and eggs and beat well. Now add flour and baking soda, as well as spices. Combine and fold in chips.

Spoon into greased loaf pan and bake at 350 degrees for about 45 or 50 minutes.

Interfaith Social Services Receives \$50,000 Boston Foundation Grant

Interfaith Social Services has received a \$50,000 grant from the Boston Foundation's Safety Net Grants program, which supports social service organizations meeting the essential needs of vulnerable communities and people in Greater Boston, with a priority on the cities of Boston, Chelsea, Lynn, Salem and Randolph.

"Randolph is one of the communities that utilizes our services the most," said Interfaith's Executive Director Rick Doane. "Last year our food pantry distributed more than 78,000 pounds of food to Randolph residents. This grant will allow us to serve the increasing number of people from Randolph, and greater Boston, in need of assistance. We are very grateful for the

Boston Foundation's investment in our community."

For the past 75 years, Interfaith Social Services has been providing South Shore families and individuals in need with food, mental health counseling, homelessness prevention services and initiatives that bring joy to children.

"For decades, Interfaith Social Services has provided critically needed food, rental assistance, mental health and other services to thousands of people in Quincy and the South Shore," said Orlando Watkins, vice president and chief program officer at the Boston Foundation. "As a community-based, collaborative, volunteer-driven organization, they provide a platform for creating a more

equitable, stronger community for all South Shore residents."

Funds for this Safety Net grant come from the Boston Foundation's Fund for Boston's Future, an endowed pool of funds built over more than a century by generous contributors who want to help the Greater Boston community thrive. Each year, the Boston Foundation distributes more than \$15 million in discretionary grants and other resources from the Fund, which are largely awarded through a competitive process open to nonprofits serving the Foundation's catchment area, stewarded by the Foundation's Program Department staff and approved by the Foundation's Board of Directors.

Social Security Matters

Ask Rusty: What About All The Money Congress Stole From Social Security??

By **RUSSELL GLOOR**
National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: Is there any way that Congress will vote to pay back the Social Security funds they took for their stupid reasons, and left IOUs in place of the funds? Because of the funds they took going back many years, we didn't have any decent COLAs for a few years. In fact, there were I think 3-5 years that we didn't get any COLA. Please Rusty, can you find out if this is true or false? Help us seniors! **Signed: Resentful Senior**

Dear Resentful Senior: I can assure you that I've fully investigated the allegation that politicians have squandered Social Security's money and found that charge to be, simply speaking, a myth. I've gone back and looked at Social Security revenues and expenses since the government first started collecting FICA payroll taxes in 1937 and found that every dollar ever collected for Social Security has been used only for Social Security purposes. Over the years, various claims have been made that the money has been used for other things, but I've researched each of these charges and found them all to be false.

Where the misconception mostly originates is that any excess money collected from working Americans for Social Security is invested in "special issue government bonds" which pay interest, as mandated by President Roosevelt when Social Security began. As with any investment, a financial obligation instrument is given in return for dollars received. Remember when we used to buy "U.S. Savings Bonds?" We'd use our money to buy those bonds, hold them, and later redeem them for a higher amount than we paid. That's exactly how Social Security contributions have always worked – excess money collected from working Americans is used to purchase special issue government bonds which are held in reserve, earning interest, for future Social Security needs. These special bonds reside in a Social Security Trust Fund and, as of the end of 2022, were worth about \$2.8 trillion. Are these bonds "worthless IOUs" as some would claim? Hardly, since they are redeemable as needed to pay Social Security benefits.

Considering that, since 2010, Social Security's income from payroll taxes on American workers has been less than needed to cover benefits paid out, redemption of bonds held in the Trust Fund is the only reason that Social Security has been able to continue paying full benefits to every beneficiary. The Trust Fund is a financial safety net which is now protecting all SS beneficiaries from having their benefits cut. Problem is, unless Congress acts soon to reform Social Security's financial picture, the Trust Fund will be fully depleted in about 2033 resulting in about a 23% cut in everyone's monthly Social Security benefit. I'm optimistic that will not happen (it would be political suicide) and, hopefully, Congress will act soon to reform Social Security and restore it to financial solvency and avoid a future cut in everyone's benefits.

Regarding COLA (Cost of Living Adjustment) and the lack thereof for several past years, COLA is determined by the government's standard inflation measure – the Consumer Price Index (CPI). There were several years (2010, 2011, and 2016) in which the CPI showed no inflation so, therefore, no COLA increase was given. Last year, due to soaring inflation, everyone got an 8.7% increase in their Social Security benefit, but that doesn't happen every year. FYI, the average annual COLA increase over the last two decades has been about 2.6%, although COLA for each year can be wildly different depending on each year's inflation measure. In any case, the lack of a COLA increase in past years was not a result of any political chicanery, it was the result of low inflation during those years.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadviser@amacfoundation.org.

School Bells Ring Sept. 6 Grades 1-9

Cont'd From Page 1

staff members will learn about professional expectations, roles, responsibilities, and meet the members of the Superintendent's Leadership Team. Our new staff members will also be introduced to the mentorship program, an important support for the first year of teaching, and they'll be partnered with veteran colleagues," Mulvey said.

"We have new paraprofessional contractual raises, which has helped us hugely with regard to identifying, attracting and hiring new, highly qualified paraprofessional staff. I think last year when we talked that was one of the biggest deficits we had, attracting paraprofessionals. I think we were down at one point like 25 paraprofessionals, but because of the new contract raises – and I have to thank School Committee and the mayor for that – we have almost all of our paraprofessional needs taken care of, which is good.

"Also under the new QEA contract, there is a full day of professional development for professional staff. This year that will be held on Election Day, Nov. 7, and that will be a range of topics. We have great topics for our teachers. That's all of the professional staff on Nov. 7. That will be at Quincy High."

There are several administrative changes in the school system this year.

Madeline Roy, the district's senior director of curriculum, left her post at the end of the last school year. Michael Marani, most recently the principal at Broad Meadows Middle School, has been hired as the district's new curriculum director. He was principal at Broad Meadows last year and before that spent four years as principal at Snug Harbor Community School.

Nick Ahearn has been named the new principal at Broad Meadows. Ahearn had been the principal at the Clifford Marshall Elementary School for 13 years. Heather Patch, the assistant principal at Marshall for the past dozen years, is the school's new acting principal.

Two educators who spent last year as acting principals – Susan Shea Connor (Merrymount Elementary School) and Scott Perfetuo (Snug Harbor Community School) – have been named full-time principals.

Mulvey noted the district is still facing a shortage of bus drivers. The district employs 32 bus drivers presently and, while that number is adequate to staff the school system's buses, the superintendent said the ideal number of bus drivers is 40.

"We have a shortage for bus drivers, and that continues. We have a permanent post on our website and on SchoolSpring, constantly working with our partners to try and increase that number. So, if anyone wants to be a bus driver or bus monitor, we'll train them as we did the last few years. We'll pay for the training and the licensure and all that," Mulvey said.

"We do have a shortage of drivers, but we have enough currently right now to maintain our fleet within district and out-of-district students, we vend those to our outside vendors anyway, so we're okay there."

City and school personnel have been working to get the district's buildings ready for the new year, Mulvey said. Among the items they've been working on is upgrading the HVAC system at North Quincy High School.

"The public buildings office has been really busy in all of our schools getting them ready for the opening of the school, including our custodians," Mulvey said. "Most importantly...is that public buildings is focused on the HVAC and mechanical upgrades at North Quincy High School – that's all new boilers and HVAC and all that. Basically, we had to close North Quincy for our summer programs so that they could just devote all of their energy to that."

In addition to making improvements to the school buildings, the district has also purchased a number of new computers for the new school year.

"School Committee and the mayor wanted to make sure in the event, God forbid, but in the event we ever had to go remote or hybrid again that our technology upgrades are up to date and that we're cycling in the necessary Chromebooks in order to maintain our inventory," Mulvey said.

"Through School Committee funding and the mayor, a whole slew of Chromebooks came in last week as well as laptops and computer upgrades, so we're good to go there, which is great. If we ever had to go remote,

we could easily do that. Also all of the schools, through the maintenance department – again funding from the mayor and School Committee – were upgraded as well to where they needed to be this summer. Wi-Fi and all that, hot spots, they're all up to date."

The district's media specialist, Kelly Powers, has been making improvement to the Quincy Public Schools' website, quincypublicschools.com, Mulvey noted. On top of that, he said school officials would be using additional social media sites – like Instagram and its offshoot app, Threads – to share information.

"Thanks to our new digital specialist, Kelly Powers, the high school pages of the Quincy Public Schools website have been redesigned for better accessibility for our students and families and she's now working on upgrading the middle school webpages," Mulvey said.

"In addition to social media presence on Facebook and X, which is formerly Twitter, Quincy Public Schools is now sharing information on Instagram and Threads, and all of these are linked on the QPS website."

The district also has a new program that will allow for speedier translation of school newsletters into different languages, the superintendent said.

"This is really important I think for our families," he said. "We purchased, thanks to the mayor and School Committee, a program called SMORE. This is a program that allows our

principals to develop their school newsletters and they automatically translate into the home language of the families, so it's like they don't have to go and manually translate.

"It's done automatically, which is great, and it's done basically in any language you can think of. It translates it automatically."

The district has also brought on two new security guards and, over the summer, crews worked to maintain security systems inside the school buildings, Mulvey said. The School Committee will also review recommendations made as part of an outside security audit.

"We had upgrades in the budget to school security and we added additional staff. I think it was two additional security guards, so we've increased security at Quincy High. I think we now have seven at Quincy High and five or six at North, and the reason why we need more at Quincy High is just the footprint with the CVTE programs and all that," the superintendent said.

"So we've done that and as you know School Committee, with the mayor's funding and support, engaged an outside security audit. So, the mayor and School Committee are looking at that and that will be one of their priorities this school year, as well as mine – looking at that to try and identify top priorities for security upgrades throughout the district. That's something School Committee will be looking at this year."

Cont'd On Page 15

QUINCY TRACK CLUB CROSS COUNTRY RUNNING PROGRAM

Boys & Girls Ages 5 to 14
From Quincy and
Surrounding Communities
\$80 per child/\$160 per family



REGISTRATION
EVERY
MONDAY AND
WEDNESDAY
BEGINNING
WEDNESDAY, SEPT. 6TH
6-7 PM

Quincy Residency
NOT Required

FAXON FIELD TRACK
102 Coddington St.

For Information Call or Text
Geoff Hennessy 617-510-1456

www.quincytrackclub.wordpress.com
email: quincytrackclub74@gmail.com
FOLLOW US ON FACEBOOK

Bible Study Meets Sept. 12 At Knights Of Columbus

Bible study meets the second and fourth Tuesday of the month at 6 p.m. at the North Quincy Knights of Columbus Hall, 5 Hollis Ave., North Quincy.
The next Bible study is Sept. 12.

On Tuesday, August 22, at about 10:30 p.m., Officers Scott Kelley, Nicholas Frasso and Nicholas Lawrence were dispatched to the area of Washington and Coddington Street for a report of two males attempting to steal bicycles.

Officer Frasso located a male who had a similar description as the one provided. This male refused to stop for Officers, fleeing the area on a red bicycle. Sergeant JP Kelly, Officers Courtney Murray, Josh Walker, and Jimmy Dalton responded into the area to assist in apprehending the suspect. Officer Walker exited his cruiser and tried to stop the suspect but was knocked to the ground and injured.

At this time, Officer Kelley, pursuing the suspect on his Police bicycle, was able to catch up to the suspect, block his path of flight and take him into custody with the assistance of Officer Murray.

The caller told Officer Kelley that from his apartment window he observed two males trying to remove the chain

A Job Well Done

By **OFFICER GREGG HARTNETT**
Public Information Officer
Quincy Police Department

from two bicycles on Temple Street. The arrested male will be charged at Quincy District Court with the following charges: attempt to commit a crime (larceny over), possession of burglarious tools, possession of a Class A substance, possession of a Class B substance and two outstanding warrants.

Great teamwork and an alert resident who called our Communications Division lead to the arrest of the suspect. Job Well Done!

□

On Thursday, Aug. 24 at about 5:10 p.m., Officer Mat-

thew O'Flaherty was dispatched to the area 582 Washington St. for the report of a male with no shirt on. While responding, Communications updated that a resident on Lebanon Street called reporting that a male with no shirt and black shorts just attempted to enter their residence.

Officer O'Flaherty located a male with no shirt and black shorts near 500 Washington St., this is just a few blocks from Lebanon Street. Prior to any conversation the suspect stated, "just arrest me."

Officer Andrew Minton spoke to the caller who told him that the suspect walked up the driveway, entered her backyard, opened her screen door, and attempted to open the door. When the suspect was not able to make entry, he fled the scene.

The suspect will be charged at Quincy District Court with attempt to commit a crime (breaking and entering). Job Well Done!

QUINCY POLICE CRIME AWARENESS JOURNAL

Entries submitted by the Quincy Police Department

FRIDAY, AUG. 18

DISORDER, 2:11 a.m., Presidential Pub, 29 Temple St. Officer on patrol sighted a fight in progress. Report to be filed.

BREAKING AND ENTERING/PROGRESS, 3:24 p.m., Wollaston Church of the Nazarene, 37 East Elm Ave. Party arrested. Report filed.

BREAKING AND ENTERING/MOTOR VEHICLE (gray Acura), 3:55 p.m., 20 block Chubbuck Street. Radio was removed from the vehicle. Report filed. Case number given.

DISORDER (male), 4:44 p.m., Fashion Nails, 242 Washington St. One to hospital for evaluation.

LARCENY (packages), 5:29 p.m., 160 block of West Elm Avenue. Report to be filed.

BREAKING AND ENTERING/MOTOR VEHICLE (past), 5:42 p.m., 80 block of Billings Road. Report to be filed. No suspect info.

DISORDER (white male), 8:11 p.m., 1250 Hancock St. Male was being bothered by youths. He is leaving the area. No further services.

DISORDER (landlord/tenant), 11:30 p.m., 91 Washington St. Landlord/tenant argument. Peace restored.

BREAKING AND ENTERING/ATTEMPT (trying to open door), 11:43 p.m., low numbers of Ruggles Street. No suspect information. No one found in the area. Officer to make checks.

SATURDAY, AUG. 19

DISORDER (dispute over towed vehicle), 2:37 p.m., Faxon Commons Rental Office, 1037 Southern Artery. Advised. Peace restored. Civil matter.

DISORDER (possible fight), 7:03 p.m., 15 Cottage Ave. Peace restored. Report to be filed.

DISORDER (male party), 7:12 p.m., Father Bill's Place, 38 Broad St. One male under arrest for malicious damage to property. Report to be filed.

DISORDER (possible fight), 7:15 p.m., 1205 Hancock St. Teenagers starting fights. All advised. Peace restored.

DISORDER (just happened), 7:17 p.m., 40 Washington St. Officer spoke with the caller. Officer to monitor the area.

LARCENY (various tools), 7:49 p.m., FedEx, 520 Commander Shea Blvd. Report to be filed.

DISORDER (on the street), 10:56 p.m., 20 block of

Sixth Avenue. Peace restored. Most left prior to officers' arrival. Denying any physical altercation.

SUNDAY, AUG. 20

DISORDER (male), 11:36 a.m., 1000 Southern Artery. Unable to locate male involved. Gone on arrival.

DISORDER (two males), 12:14 p.m., Seven Eleven Store, 230 Washington St. Store employee reports two males were arguing in the store then went outside to fight. Males involved gone on arrival.

MONDAY, AUG. 21

DISORDER (arguing), 12 midnight, low numbers of Cherry Street. Neighbor dispute over trash bins, both parties were advised.

DISORDER, 1:25 a.m., 27 Temple St. Advised and sent on the way.

SHOPLIFT (past), 8:20 a.m., Stop and Shop Supermarket, 495 Southern Artery. Store to handle.

LARCENY (get iPhone), 9:56 a.m., Captains Cove Marina, 100 Coveaway. Report to be filed.

WORKING FIRE (black smoke), 10:21 a.m., 159 Crescent St. Kitchen fire. Two residents rescued from the roof by QFD with no other egress. Fire extinguished. QFD to handle.

DISORDER (female), 1:46 p.m., Pond Street Playground, 50 Pond St. Female put her hands on a child. Arrest made for disorderly conduct and assault and battery on a police officer.

VANDALISM/PROPERTY (roof rack removed), 5:23 p.m., 116 East Howard St. Small piece of plastic missing from vehicle. No suspect info. Provided with case number and advised.

DISORDER (four kids), 6:13 p.m., Lincoln-Hancock School, 300 Granite St. Near playground near stairs. Peace restored. Report to be filed.

TUESDAY, AUG. 22

VANDALISM/PROPERTY (in building), 9:44 a.m., Amelia, 10 Faxon Ave. Report to be filed.

RECOVERED VEHICLE (Toyota Corolla), 12:39 p.m., 80 block of East Elm Avenue. Ignition damaged. TTY cleared.

DISORDER (two males), 12:43 p.m., Bee Zee Auto Inc., 68 School St. No threats were made. One party gone on arrival and the second advised.

SHOPLIFT (just fled), 3:34 p.m., Walgreen Pharmacy, 132 Granite St. Merchandise recovered and party

trespassed and sent on way.

SHOPLIFT (just occurred), 4:35 p.m., Hancock Market, 1520 Hancock St. Male suspect gone on arrival. Store would like to trespass him and will call if he returns.

TRESPASS (male), 10:22 p.m., 20 block of Whitney Road. One under arrest for trespassing and attempt to commit a crime. Report to be filed.

WEDNESDAY, AUG. 23

SHOPLIFT (male), 9:12 a.m., Walgreen Pharmacy, 132 Granite St. Gone on arrival. Report to be filed.

DISORDER, 10:27 a.m., Faxon Park, 82 Faxon Park Rd. Male yelling in a car, near picnic benches. Gone on arrival.

BREAKING AND ENTERING/PAST (business/mailbox), 11:12 a.m., 660 block of Hancock Street. Report to be filed.

SHOPLIFT (just fled), 1:10 p.m., Home Depot, 465 Centre St. Fled with shopping cars full of merchandise. Report to be filed.

DISORDER (male), 1:38 p.m., 190 block of Burgin Parkway. Tenant causing disorder, heard screaming in the background. No weapons. Peace restored, all advised.

DISORDER (two males), 3:48 p.m., 190 block of Burgin Parkway. Two persons sent on way. No EMS.

SHOPLIFT (carriage), 3:58 p.m., Walgreen Pharmacy, 418 Quincy Ave. Gone on arrival. Case number provided.

SHOPLIFT (random items), 4:02 p.m., 177 Willard St. Party trespassed and sent on the way.

LARCENY (male), 6:27 p.m., Walmart, 301 Falls Blvd. Warrant arrest made.

THURSDAY, AUG. 24

DISORDER (customer/employee), 4:44 a.m., CVS Pharmacy, 626 Southern Artery. Misunderstanding about scanned items. Peace restored.

DISORDER, 10:43 a.m., 880 block of Sea Street. Arrest made, report to be filed.

LARCENY (wallet), 12:24 p.m., 10 block of Edge-wood Circle. Report filed.

LARCENY (stolen phone), 5:03 p.m., 880 block of Sea Street. Caller was advised and charges to be filed.

BREAKING AND ENTERING/PAST (male), 5:08 p.m., Lebanon Street. One under arrest for attempted breaking and entering. Report filed.

SHOPLIFT (male party), 8:06 p.m., Target, 289 Hancock St. Report filed.

Public Invited To Open House At Milton Public Library Sept. 7

The Milton Public Library invites the public to an open house Thursday, Sept. 7 from 5:30-7:30 p.m., at the Library, located at 476 Canton Ave., Milton.

"This annual event gives us a great opportunity to showcase all that the Library offers to the Milton community," said Milton Library Director Will Adamczyk. "We are much more than just checking out books!" The town-wide event takes place inside and outside the Library, and is free and open

to the public. Featured activities include live music, food, "Behind the Scenes" tours of the building, a Scavenger Hunt, a Book Shop Sale, face painting, raffle prizes, and more.

"We hope to see a great mix of Library 'regulars,' as well as new visitors who may not have been inside our Library," said Library Trustee and Open House Committee Chair, Jaime Levash. "There will definitely be something for everyone, and it's all free. Food, games

and crafts, door prizes, and much more."

The Open House is also an opportunity to meet members of the Library's supporting organizations. Learn more about the Library's new and traditional services by talking to members of the staff, the Library Trustees, and the Friends of the Library.

For more information about the Milton Public Library, visit www.milton-library.org or call 617-698-5757.

Thomas Crane Public Library Hosting Grand Opening For Reimagined Teen Space

Director Sara Slymon announces the Thomas Crane Public Library will be unveiling a newly reimagined teen space at the main library next month.

On Thursday, Sept. 7, from 3-5 p.m., Quincy teens are invited to take part in a ribbon cutting and grand opening to celebrate the new space, which will feature new study areas, comfortable seating, computer sta-

tions and engaging lighting.

Light refreshments will be available, as will a variety of activities for teens. Activities will include a raffle for those in grades 8-12 and a DIY keychain making station.

The teen space is located in the Coletti Building at the main library, 40 Washington St., Quincy.

"Our staff has worked hard to totally redesign the

teen space to make it even more inviting and fun, and we can't wait to open it for the community to enjoy," Slymon said.

For more information about the Thomas Crane Public Library's teen services, follow TCPL's teen services account on Instagram.

Visit the Crane Library's online Events Calendar, Facebook, or Instagram for more happenings at TCPL.



Real Estate

Quincy Real Estate Transactions Aug. 21 - Aug. 25

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
Richard A. Kimball	Luyin Huang & Zhuodan Zhen	\$990,000.00	224-226 Franklin Street
Shuer Peng	Grandchildrens Trust FBO Maxsym Brinkley	\$299,900.00	133 Commander Shea Boulevard Unit 317
William F. Williamson	Stephanie E. Van Fleet	\$640,000.00	111 Davis Street
Mary L., C. Jay & Cornelius Crowley	Beth Anderson	\$513,000.00	14 Wilgus Road
Yufei He & Boyi Xu	Mateo & Silvana Latolli	\$555,500.00	45 Hancock Street Unit 305
326 East Squantum Street Realty Trust	Yan L. Xue & Christina Ng	\$618,000.00	326 East Squantum Strret
Hayley Degrandchamp	Alexander M. Cwiakala	\$35,000.00	18-20 Sachem Road
Alexander M. Cwiakala	Siarhei Huba	\$915,550.00	18-20 Sachem Road
Patrick M. & Chelsea E. Farwell	Jia B. Lu	\$379,000.00	195 Independence Avenue Unit 123
John J. Sullivan, Maria L. Sullivan,	Alexandra M. Traverse	\$345,000.00	1025 Hancock Street Unit 10J
Jonathan P. Rae & Holly V. Rae	J&P Construction LLC	\$550,000.00	83 Bird Street
Little Family Trust	Li & Sophie M. Zhang	\$455,000.00	70 Quarry Street, 8 Fallon Court
Jiechao Xu & Xiaomin Mo	Jennifer A. Stark	\$315,000.00	133 Commander Shea Boulevard Unit 610
Daniel & Anna P. Shea	Nancy Jie & Jackie Phung	\$750,000.00	27 Stanley Circle
Virginia A. Perrone	Daniel A. & Lilian L. Grossman	\$788,000.00	511 Hancock Street Unit 205
NQ3 Development LLC			

GOOD DEEDS: Probate Court Records And Your Real Estate Title

By WILLIAM P. O'DONNELL
Norfolk County
Register of Deeds

People sometimes confuse the terms deed and title. A deed is a written document that transfers ownership rights to a property from one party to another. Unlike the title to a vehicle that consists of a one-page document issued by the Registry of Motor Vehicles, title to real estate is a legal principle that establishes whether a party has the legal right to use, control and eventually sell a property as evidenced by documents that are recorded and become public records.

The majority of documentation affecting the title to real estate is recorded here at the Registry of Deeds. In Norfolk County the Norfolk County Registry of Deeds is located at 649 High Street in downtown Dedham across from the gold domed Superior Court. However, there are numerous instances where title to real estate may also be affected by records filed with the Probate and Family Court. Most people acquire their property by a deed that identifies the grantor and the grantee, the purchase price, if any and a legal description. The deed is recorded here at the Norfolk Registry of Deeds for the 28 communities that make up Norfolk County. Our trained staff indexes the relevant information and stamps it with a book and page reference. Copies of the deed can be easily accessed by checking our indexes which can be found on the Registry website, www.norfolkdeeds.org and obtaining the book and page reference. All the land records dating back to the establishment of Norfolk County in 1793 are available via the Norfolk Registry's internet land record

research system.

Deed book and page references may be needed when a party is preparing to sell or mortgage property or drafting estate plans. Banks or insurance companies may need book and page references to process loan applications or insurance policies.

We often get questions from property owners who can't find the book and page reference to their deed. More often than not, that is because the owner acquired their title through the probate process, not by a recorded deed.

When a person owns real estate in just their name and dies, their property, including any real estate passes to their estate which is then probated in the Probate Court for the county where they resided. The Probate and Family Court for Norfolk County is located at 35 Shawmut Road, Canton. Most experienced attorneys and title examiners, when examining title to a specific property will examine not only the records at the Registry of Deeds but will also check the Probate and Family Court records.

When the decedent (the individual who passed away) leaves a will, the party that has been named in the will as a personal representative submits the will

and supporting documentation including a petition for formal or informal probate of the will. Title to the real estate passes under the terms of the will to whom ever is named as the devisee or devisees for that property, subject to the Court issuing a decree allowing the will. A similar process is followed when the decedent does not leave a will. In that case title to the property would pass per Massachusetts State Law to the decedent's heirs-at-law. In either case, the party acquiring title to the property has the same interest they would have if the property was bequeathed to them. However, with title that is acquired through the probate process there is no recorded deed with a book and page reference.

The problem with the lack of a deed reference when title is obtained through probate was alleviated somewhat when Massachusetts enacted the Massachusetts Uniform Probate Code in March 2012. The Massachusetts probate statute now provides for the recording of a "deed of distribution" from the personal representative to the devisees or heirs. This allows owners of recorded land to reference the book and page of the deed of distribution that is recorded at the Registry of Deeds as their source

of title. However, if the property is registered land, deeds of distribution are not filed and additional steps have to be taken to establish title in the devisees or heirs.

There are two categories of land records in Massachusetts: recorded and registered. All land is in one category or the other, and it is possible for a single parcel to include both types. Registered land comprises about twenty (20%) percent of the property in Norfolk County. Registered land deeds are given a document number and noted on a certificate of title that is issued in the name of the new owner. Registered land was created in Massachusetts by state law in 1899 and Norfolk County's registered land department in the Land Court at the Norfolk Registry of Deeds began in 1900.

Title to registered land is subject to the rules of the Land Court, a department of the Trial Court. Deeds of distribution are not accepted for registered land. In order to establish title to registered land in the name of a devisee or heir-at-law, a petition and copies of the probate proceedings have to be filed with the Land Court in Boston. Once the

Land Court is satisfied that the necessary steps have been taken to establish title in the devisees or heirs, the Court will issue an order that is filed in the Registry's land registration section and a new certificate will be issued. The Chief Title Examiner of the Land Court has issued a memorandum detailing the process that can be found on-line at:

<https://www.mass.gov/doc/land-court-chief-title-examiner-memorandum-re-land-court-guideline-14-death-the-effect-of-death/download>.

Divorce records filed in the Probate and Family Court records may also impact title to real estate. Purchasers of property from parties who are in the process of getting divorced or have been divorced should examine the terms of any separation agreement that have been filed to make sure the terms of the agreement as it relates to the real estate have been complied with. Attorneys and title examiners tasked with certifying title to a real estate property will check the Probate and Family Court records including any divorce records. In addition, by operation of Massachusetts law, the

tenancy of parties who acquired title as tenants by the entirety will become a tenancy in common upon the final judgment of divorce. If either party dies before they convey the property, the interest of the deceased party will have to be probated; it will not pass to the surviving party.

The Norfolk Registry of Deeds has a computer on-site dedicated to Probate and Family Court records for the convenience of attorneys and title examiners. The Trial Court also has a website at <https://www.masscourts.org/eservices/home.page.2> where records can be found pertaining to cases filed in the various courts, including Probate and Family Court divorce and probate records.

As always, if Norfolk County residents have a Registry related question about the title to their property, the answer is just a phone call away by dialing the Customer Service Center at (781) 461-6101. The department is open Monday through Friday from 8:30 a.m. to 4:30 p.m.

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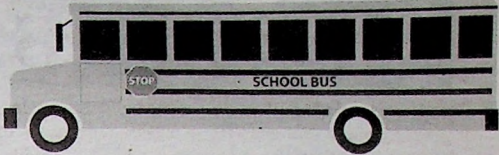
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QUINCY PUBLIC SCHOOLS BUS ROUTES 2023-2024

Listed below are the bus routes for the Quincy Public Elementary Schools which open Wednesday, Sept. 6.

ELEMENTARY SCHOOL HOURS

7:35 a.m. to 1:50 p.m. - Amelio Della Chiesa Early Childhood Center.
 7:45 a.m. to 2 p.m. - Atherton Hough, Charles A. Bernazzani, Lincoln-Hancock Community School, Merrymount and Wollaston School.
 8:15 a.m. to 2:30 p.m. - Beechwood Knoll, Montclair, Clifford H. Marshall, Francis W. Parker, Snug Harbor Community School, Squantum School.



Questions regarding bus routes should be directed to the Transportation Office, (617) 984-8964.

Quincy Public Schools - Bus Routes Year 2023 - 2024

Routes/Stops	Routes / Stops
Route # 1 Lincoln Hancock / South West (Grade 5) 135 Quincy Ave 7:05 AM Quincy Ave / Circuit Rd Quincy Ave / Falls Blvd Bower Rd / Howard St Kendrick Ave / Madison Ave	Route # 1 Marshall / Point Webster (Grade 5) 144-148 Washington St 7:45 AM Field St McGrath Hwy / Newcomb St McGrath Hwy / Spear St Elm St / South St Elm St / South Walnut St Elm St / Washington St
Route # 2 Lincoln Hancock / South West (Grade 5) Quarry St / Common St 7:10 AM Common St / Reardon St Cross St / Copeland St 307 Copeland St Willard St / Larry PL Furnace Br. Pkwy / Malden St Furnace Br. Pkwy / Bunker Hill Ln Willard St / Bunker Hill Ln Rosecliff Apts. Willard St / West St / Wesson Ave.	Route # 2 Montclair 71 Grove St 7:45 AM 100 Shawmut St Shawmut St / Argonne St Malvesti Way / Forest Ave Minihans Ln / Wren Terrace Bates Ave / O'Connell Ave Bates Ave / California Ave Bates Ave / Willard St 230 Willard St Willard St / County Rd
Route # 3 Lincoln Hancock / South West (Grade 5) Water St / Summer St 7:00 AM Water St / Phipps St Independence Ave / Federal Ave 225 Independence Ave Hughes St / Pembroke St Nichol St / Franklin St Verchild St / Federal Ave Verchild St / Bennington St Franklin St / Payne St Liberty St / Plain St (For Crown Colony)	Route # 3 Montclair Stedman St / Ellis St 7:50 AM Sunnyside Rd / Wallace Rd Ballou St / Stedman St Upton St / Lowell St Robertson St / Quarry St Robertson St / Ellis St
Route # 4 Merrymount Hancock St / Oval St 7:10 AM Hancock St / Carruth St Hancock St @ Executive Towers Hancock St / Greenleaf St (On Hancock St) State St / Riverside Ave Sea St @ Gannett Rd Albatross Rd @ Circle Curlew Rd / Plover Rd	Route # 4 Squantum Airport Rd / Baystate Rd 7:50 AM Baystate Rd @ Island Before Quincy Shore Dr E. Squantum St / Ditmar St Russell St / Tirrell St Atlantic St / Newbury Ave Newbury Ave / Billings St
Route # 5 Merrymount Russell Pk / Woodward Ave 7:10 AM Woodward Ave / Edgemere Rd Woodward Ave / Greenleaf St Greenleaf St / Putnam St Putnam St / Merrymount St Putnam St / Butler Rd Putnam St / Armory St	Route # 5 Squantum 550 Victory Rd 7:45 AM Seawinds Condo (90 Quincy Shore Drive) # 2 Hancock St Hancock St / Myrtle St Billings St / Prospect St Billings St / Newhall St E. Squantum St / Atlantic St E. Squantum St / Ocean St Williams St / Hummock Rd
Route # 6 Bernazzani Whitwell St / Dixwell St 7:10 AM Cranch St @ Green Mailbox Cranch St / Klondike St Cranch St / Deldorf St Cranch St @ Stairs	Route # 6 Bernazzani Dimmock St / Glendale Rd Dimmock St / Monroe St Dimmock St / PresidentsLn. Dimmock St / Burgin Pkway Hall Place / Roger St

* Add approximately 3 minutes between each consecutive stop along the bus routes.
 Delays may occur due to traffic, weather etc. Revised 8/21/23

Welcome Back To School Message From QPS Supt. Kevin Mulvey



KEVIN MULVEY
Superintendent
Quincy Public Schools

Dear Parents and Guardians of Quincy Public Schools Students:

Welcome back for the start of the 2023-2024 school year! Quincy Public Schools staff members are busy with preparations for the new school year at all school sites and here at the Coddington Building. Principals and their office staff members are ready to assist with registration, transfers, and any other concerns. Our eleven elementary schools are ready to welcome the QPS Class of 2036 with over 700 new Kindergarten students.

During the development of this year's budget, Mayor Koch and the School Committee collaborated with the Superintendent's Leadership and Principal Teams to

prioritize maintaining class sizes within the range of School Committee guidelines through the creation of additional academic classroom and support positions. New professional staff members will participate in a two-day orientation on August 30 and 31, including meeting with the Mayor, School Committee, and members of the Superintendent's Leadership and Principal Teams to learn about their professional responsibilities, the many programs and services offered by Quincy Public Schools, and the mentoring program for new staff.

The dedicated professional staff of the Quincy Public Schools is looking forward to a year filled with a variety of learning experi-

ences and accomplishments for your students. Students from all grade levels participated in Summer Extended Educational programs that provided academic and enrichment opportunities and employment through the Quincy Summer Youth-Works Program.

To assist with continuing needs for upgraded educational technology, installations of new desktops, laptops, Chromebooks, and educational software are ongoing throughout the school system. For example, communication with families will be enhanced by the district-wide rollout of the SMORE platform for creating accessible and easily translatable newsletters. Our partners in the Quincy School-Community Part-

nership continue to support our students' educational opportunities through sponsoring the robotics program for Grades 5-12, donating backpacks and school supplies for students and staff, and providing real-work experiences for high school Career Vocational Technical Education students. At all levels, extended day opportunities will be available "beyond the bell" for academic enrichment, the arts, and athletics.

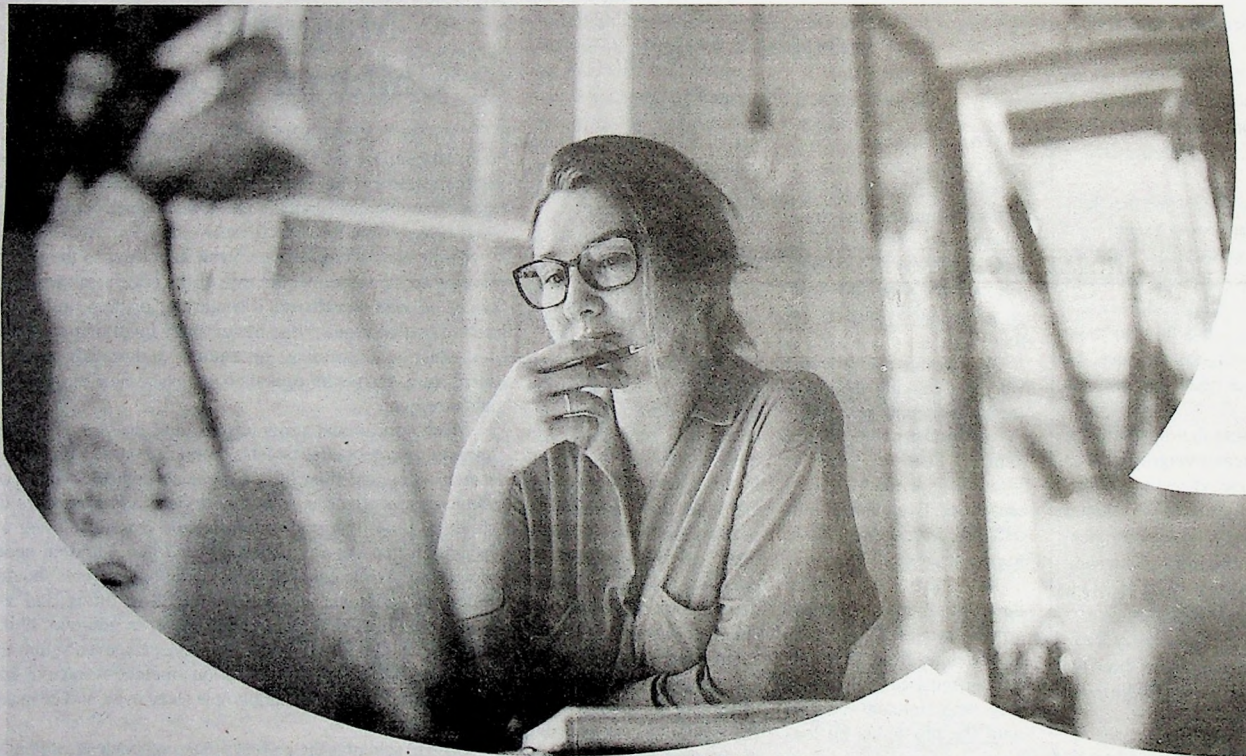
Our school buildings will be ready for the new school year, with the Public Buildings Maintenance staff completing improvements such as installing new floors, carpeting, and ceiling tiles; repainting classrooms; and repairs to building mechanicals. Custodians across the

school system have worked all summer to prepare classrooms and offices for the new school year. As always, we are grateful for the support of the Park Department in maintaining and improving the landscaping at our school buildings.

As the new school year begins, please remember that the most meaningful factor in assisting students to have a successful school experience is the participation of their parents and guardians. In order to help your children attain their goals, we need your involvement, whether it be through attending parent-teacher conferences and school events, volunteering in your child's school, and most importantly, reinforcing the importance of on-

time school attendance, appropriate behavior and class participation, and completion of schoolwork. You can also stay informed about your child's school and all of Quincy Public Schools through our website quincy-publicschools.com or by following us on Facebook or Instagram. Updates on school programs and ini-

Cont'd On Page 15



Quincy College is proud to participate in

MassReconnect

The state's new **MassReconnect scholarship** program supports residents age 25 and older seeking Associate's degrees and certificates. It's aimed at Massachusetts residents who have a high school diploma or equivalent but no higher education credential, empowering them to **acquire education and training necessary for in-demand jobs** in fields including health care, education and biotechnology. The program funds tuition and fees, and students would receive assistance to pay for books and supplies.

Whether you're considering college for the first time or want to return to earn a degree or certificate, **there's never been a better time to enroll at Quincy College!**

Learn more, contact:

Admissions
admissions@quincycollege.edu
(617) 984-1710



QUINCY COLLEGE

Quincy Public Schools Enrollment Over 10,000 Students

Cont'd From Page 1

parts of the city in recent years, Mulvey said, based on an analysis conducted by Laura Owens, the assistant to the superintendent.

"Based on our analysis, Laura ran the numbers, the population of the students aren't coming from those apartment buildings. They're actually coming from our neighborhoods. They are moving into our neighborhoods into the existing houses. Families are either having larger families

or they're having multiple families in the same house," Mulvey said.

"Deco across from Quincy Adams, we have like no kids out of there, which is surprising. The downtown area, these big apartment buildings, we're not seeing large increases. Like for instance behind us at 10 Faxon, we have a few families. A lot of those families are Indian families and because of work they come and go, so that's where we see a fluctuation in enrollment.

"Highpoint, again you

think we would see a significant student population there," Mulvey added, "and we don't. So, our population is actually being seen in the neighborhoods. That could change, but that's what we're seeing right now."

As the district is getting for the new school year, it is preparing to accommodate the immigrant families who moved into the welcome center at Eastern Nazarene College in recent weeks. The state has said temporary housing for up to 58 families would be provided on site.

As of Aug. 16, Mulvey said school officials were working to determine how many children at the welcome center would be enrolling in the district as well as determining what services those students may need.

"We are working with ENC and Bay State Community Services, who is the provider managing this for ENC, to try and get the ex-

act student numbers, what grades they're in," he said.

"Also, we need to screen them for special education services as well as EL services. It is our understanding that most of the families are coming from Haiti and Venezuela, so we are anticipating on doing EL services for French Creole families as well as for Spanish-speaking families. We are already developing that now.

"Thanks to the mayor and School Committee, they increased our translation services budget to \$500,000 over the last year...so that is going to help us with communicating with families."

The state had said that up to 100 school-age children may be living at ENC, Mulvey said, though it appeared most of the children there were not yet old enough for school.

"We got a range that it could be as many as 100 students, but as of right now it appears that most of the

families that are here, most of the students that are here are not yet school-age children. I am hoping to know within the next few days what the enrollment is looking like," he said.

"We will be ready. The problem is the home school there is Beechwood Knoll and that school is at capacity for the most part. So, we would be looking at potentially needing transportation for these students to send them to schools that can actually accommodate them. We also want to be mindful of our class sizes. We have to make sure our class sizes are within our School Committee guidelines. Currently right now class sizes are looking great and they are all within School Committee guidelines. We want to make sure that continues to happen.

"Questions have been, will we need to hire additional staff, and the answer

is it is possible based on the numbers, but it is not a great time to be hiring staff right now because most staff and professional teachers are already obligated to other districts at this point, so that would be a challenge."

The state will reimburse the district if the students are enrolled for 30 days, the superintendent said.

"My understanding in talking with the state is if a student is here for 30 or more days, we will get reimbursed \$104 a day - that's my understanding," he said.

"If that \$104 was brought out over a 180-day school year, that would be close to what the per pupil cost would be to educate a student here in Quincy, which is somewhere around \$18,000 or \$19,000 a year I believe. So, it is close to that, but again, we would only get reimbursed, my understanding, is if the students are here for 30 or more days."

Back-To-School Safety

By OFFICER GREGG HARTNETT

Quincy Police Public Information Officer

It's that time of year again. Time to send your children back to school. It can be a frightening time for parents, but if you prepare your child for the big world you may help save them from getting into trouble.

- Make sure your children are taking the safest route to school and friends' houses, one that avoids danger spots like alleys, new construction, and wooded areas.

- Encourage your children to walk and play with friends, not alone, and to stay in well-lit, open areas where others can see them.

- Don't hang a house key around your child's neck. It's a telltale sign that you won't be at home when they return from school. Put it inside a pocket or sock.

- Teach children to walk confidently and stay alert to what's going on around them.

- Encourage your children to look out for other kids' safety and report anything they see that doesn't seem right.

- Tell your children to stay away from strangers who hang around playgrounds, public rest rooms and empty buildings.

- Rehearse with children their full name, address, and phone number (including area code) and how to make emergency phone calls from home and public phones.

- Tell children never to accept gifts or rides from someone they don't know well.

- Check your neighborhood for areas that threaten children's safety, like brush in wooded areas, overgrown shrubbery, abandoned buildings, bad lighting, vacant lots littered with debris, no sidewalks or bike paths next to busy streets.

- Teach children to go to a store clerk or security guard and ask for help if you become separated in a store or shopping mall. Tell them never to go into the parking lot alone. Accompany your children to public rest rooms.

- Teach children no one, not even someone they know, has the right to touch them in a way that makes them feel uncomfortable. Tell them that they have the right to say "No" to any adult in this situation.

From: National Crime Prevention Council.

School's Open, Drive Carefully

AAA Northeast encourages drivers to use extra caution and allow more time in their commutes as young pedestrians and cyclists make their way to and from school each day, and fleets of school buses take to the roadways.

Watch for pedestrians who are walking against a red light, stepping into traffic from between parked vehicles, and crossing in locations not marked by a crosswalk. Even in these situations, drivers must yield to pedestrians.

If red lights are flashing on a school bus, and a stop arm is extended, motorists approaching from either direction must come to a full stop and remain stopped until the bus lights no longer flash. This requirement applies to public highways, private roads, and in parking lots.

Children will soon be returning to schools across the state. It is especially important that all drivers are alert, as many children walk or bike to school. AAA urges motorists to slow down, allow more time to get to your destination, stop for school buses when red lights are flashing, stay off your phone and other devices, yield for pedestrians in crosswalks, obey crossing guards and exercise patience. Police departments will have increased patrols on traffic safety and conducting enforcement, when necessary, especially in school zones. It's everyone's responsibility to obey traffic laws and keep children safe as they embark on a new school year.

AAA's annual Traffic Safety Culture Index survey shows concerning driving behaviors that put pedestrians and cyclists at risk, especially children. When asked about their personal driving behaviors within 30 days prior to the survey:

- 35% reported driving 10mph or faster on residential streets.
- 37% of respondents reported driving while talking or reading content on a hand-held cell phone while driving, and about a quarter admitted to driving while typing or sending a text/email on a hand-held cell phone at least once in the past 30 days.

More than 44% of drivers who responded to the survey support using cameras to automatically ticket drivers who drive more than 10 mph over the speed limit on residential streets.

Maximize Your Children's Learning

By Dr. CAROLANN SPERANZO, DHS, RDO

As the school year approaches, it is important to remember that nearly 80 percent of all learning comes through vision. Yet, often children are unaware they are not seeing as well as they should be.

Children will compensate by sitting closer to the television, sitting on one specific side of the television, and even avoiding near work such as coloring, reading, and other activities that require fine motor skills involving eye-hand coordination. Cognitive, perceptual, and social development starts early with peekaboo and patty cake to stimulate advancement.

More educational programs include the use of digital learning - computers, tablets, mobile phones. Current research notes that blue light from such devices, while not dangerous, is often the source of dryness and headaches in children. Blue light prevents melatonin from increasing to facilitate sleep. As any parent will tell you, children need their sleep. While children do not complain, parents should watch for symptoms such as squinting, head tilting, and reluctance to read/view books with them. In addition, children may hold things closer to their eyes and even squint to try to see. Most common conditions include refractive error (needing correction), amblyopia (lazy eye), and crossed eyes (strabismus).

Back to school is the perfect time to schedule an appointment with your pediatric ophthalmologist (be aware that it often takes time to get an appointment). Then take your child to see an optician skilled in working with children and their special fitting needs. Children need frames designed to fit around long eyelashes and underdeveloped nose bridges. Children's eyeglasses also require high impact lenses such as polycarbonate or Trivex to prevent eye injuries. Special sports eyeglasses are needed to meet ASTM (American Society for Testing and Materials) guidelines.

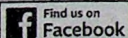
Teaching children to avoid touching their eyes (prevent infection) and making appointments for annual eye exams will ensure they have optimal vision for learning and sport activities. Digital devices and time at home during COVID caused a myopia (nearsightedness) epidemic. When myopia is diagnosed early, it may be controlled with accommodative lenses. Encouraging your child to spend more time outdoors has also been proven to be helpful for eye development. Remember children also do benefit from prescription sunglasses and/or changeable lenses that darken like magic as they go outside in the sun and clear when they go back inside.

Help your children get ready for the school year with great looking and frames that fit and quality lenses to serve their special needs.

Dr. Carolann Speranzo is a Registered Dispensing Optician and owner of SECOND SIGHT. She is a Fellow of the National Academy of Opticianry and the Contact Lens Society of American and is certified by the American Board of Opticianry. Speranzo is also an Adjunct Professor at MCPHS School of Healthcare Business. She can be reached at 617-773-1178 or secondsighteyewear@verizon.net.

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Quincy Access Television
88 Washington Street
Quincy, MA 02169



www.qatv.org
617-376-1440
617-376-1441



Public Access Channel 8

Thursday, August 31
6:00pm: Bethany Congregational Church
8:00pm: High School Football 2022

Friday, September 1
11:30am: LIVE: Currently in Quincy
8:00pm: Quincy Rec Dept. Musical Theatre

Saturday, September 2
12:00pm: 2023 Flag Day Celebration
8:30pm: 2023 August Moon Festival

Sunday, September 3
11:30am: Good News
1:00pm: The Call

Monday, September 4
12:00pm: QHS Class of 2023 Graduation
2:00pm: NQHS Class of 2023 Graduation

Tuesday, September 5
7:00am: LIVE: AM Quincy with Joe Catalano
7:00pm: AM Quincy: Mayor Thomas Koch

Wednesday, September 6
6:00pm: Good News
7:00pm: The Call

Government Access Channel 9

Thursday, August 31
4:00pm: Board of License Commissioners 8/22
5:00pm: Zoning Board of Appeals 8/22

Friday, September 1
10:30am: Health Links: Aging Strong
6:00pm: Good Deeds: Quarterly Update
9:00pm: TCPL Presents

Saturday/Sunday, September 2/3
9:30am: FYI: QHD, Stroke
11:00am: At the Kennedy Center: Fighting Fire
6:00pm: Dept Profiles: Historic & Heritage Resources
7:00pm: Quincy Recreation Clinic: Movie/TV Reviews

Monday, September 4
1:30pm: TCPL: Guided Listening, Dance Music
7:00pm: Quincy Recreation Clinic: Movie/TV Reviews
7:30pm: Fire Prevention & You: CO2 & Smoke Alarms

Tuesday, September 5
4:00pm: Board of License Commissioners 8/22
6:00pm: Zoning Board of Appeals 8/22

Wednesday, September 6
6:00pm: In the Know: Office of Healthy Homes
6:30pm: For Your Health: Ticks

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

School Bells Ring Sept. 6 Grades 1-9; Sept. 7 Grades 10-12

Cont'd From Page 9

"With regard to the summer maintenance program, security cameras have been fixed and replaced, new computers and modems have been put in. But with regard to significant security upgrades - like say new systems at the two high schools or whatever, if they're needed - that would be something that would be identified through the security audit and School Committee will probably take action on it this year."

School lunches will be free for students this year. Lawmakers on Beacon Hill used money raised through the Fair Share Amendment, approved by voters last November, to fund free lunches for all students as part of this year's state budget.

Mulvey said the free lunches would be great, because the district doesn't "have to worry about chasing kids down to pay for their lunches, which is a huge help to our food service staff."

"I have to say Sara DuFour and her staff are doing an amazing job with regard to upgrading all of the menus with a focus on making the food much more pleasant to eat and much more healthy. She's looking at more fresh options versus like pre-cooked options," the superintendent added.

"That's why in all of the new buildings we will be building, our focus will be on building school buildings - including the learning center and Squantum - with full-service kitchens so that the food can actually be cooked there rather than shipped out. So, the food will be fresher. She's focused on that."

"One of the big future

construction projects will be a Lincoln-Hancock project where we reclaim some storage space and make that a full-service kitchen for the purpose of making fresh food in that facility. We will try and do that in each building as the years go by. She's doing a great job with that."

Even as the district was getting ready for the upcoming school year, it offered academic enrichment and remediation programs to students over the summer. Some 1,500 students participated in the summer programs this year.

"The last couple of years, the mayor has designated \$500,000 to do academic remediation and enrichment in order to make up for any losses that were seen during Covid," Mulvey said. "And so, with that \$500,000 and the approval of the School Committee, we put together, as we've done the last two years, a pretty robust summer program from pre-K all the way up to 12. Basically it's for kids who may be academically struggling. They can use this time to catch up and to do remediation. Then there are also programs for kids during the summertime for enrichment."

"We partnered with business partners around the city. Thanks to Tim Cahill and the Chamber of Commerce, we were able to get business partners to take our students on, getting real life work experience and that sort of thing. That was part of the program as well."

"I did want to thank the Chamber of Commerce and Tim Cahill," Mulvey added, "because he really stepped up and gave us all these internships for our students, which is great and pretty much new for this year - at least the amount of intern-

ships they got."

This year's school calendar will look similar to last year's. The final day for students will be June 17, assuming there are no snow days. If five days of school are cancelled because of snow or other inclement weather, the final day for students would be pushed back to June 25. (The final day for graduating seniors is May 30, which is not subject to change due to snow days.)

Winter recess will start at the end of the school day on Dec. 22 and classes will resume on Jan. 2. February break will commence at the end of the school day on Feb. 16 and classes will start again on Feb. 26. April vacation begins at the end of the school day on April 12 and classes begin again on April 22.

Students will get the same holidays off they did last year. Those include Columbus Day in October;

Election Day, Veterans Day, Thanksgiving and the day after Thanksgiving in November; Martin Luther King Jr. Day in January; Good Friday in March; Memorial Day in May; and Juneteenth in June, should the school year extend that far.

The school calendar also lists a number of major religious and cultural holidays, defined as "important days in the lives of students and families." It further states that QPS staff "will strive to

avoid scheduling deadlines for long-term assignments, assessments, field trips, auditions, events, and athletic competition on these days."

That list of holidays includes Rosh Hashanah and Yom Kippur in September; Diwali in November; Hanukkah and Kwanzaa in December; Three Kings Day in January; Lunar New Year in February; the beginning of Ramadan and Holi in March; and Eid al-Fitr and the beginning of Passover in April.

Welcome Back To School Message From QPS Supt. Kevin Mulvey

Cont'd From Page 13

tives will be presented at upcoming School Committee meetings, the first of which will be held on Wednesday, September 13 at 6:30 p.m. in the Coddington Building and broadcast on QATV Channel 22 and livestreamed on qatv.org.

While you enjoy the last few days of summer vaca-

tion, please note the calendar for the opening days of school below. Your principal will be happy to answer any questions you might have related to the opening of school or feel free to contact my office at 617-984-8701.

• The first day of school for Grades 1-9 is Wednesday, September 6.

• Grades 10-12 will begin school on Thursday, September 7.

• Pre-Kindergarten and Kindergarten students will attend an Orientation at their individual schools on Friday, September 8; each family will receive information on orientation from their child's school.

• The first day of school

for Kindergarten and Pre-Kindergarten is Monday, September 11.

On behalf of all of the staff at the Quincy Public Schools, best wishes for a successful school year to you and your family.

Sincerely,

Kevin W. Mulvey, J.D.
Superintendent of Schools



QUINCY PUBLIC SCHOOLS 2023-2024 SCHOOL YEAR CALENDAR

APPROVED 5/3/2023

September 2023

S	M	T	W	T	F	S
					1	2
3	H	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

18 days

Sept. 4: Labor Day Observed
Sept. 5: First day for Professional Staff
Sept. 6: First day of school, Grades 1-9
Sept. 7: First day of school, Gr. 10-12
Sept. 8: Kindergarten & Pre-K Orientation
Sept. 11: First day of school, K & Pre-K
Sept. 6, 13, 20, 27: PK-5 Early Release
Sept. 13, 27: Gr. 6-8 Early Release
Sept. 13: Gr. 9-12 & LEAP Early Release

October 2023

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	H	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

21 days

Oct. 4, 11, 18, 25: PK-5 Early Release
Oct. 9: Columbus Day - No School
Oct. 11, 25: Gr. 6-8 Early Release
Oct. 11: Gr. 9-12 & LEAP Early Release

November 2023

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	H	V	V	V	V	25
26	27	28	29	30		

18 days

Nov. 1, 8, 15, 22, 29: PK-5 Early Release
Nov. 7: Election Day - No School
Nov. 8, 22: Gr. 6-8 Early Release
Nov. 8, 22: Gr. 9-12 & LEAP Early Release
Nov. 10: Veteran's Day Observed - No School
Nov. 22: Early Release Day - All Schools
Nov. 23 & 24: Thanksgiving Recess - No School

December 2023

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	H	V	V	V	V	30
31						

16 days

Dec. 6, 13, 20: PK-5 Early Release
Dec. 13: Gr. 6-8 Early Release
Dec. 13: Gr. 9-12 & LEAP Early Release
Dec. 23-Jan. 1: Winter Recess - No School
Dec. 25: Christmas Day Observed

January 2024

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

24 days

Jan. 1: New Year's Day Observed - No School
Jan. 3, 10, 17, 24, 31: PK-5 Early Release
Jan. 10, 24: Gr. 6-8 Early Release
Jan. 10, 24: Gr. 9-12 & LEAP Early Release
Jan. 15: Martin Luther King, Jr. Birthday Observed - No School

February 2024

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	H	V	V	V	24
25	26	27	28	29		

16 days

Feb. 7, 14, 20: PK-5 Early Release
Feb. 14, 20: Gr. 6-8 Early Release
Feb. 14: Gr. 9-12 & LEAP Early Release
Feb. 17-Feb. 25: February Recess - No School

March 2024

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	H	30
31						

29 days

Mar. 6, 13, 20, 27: PK-5 Early Release
Mar. 13, 27: Gr. 6-8 Early Release
Mar. 13: Gr. 9-12 & LEAP Early Release
Mar. 29: Good Friday Observed - No School

April 2024

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

17 days

Apr. 3, 10, 24: PK-Gr. 5 Early Release
Apr. 10, 24: Gr. 6-8 Early Release
Apr. 10: Gr. 9-12 & LEAP Early Release
Apr. 13-Apr. 21: April Recess - No School

May 2024

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

22 days

May 1, 8, 15, 22, 29: PK-5 Early Release
May 8, 22: Gr. 6-8 Early Release
May 8: Gr. 9-12 & LEAP Early Release
May 27: Memorial Day - No School
May 30: Last Day of School for High School Seniors (Day 168)

June 2024

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

11 days

June 5, 12: PK-5 Early Release
June 10: NQHS Graduation
June 11: QHS Graduation
June 12: Gr. 6-8 Early Release
June 19: Juneteenth Observed

Major Religious & Cultural Holidays The dates below are recognized as important days in the lives of students and families. QPS Staff members will strive to avoid scheduling deadlines for long-term assignments, assessments, field trips, auditions, events, and athletic competition on these days.

September 16 & 17 Rosh Hashanah • September 25 Yom Kippur • November 12 Diwali • December 7-15 Hanukkah • December 26-January 1 Kwanzaa • January 6 Three Kings Day • February 10 Lunar New Year • March 10 Ramadan Begins • March 25 Holi • April 9-10 Eid al-Fitr • April 22 Passover Begins

If there are no school cancellations for weather or other emergencies:

June 17: Last Day of School for Students (Day 180)

(Early Release for Elementary & Middle Schools)

June 18: Last Day for Professional Staff (Day 183)

In case of 5 days of school cancellations:

June 25: Last Day of School for Students

(Early Release for Elementary & Middle Schools)

June 26: Last Day for Professional Staff

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ZBA OKs 32-Unit Condo Building On Totman Street

Cont'd From Page 1

ously rezoned, and the Planning Board last fall greenlit a 345-unit apartment building in that district.

Fleming said the building presently at 21 Totman St. was constructed for a particular company who would use it for warehouse and office space, but the company was ultimately unable to occupy the building. The Galvins instead leased the building for office uses, including medical offices, which Fleming said led to parking concerns in the neighborhood.

Sean Galvin said he is seeking to create a new residential building on site because the market for office space has "gone soft."

"We're proposing the redevelopment of the site for a couple of reasons," he said. "The primary reason is the office market has gone soft. We've lost our major anchor tenant for the building and three quarters of the building is vacant. If you've followed the market at all you'd know that commercial real estate is not something everyone is hoping to build right now."

Galvin said the proposed residential building would generate about 140 fewer vehicle trips per day than the medical office building. The building would be a good fit for the neighborhood, he said.

"The building code would allow us to go five stories over two stories of podium [parking]. We've opted just to go four stories and put the garage fully

underground, trying to be sensitive to the height as we transition from the single-family neighborhood into the commercial area," Galvin said.

The garage under the building would hold 27 parking space and room for another 22 spaces would be available in a surface lot, for a total of 49 parking spaces.

Fleming said his client was seeking two variances from the zoning board. One was a use variance so that a residential building could be constructed in an Industrial A district, and the second was for setbacks.

During the public hearing, five residents of Totman Street spoke against the proposal, as did the owner of the construction yard next to the site.

The residents who spoke said they were concerned about traffic and parking on their street.

"It's a narrow street," said Peter Stevens. "I understand the state ordinance and all the rest of that, but it's a narrow street to begin with. We already have to deal with parking during the day almost on our front lawns on that side with people who park at the T."

Some of those who spoke suggested the building could be scaled down to limit the traffic and parking impact.

"Maybe they can minimize the building," said Peter Ng, "that would help the traffic situation and the parking situation."

Peter Gacicia, owner of the construction yard next door at 9 Totman St., said



FOUR-STORY, 32-unit condominium building has been proposed for 21 Totman St. in South Quincy. The development would include a total of 49 parking spaces. The Zoning Board of Appeals approved the project on Aug. 22 and a continued Planning Board public hearing on the matter is slated for Sept. 13.

Rendering Courtesy Lorigan Architects

the board should base its decision on the current zoning for the site, and not what might happen in the future.

"This board should be moving on current conditions...not what might happen or what's going to happen that you know about," Gacicia said. "He has a perfectly fine commercial building on the site right now; unfortunately, he doesn't have a large tenant, but that's the economics of the business. I have a construction yard next store and I can see [32] units...overlooking my property and

problems it's going to create between both parties no matter what happens."

The Zoning Board of Appeals received a letter from James Fatseas, the city's planning director, in which Fatseas wrote that his department was in support of the use variance and would be recommending the Planning Board vote to approve the project at its meeting on Sept. 13.

"In summation, the Planning Department is in full support of the issuance of a variance to allow for residential development at 21

Totman St.," Fatseas wrote in the letter.

After the public comments, members of the Zoning Board of Appeals voted 4-0 in favor of the project, with chairperson Martin Aikens not in attendance.

Board member Russell Chin said the traffic study performed as part of the review process showed the development would not be detrimental to the neighborhood.

"There was a traffic study done. It was reviewed in the peer review by the city. It appears to be in keeping with

typical traffic studies and it didn't come down as being detrimental for a neighborhood this size," Chin said. "I do recognize it's a small street and it's a one-way street, I do recognize that, but we do have quite a sizable building there now. It was a warehouse converted to an office. There are lots of other things that could go in there that might be worse than having neighbors."

"I think it's good project," added Brian Radell, the board's vice chairperson. "It's a good use of space and a repurpose of the lot."

Beer, Wine Sales Approved At Quincy Point Gas Station

By SCOTT JACKSON

A gas station in Quincy Point has received permission from city officials to sell beer and wine on site.

The Board of License Commissioners on Aug. 22 granted a retail beer and wine license to US Petro-

leum for the premises at 664 Washington St. The store was given permission to sell beer and wine from 8 a.m. to 11 p.m. six days a week and from 10 a.m. to 11 p.m. on Sundays.

Owner Nouhad Altayr plans to free up three coolers in the convenience store on site to sell beer and wine, his attorney, Ahmed Ahmed, told the board. Altayr has owned the store for 20 years and is also a Quincy resident, his attorney said.

"He's seeking the license for a couple reasons," Ahmed said. "He wants to provide further convenience for his clients and his cus-

tomers - his responsible adult customers, obviously - that will come in and make it a one-stop shop, get their beer and wine and go home."

"And frankly supplemental income is important these days the way the economy is, so if he can try and get creative and find a way to bring in more revenue for his family, who also lives here in Quincy, I think that is a double plus."

Altayr has been selling tobacco on site for 20 years without issue, Ahmed added.

No one spoke during the public hearing, and the board granted the request in a unanimous vote.

In other business on Aug. 22, the Board of License Commissioners:

- Granted a special-use permit and one-day beer

and wine license to the Merymount Association for its Beach Market, which will be held on Saturday, Sept. 16, from 1 to 6 p.m. Jay Southwood of Break Rock Brewing said this would be the second year his brewery has partnered with the neighborhood association to run the market.

- Granted the request of MRT Restaurant Inc. d/b/a Pizza Connection for a common victualler license for the premises at 41 Safford St. following a change in ownership. New manager Artan Mertiri said he planned to make no changes to the pizzeria. Its hours of operation will be 11 a.m. to 10 p.m. The license was granted contingent upon final approval from the Quincy Fire Department.

- Granted a common victualler license to Terre

D'Italia for the premises at 304 Victory Rd. Owner Denise Hajar said she and her husband, Mario, wanted to convert her existing boutique into an Italian specialty shop, which will also offer espresso drinks. The store's hours will be noon to 6 p.m. on Wednesdays and Thursdays, noon to 7 p.m. on Fridays, 11 a.m. to 7 p.m. on Saturdays, and 11 a.m. to 6 p.m. Sundays. It will be closed Mondays and Tuesdays.

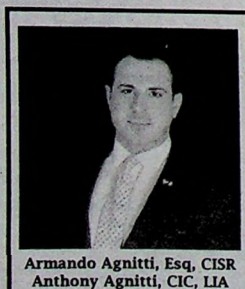
- Granted the request of HN Café LLC d/b/a The Alley for a common victualler license for the premises at 1515 Hancock St. The store's hours of operation will be 11 a.m. to 10 p.m. Sunday through Thursday and 11 a.m. to 11 p.m. Friday and Saturday. Brian Nguyen said he hopes to begin renovating the space within a month. The store will need to be inspected prior to opening.

- Granted a video game license to Virtual Real-

ity Universe LLC for the premises at 11 Newbury St. Manager Dwight Allen-Washington said the facility would give people a chance to play virtual reality games together. The location will be open from 3 to 8 p.m. on Wednesdays and Thursdays, 3 to 10 p.m. on Fridays, noon to 10 p.m. on Saturdays and noon to 8 p.m. Sundays. The license was granted contingent upon final approval from the Quincy Fire Department.

- Approved a change in manager for the Gopuff store at 65 School St., which holds a retail all-alcohol license. Krisjan McClanahan is the new manager of record.

- Approved a change in manager for the Staybridge Suites & Holiday Inn Express Quincy, located at 1 Richard A. Stratton Way, which has an all-alcoholic beverages hotel license. Tricia Putignano-Ferreira is the new manager of record.



Armando Agnitti, Esq., CISR
Anthony Agnitti, CIC, LIA

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New Album Merges Science With Positive Social Messages

'Energetic' By Marsha And The Positrons For Kids And Families

Led by cognitive neuroscientist Marsha Goodman-Wood, the Parents' Choice Gold Award-winning band Marsha and the Positrons has made its mark with families nationwide by blending catchy, "feel good" songs about science and how the world works with positive social messages. The newest Marsha and the Positrons album, *Energetic*, is set for release on Sept. 1.

"I love connecting science with our humanity, and making it fun and exciting," says Marsha Goodman-Wood, a Quincy native. "My goal is to write songs about the important things — kindness, friendship, and taking care of our world and

all its people. I combine these values with science facts and try to wrap them in clever lyrics that are accessible to anyone."

In keeping with its title, most of the songs on *Energetic* are upbeat and cover a range of science topics — bee communication, parts of the brain, startling murmurations, ghost forests, kinetic and potential energy, and cicadas. Other tracks relate to life experiences — learning to tie your shoelaces, anxiety about getting shots at the doctor, enjoying time outside in nature, going to the library, dressing for the weather, and the magic of dreaming. Two numbers really embrace the social mes-

saging that Marsha and the Positrons aims for — "New Leaf," which is about starting the new year with hope for change, and "High Fives," in which Dumi Right's clever rapping and Jamaal "Black Root" Collier's beatboxing enhance the message of sharing positive energy with others.

Known for her award-winning songwriting's vibrant energy, Marsha Goodman-Wood brings to *Energetic* an eclectic group of musical influences ranging from jazz and blues to indie rock. While she includes scientific facts and positive messages in her songs, the listening experience is always joyful and

celebratory, not preachy.

Energetic is a collaborative album, weaving together contributions from a talented group of musicians and indie artists: GRAMMY-nominated hip hop musician SaulPaul; Keith Grimwood of Trout Fishing In America; Tina Kenny Jones of Danny Weinkauf and his Red Pants Band; Dumi Right, recognized as a standard bearer in global and progressive hip hop circles; and Jamaal "Black Root" Collier of the Beatbox Dads. Marsha and the Positrons members featured on the album include Marsha Goodman-Wood (lead vocals, acoustic guitar), Ayanna Gallant (back-

ing vocals, djembe), David Durst (piano, Hammond organ, Wurlitzer, synthesizer, accordion), Jon Guo (bass), and the band's producer TJ Lipple (drums, bass, acoustic guitar, electric guitar, trombone, vibraphone). TJ Lipple, who has produced all of Marsha's records, is a sought-after indie and punk producer in the DC area and performs in the band Aloha (Polyvinyl Records).

Also noteworthy among the album's 18 contributors are sax player Jonathan Parker, who leads a NYC-based jazz combo; DC-based jazz guitar master Tony Harrod; and guitarist Nick Anderson, who has toured with TJ Lipple's indie rock band Aloha.

Previous albums include



MARSHA GOODMAN-WOOD

Positronic (2018, Parents' Choice Gold Award, NAP-PA Award) and *Gravity Vacation* (2012). *Energetic* will be available on all major platforms, including Spotify, Apple Music, YouTube, and Bandcamp.

September Children's Events, Activities At Crane Library

By JULIE RINES

Children's Coordinator

Thomas Crane Public Library

The following events and activities for children are scheduled during the month of September at the Thomas Crane Public Library.

Bruins Autographed Puck Raffle

Since 2009 the Boston Bruins have partnered with the Massachusetts Board of Library Commissioners (MBLC) to encourage reading during the summer months. Since then, over four million people have participated in summer programs. As part of "When You Read, You Score" the Boston Bruins awards special prizes to libraries participating in the statewide summer library program. The Thomas Crane Public Library was the recipient of one of this year's prizes, a puck signed by Brad Marchand.

Are you a Quincy Bruins fan between the ages of 2 and 12? Would you like a chance to win the puck signed by Brad Marchand? Stop by any Quincy library location during the month of September to add your name to the raffle. Only one entry per child. There will be only one winner and they will be notified on October 2nd.

Pajama Storytime for ages 1-5

Join us for a monthly family pajama storytime for the whole family. This program is especially for children ages 1-5 accompanied by an adult.

This month is a "bear-y" special one as we'll be celebrating Septem-bear with stories, songs, and a craft. You and your teddy bear (or other stuffie) are invited to join on Thursday, Sept. 7th at 6:30 p.m. for storytime. You may wear your pajamas if you wish.

Double Booked Book Club

A book club for parents/guardians and their 3-5th grader. You can read the book together or separately and join us to discuss what you read on the second Saturday of each month.

At our first meeting on Saturday, Sept. 9th at 10 a.m. we will talk about favorite reads of summer and you can pick up your copy of the book for October!

PJ Storytime at North Quincy for ages 0-5

Join us at the North Quincy Branch on Tuesday, Sept. 12th at 6:30 p.m. for an evening pajama storytime for the whole family! Children ages 0-5 will particularly enjoy this storytime, as we'll sing songs, read books, recite rhymes, and more!

This program will happen on the second Tuesday of each month.

Panels and Pages Graphic Novel

Book Club for grades 5-7

Children in grades 5-7 are invited to join us on the second Tuesday of each month at 7 p.m. for our Grades 5-7 Graphic Novel book club. Each month we will discuss a different graphic novel.

On Tuesday, Sept. 12th we'll get together for a short meeting to discuss what kinds of books we want to read and how the program will work. Tell us what you've been reading and pick up our discussion book for October.

Puppy Pages @ Adams Shore Ages 6-8

On Wednesday, Sept. 13th from 1 to 2 p.m. meet Elliot the therapy dog at the Adams Shore Library and spend some time practicing your reading with him.

Young readers ages 6-8 are invited to spend 10 minutes reading aloud to Elliot.

Reading takes practice and reading aloud with a patient and non-judgmental canine friend is a great way for young readers to practice and become more confident.

Registration is not required. 10 minute time-slots with Elliot will be assigned on a first come first served basis.

Elliot and his owner Michelle are volunteers trained by Dog B.O.N.E.S. therapy dogs of Massachusetts.

Teddy Bear Craft for ages 7+

September is Bear month so come to the library on Wednesday, Sept. 13th at 2:30 p.m. and make a Paper Bag Bear Puppet and learn some facts about Bears.

This project is for school age children, 7 and older, because it is very detailed and requires cutting out numerous small parts.

Preschool Discovery - Animals for ages 3-5

Join us for Preschool Discovery a hands on parent and child science program that meets once a month at each library location. Activities, experiments and instructions will be provided for science you can do with your child.

In September learn about animals! Look at paw prints, sort some animals and find out what keeps animals warm in cold water!

The program will be at the Wollaston Library on Thursday, Sept. 14th from 3 to 4 p.m., the North Quincy Library on Saturday, Sept. 16th from 10 to 11 a.m., the Adams Shore Library on Wednesday, Sept. 20th from 3 to 4 p.m. and in the Main Library Children's Room on Saturday, Sept. 23rd from 10 to 11 a.m.

Night Owls Book Club for Grades 3 and 4

We invite children in grades 3 and 4 to join us to discuss a chapter book or graphic novel on the second Thursday of each month at 7 p.m. We'll vote for upcoming titles at the end of each meeting.

On Thursday, Sept. 14th we'll get together discuss what kinds of books we want to read and how the program will work. Tell us what you've been reading and pick up our discussion book for October.

Arabic Storytime @Adams Shore ages 0-7

The Library is pleased to be working with dedicated community members to offer a monthly storytime in Arabic.

Join us on Monday, Sept. 18th at 6:15 p.m. at the Adams Shore library for this program which will be conducted primarily in Arabic with the intention of helping young Arabic language learners to improve their skills. This program is suitable for children up to age 7.

Homeschool Interest Group Meetup

Homeschool families are invited to join us to discuss future homeschool-focused programs and activities at the library.

We will be hosting two meetings, one on Tuesday, Sept. 19th at 10 a.m. and the other on Saturday, Sept. 30th at 2:30 p.m. Please join us for whichever fits your schedule better.

While these meetings are intended for adult participation, a craft will be provided for children who attend with their grown-ups.

Dungeons and Dragons for ages 10-15

New and experienced players are invited to join us in person at 7 p.m. on Tuesday, Sept. 19th for this introduction to D&D 5th edition game play. Take on the role of a fantasy

hero in this Dungeons & Dragons game. We will meet for an hour and a half to play this campaign. Please note: There is no wait list for this program, but we will be running more campaigns in the coming months.

Registration is required for this program. Register through our online calendar. This program is for ages 10-15.

This program will take place in the Main Library Children's Room. Character sheets will be provided.

Super Awesome Hangout Club for grades 3-5

Calling all 3rd, 4th & 5th graders! Come hang out with old friends and make some new ones! Come hangout with us on the third Wednesday of each month in the Children's blue program room.

Our first hangout will be on Wednesday, Sept. 20th at 3 p.m. when we will be water coloring/reverse coloring.

No registration required, while supplies last.

EXPLORE @Wollaston for grades 4-6

EXPLORE (Experiment, Play, Learn, Observe, Read, Examine) is a series of monthly hands-on science workshops for children in grades 4-6, covering a wide variety of topics.

Meeting at the Wollaston Branch Library on the third Wednesday of each month from 7 to 8 p.m. each workshop has a short portion of instruction and then exploration and experimentation. Topics range from forensic science to bubbles and parents/caregivers are welcome to participate as well alongside their children.

Join us at the Wollaston Library on Wednesday, Sept. 20th at 7 p.m. to explore Hibernation, Estivation and Migration and how they work.

Review Crew for grades 5-7

Do you like talking about books, movies, or video games? Want your favorites displayed in the children's room? The Review Crew for 5-7th graders will meet on the third Thursday of each month at the Main Library to present and discuss our thoughts on library materials, write reviews, and put together a display to share our favorites with the rest of the children's room!

For our meeting at 7 p.m. on Thursday, Sept. 21st our theme is "5 Gold Stars," so bring in your favorite book to share with the group!

Teddy Bear Tea Party for all ages

Grab your favorite stuffed animal or doll, dress up for a party, and join us for a Teddy Bear Tea Party on Saturday, Sept. 23rd at 2 p.m.!

Families and their stuffed animals are welcome to come hear a teddy bear story, listen and dance to some fun music, and share some Teddy Grahams and apple juice.

Parents and caregivers, please be aware that there will be snacks served at this event. If your child has any food sensitivities, allergies, or dietary restrictions, please use your best judgement and perhaps bring your own snack and drink so your child does not feel left out.

Podcasting Ages 10-15

Make your voice heard! Do you have a subject you just can't stop talking about? Or maybe you have a story you want to tell out loud. Podcasts are a great way to share what's on your mind. They can be informative, funny, or scary. You can make one on your own, work with friends, or even interview new people for each episode! Join us for a short workshop on podcasting basics and start recording

Scenes From The 36th Annual Quincy August Moon Festival



DANCE REVELASIAN of Quincy performs the "Winding Ravine" during the 36th annual Quincy August Moon Festival. The festival was presented by Quincy Asian Resources in partnership with the City of Quincy. Quincy Sun photos/Tom Gorman



MISS MASSACHUSETTS, Chelsea Vuong, introduces performers.



CJT Dream Dance of Cambridge prepares to perform "The Story of Luoyang" dance.



HUNDREDS FILL Coddington Street to check out food and community service vendors at the 36th annual Quincy August Moon Festival. More photos on Page 31.



THE GUANGZHOU ASSOCIATION of Quincy performs a traditional Chinese dance.



NAFFAA Massachusetts Dance Troupe performs the Salidmay Dance.



A BAMBOO DANCE is performed by The NAFFAA Massachusetts Dance Troupe.



DANCERS FROM the Bailemos Dance Studio of Boston perform the Cha Cha Party dance.

Wu Outlines Vision For Long Island

By SCOTT JACKSON

Boston Mayor Michelle Wu toured Long Island this past week and shared her vision for a planned recovery campus on the island.

Wu toured the island on Aug. 23 along with Dr. Bisola Ojikutu, the executive director of the Boston Public Health Commission. They were joined by a number of service providers who either previously used the facilities on Long Island or plan to do so in the future.

"We were able to walk through and assess and get a sense of just being there in person what we could do," Wu said during a press conference after the tour, "and

all the possibilities for what a recovery campus could be used for in this moment of great need in the city, much of which is most visible at Mass Ave and Melnea Cass Boulevard and the surrounding area, but really we know represents tremendous need from families across every neighborhood in Boston and across every city in the commonwealth.

"I'm really thankful for all of the work that is already underway in terms of planning what that campus will involve and how we can all be coordinated to set up a system that really complements the resources that will be available in the city

of Boston, including some other ones that are under development, including the Shattuck."

Wu on Aug. 10 announced Boston had received a Chapter 91 license from the state for the bridge – a decision Quincy Mayor Thomas Koch has said he would appeal. With the permit in hand, Wu said Boston could begin planning for the recovery campus on the island, which would be ready to open four years from now when the new bridge is complete.

"As we keep our eye on that four-year timeline, we're already taking steps now," Wu said at the Aug.

23 press conference. "There is \$40 million set aside in this current budget for stabilization of the buildings... There's water damage and other changes to the infrastructure that we know will be necessary no matter what programming will be inside. And then we also have \$83 million set aside for bridge construction as we get underway having secured the DEP permit, the Department of Environmental Protection permit, two weeks ago and are finishing the last few steps in that process to make sure we have all of the approvals that are necessary.

"It's a moment of great momentum and excitement

and gratitude as we're together with all of the provider community here who have been working very closely with the city and each other for a long time, and now we're looking concretely at a resource that will be available hopefully in a four-year time span."

Ojikutu said the facilities on Long Island – which closed in 2014 when the island was evacuated due to concerns about the structural integrity of the former bridge – were a critical resource to Boston and the region as a whole.

"I think it's important also to remind ourselves just how critical of a resource this was," she said, "and how much of an asset this was for the city of Boston as well as for the state and for the region, and to think to ourselves we're seeing the brunt of not having it available at this point in time."

The services in the new campus will be better coordinated with each other and with services on the mainland, Ojikutu said, as opposed to being siloed like they previously were.

"I think that we had services that were there that were really wonderful and were operated by many of the organizations that were here today, but a lot of them were fragmented – they were siloed," she said.

"What we're looking to do is truly reimagine and think about what we can do differently moving forward to make sure we actually have a coordinated system of care for people living with substance-use disorder and mental illness. What we're looking for is something that is truly synergistic with what is available on the mainland. We want to build a continuum of care for people."

Wu said the new campus would provide longer-term care for patients.

"We envision this as less so of a majority overnight just emergency shelter place to sleep," she said, "and more of that comprehensive campus with a longer-term stay that provides for, as mentioned, all of the various needs that someone might have as they are living with substance use, which includes of course medical treatment and recovery and counseling and care but also that workforce development piece and all of the other parts of your life you can grow in and find stability in."

Wu reiterated that the services on the island would be coordinated with each other.

"When there were different programs, each program kind of did their own thing and had their own base of individuals and patients they were working with. Sometimes people would go through multiple programs, but it was really kind of you come on the mainland and then if you have a spot in a program you'd go to that program," Wu said.

"We envision this as a comprehensive, coordinated and very cohesive seamless flow of many providers and many helping hands envisioning what that whole spectrum of services looks like that will be perceived by patients and individuals as one and the same rather than this door and that door and that door."

The city of Boston's budget for the current fiscal year includes \$40 million to stabilize the buildings on Long Island. Boston officials have said the total cost for the campus on the island won't be determined until their plans are finalized.

Gov. Healey Signs Data Equity Law

Governor Healey recently signed the Fiscal Year 2024 Budget passed by the Legislature which included several important policy items. One such item mandates better reporting for racial and ethnic data.

A priority for the House Asian Caucus, the data equity law will require uniform data collection by all state agencies that include a race/ethnicity question on their state forms and mandate that such data be made publicly available.

"Data equity has been a priority for the House Asian Caucus for a number of years now and we're extremely proud to have gotten it over the finish line," said state Rep. Tackey Chan (D-Quincy), Chair of the House Asian Caucus. "Accurate data collection is imperative to combatting systemic inequities and better understanding the needs of our diverse communities. I want to say a special thank you to Speaker Mariano and Chair Michlewitz for including it in the House Budget, to the Senate and members of the conference committee for ensuring the language made it into the final budget, and to the Governor for signing it into law.

"I also want to thank all the advocates including the APIs CAN! coalition, and numerous organizations and non-profits that serve communities of color across Massachusetts for their steadfast support and advocacy in pushing this issue forward," Chan added.

The optional race/ethnicity question on state forms will now have to ensure residents are able to self-identify as more than one race or ethnicity and

have the option to choose a subcategory for aggregate racial labels; for example, an individual would be able to choose Irish instead of White or Vietnamese instead of Asian. Breaking down data into subgroups allows for a better understanding of the diverse experiences and needs of Massachusetts' communities.

Supporters of the data equity law say this policy shift is especially important to many communities of color who are often lumped together thereby erasing their varying experiences. For Asian American Pacific Islanders, the model minority myth has been especially harmful, perpetuating the perspective that AAPIs are universally successful. Aside from such myths being used as a wedge between communities of color, they also mask the realities of many AAPI communities.

The AAPI community is a heavily diverse community in their immigration experiences, their languages, and their cultures. Most importantly, though, they have varying levels of educational attainment, income, health outcomes, and English-proficiency.

"For many immigrants from Vietnam and other parts of Southeast Asia, the refugee experience can have a significant influence on health and economic outcomes," said George Huynh, VietAID Executive Director. "Aggregate data that lumps all Asian Americans together often covers up this difference, making our communities appear to not need attention or intervention."

Local communities can-

not be solely reliant on the U.S. Census for demographic data. With data only collected every 10 years, the need for up-to-date and consistent information to guide policymaking has become clear. Moreover, connecting demographic data to state agencies allows for a better understanding of the needs of local communities whether they be food assistance, housing vouchers, ESL programming, or mental health services. With more accurate data, policymakers are better able to recognize patterns of discrimination and systems of inequity. Legislators will not be reliant on anecdotal stories of constituents struggling to apply for benefits and will instead be able to use quantitative data to advocate for new policies, programs, and services.

"The House Asian Caucus' leadership on data equity will have great impact on our residents and communities for years to come," said state Rep. Tram T. Nguyen (D-Andover), Vice Chair of the House Asian Caucus. "I was proud to work with my colleagues to help pass this new law that will require state agencies to strengthen data collection practices and reporting of racial and ethnic data, so we have more accurate information to better target resources to communities and serve low-income and minority populations in our Commonwealth."

"The importance of disaggregating multiple data points allows for potential solutions in promoting equitable access to opportunities for all groups of students, especially underrepresented and marginalized groups," said Sothea Chiemruom, Cambodian Mutual Assistance Association (CMAA) Executive Director.

The House Asian Caucus worked diligently to ensure personal identifying

information connected with demographic data would be protected. Like the census, this data would be subject to federal privacy laws. Additionally, it would be subject to state-level privacy protections. The Caucus also worked to ensure that the race/ethnicity question on a state form would remain voluntary; no individual would be required to answer in order to receive state services nor would they be penalized for non-participation.

"I'm proud of Massachusetts for passing Data Equity into law," said state Rep. Donald Wong (R-Saugus), member of the House Asian Caucus. "Requiring uniform data collection across state agencies while protecting people's privacy will ensure we understand the needs of our communities and can streamline how best to serve them."

The Asian and Pacific Islanders Civic Action Network (APIs CAN!) is a coalition of community organizations in Massachusetts and was a major advocate and proponent for the passage of the new law. Partnering with the House Asian Caucus, they were integral to the organizing efforts needed to ensure community support and to provide expert testimony to legislators.

"We celebrate this major win for all communities of color that have been historically marginalized and underserved," said Angie Liou, executive director of Asian Community Development Corporation. "On one hand, this is about visibility. But this is also about making sure our communities get the resources they need. Data equity ensures the people of Massachusetts are seen with nuance and that the issues we face are given the attention they deserve."

SATURDAYS IN THE PARK Wollaston Hill

Neighborhood Association

The Wollaston Hill Neighborhood Association is excited to bring back the Saturdays in The Park event series, an outdoor music series featuring a craft beer garden (also with wine, seltzer, and non-alcoholic options), food from Craig's Cafe, live music, and family fun. For more info visit: WollastonHill.com

SCHEDULE

SATURDAY
09.09.23
2 PM - 7 PM

The Rudder Kings
The Fall

SATURDAY
09.16.23
2 PM - 7 PM

Saltwater Sons
SPX

SATURDAY
09.23.23
2 PM - 7 PM

Anthony Andronico
Red's Neckas

SATURDAY
09.30.23
2 PM - 7 PM

Sample the Cat
The Pointe

The Wollaston Hill Neighborhood Association Board:
Walter Hubley, President
Kathryn Hubley, Vice President
Bryan Enos, Treasurer
Robert LaRocca, Corresponding Secretary
Eileen Enos, Recording Secretary



More Quincy news:

The Quincy Sun.com

Courtney Perdios Candidate For School Committee

Courtney Perdios announces her candidacy for Quincy School Committee.

The following is the text of her campaign press release:

Perdios is running because right now no one on the School Committee has children currently in the Quincy Public Schools (QPS). Courtney firmly believes having the voice of a current QPS parent on the school board is vital to making sure that the issues being discussed and policies being put in place are relevant and impactful to today's students. The day-to-day interaction with the school system that a parent brings is critical to making sure the leadership of our school system is connected to the experiences, needs, and challenges of our students, our families, and our teachers and staff. Having a current parent on the School Committee also ensures residents' tax dollars aren't being wasted, and are being spent on programs and personnel that are most needed right now.

Perdios is a parent of three children in the Quincy Public Schools—Cass (a rising sophomore at Quincy High School), MJ (a rising 8th grader at Central Middle School), and Hannah (a rising 7th grader at Point Webster Middle School). Courtney, her children, her husband (Steve), and their dog (Loki) live on Ruggles Street in Quincy Point.

This is Perdios's third bid for a seat on the School Committee. She first ran in 2019. Despite coming in a few hundred votes shy of a seat, her strong showing in that election earned her an appointment to the School Committee in February 2021 when a member stepped down mid-term. Unfortunately, Courtney was just 52 votes short of keeping her seat for a full 4-year term later that year in the November election. "Third time is a charm,"



COURTNEY PERDIOS

says Perdios.

During her 10 short months on the School Committee in 2021, Courtney asked thoughtful and probing questions at each and every meeting. She initiated a review of security cameras inside school buildings and on school grounds, started the ball rolling on a feasibility study for bringing 5th graders back to Clifford Marshall and Lincoln Hancock Elementary Schools, advocated for a master list of school facility needs, defended the importance of open forum letters being read aloud at meetings, asked for recycling bins on school playgrounds, advocated for School Committee meetings to be reopened to the public post-COVID, investigated the viability of providing students with 1:1 Chromebooks long-term once COVID funding ended, suggested offering students in the APC program at Central bus transportation if Central wasn't their district middle school, and was part of the district-wide effort that planned for and returned students safely back to in person learning post-COVID. At every meeting, she was a supportive and appreciative voice for our teachers and staff, and a strong advocate for parents across the city.

Perdios believes that a School Committee member should care less about being a politician, and more about being an advocate. She says, "It's not enough to simply point out the areas that need

to be improved in our system during an election year; you have to be willing to put in the hard work to make change happen every single day."

Since leaving the School Committee, Perdios has continued to be an active volunteer, serving as Co-Vice President of the Quincy High PAC, Co-Treasurer of the Central PAC, and Treasurer of the Point Webster PTO. She helped plan and lead the Senior Stay Out after-prom event for seniors at Quincy High; she organized the Annual Clifford Marshall/Point Webster Family Fun Run & Wellness Expo; and she remains an active board member on the MA Gifted & Talented Advisory Council to the Department of Elementary & Secondary Education (DESE).

Perdios is proud to be the only School Committee candidate who has earned the endorsement of the Quincy Education Association (QEA), the teachers' union in Quincy. She is also a supporter of the trades and our local labor unions, and has been endorsed by Ironworkers Local 7, Tunnelworkers Local 88, Plumbers & Gasfitters Local 12, and IBEW Local 2222.

Perdios is originally from North Attleboro, and graduated from Bishop Feehan High School in 1997. She received a B.A. in English and Art from Stonehill College in 2001. Courtney worked at Art New England and SAIL Magazines after college, and has worked as a copy editor at Boston University's School of Public Health since 2010, as well as teaching fitness classes at Northeast Health & Fitness (formerly Quincy Athletic Club) and Crunch Fitness in Braintree.

For more information about Courtney Perdios or to volunteer for her campaign, email courtneyperdios@yahoo.com, call/text 508-944-3990, or visit www.courtneyperdios.com.

READERS FORUM

Quincy Must Continue To Grow – Wisely

I believe a city must evolve and grow, or it loses its attractiveness to longtime residents and newcomers. Over the past 40 years, I have seen first hand, first as a local businessman, then as a city councillor and now as president of our Chamber of Commerce how important it is to embrace change and not standstill. That's why I support Mayor Tom Koch's commitment to move our city forward, and to encourage responsible and wise growth. It's also why I love living and working here.

The city first began to grow when the MBTA's Red Line arrived in the 1970s. State Street South, Crown Colony Office Park, the Stop & Shop Building and Presidents Place were the earliest examples of "transit oriented" commercial development. These projects brought blue-collar construction jobs, white-collar office workers and much needed new life, and new revenue to our city.

I was a city councillor when Marina Bay was developed at an abandoned airport near Squantum; Walmart and multi-family housing re-purposed an old,

junkyard in Quincy Point; and a 27-hole golf course was designed and built to cap a landfill in West Quincy. All of these projects were controversial at the time. However, they were brilliantly executed and are now seen as an important and integral part of our city. Quincy evolved, grew wisely, and changed for the better.

I would argue that over the past decade, under the leadership of Mayor Tom Koch, the city has continued to grow wisely, evolve and change for the better. The new, multi-family housing that has come on line downtown and near MBTA stations during his administration have given residents and newcomers a place to live, to dine-out and to shop; while new revenue generated by this development has been reinvested back into the city. The beautiful new downtown public gathering spaces, revitalized and rebuilt parks, five new public school buildings, a new public safety building and vast improvements and upgrades to public buildings, cemeteries, roads and infrastructure are all posi-

tive results attributed to new growth in our city. Additional revenue has allowed Mayor Koch to fully fund and invest in our teachers, our police officers and fire personnel, making Quincy the envy of our neighboring communities. Public education and public safety has never been stronger than it is today.

None of the changes, new growth and development has been without disruptions and inconveniences. But once completed, Ashlar Park, The Abby, 1200 Hancock Street and the Masonic Temple will complement completed projects such as One Chestnut Place, Cliveden Place and West of Chestnut, to join Marina Bay, Presidents Place and Crown Colony as positive and welcome additions to the city of Quincy. Tom Koch should get credit, and your vote, for the vision and fortitude he has shown over the past decade to move our city into the future. It's one that we can all share!

Tim Cahill
Quincy
President
Quincy Chamber
Of Commerce

Library Bookstore Reopening Sept. 5

The Friends the Thomas Crane Public Library invite the public to a grand reopening and ribbon cutting for at the library bookstore Tuesday, Sept. 5 from 2-5 p.m.

The bookstore has a new location inside the atrium of the main library at 40 Washington St., Quincy.

The reopening will include a short ceremony at 2 p.m. followed by light refreshments.

freshments.

The new store is fully stocked with new-to-you books, music and movies for all ages. The bookstore accepts both cash and credit cards. All sales benefit the

Friends, which funds youth & adult programming, museum passes, and raises awareness of the library's vital role in the educational and cultural life of Quincy.

Quincy Point Church

The Summer of Love sermon and craft series wraps up Sunday, Sept. 3 at 10 a.m. at Quincy Point Congregational Church, 444 Washington St. in the air-conditioned Sanctuary. This week's focus is "Loving God." Holy Communion is celebrated by intinction this week.

The service will be followed by fellowship and craft time for all ages in the

downstairs Social Hall. It is a craft wrap up week also to finish any of the past projects.

Next week, Sept. 10 will be Welcome Back Sunday and Putting Love Back to Work Day. The 10 a.m. worship will be followed by brunch and a Volunteer Fair. Sunday School will also begin, and the children and youth will be dismissed during worship.

QYH Alumni Hockey Game At Youth Arena

Quincy Youth Hockey Association will be hosting an Alumni Hockey Tournament, Sept. 16th from 9:30 a.m. to 12:30 p.m. at Quincy Youth Arena. The response so far has been awesome and Quincy Youth Hockey Association invites all past QYHA alumni to dust off the skates and shimmy into your gear to get ready to play against your family and friends.

The alumni event will feature a mini-tournament with 25-minute games, and a two game guarantee. The registration fee is \$50 per player. All proceeds will go towards Quincy Youth Hockey.

A family fund day for members and skaters will take place outside with food donated from the Norfolk County Sheriff's office, a bouncy house, face painting and more.

To register visit the website: www.quincyyouthhockey.net or email Matt Gibbons at director@qyha.net or Alicia MacPherson at adminstrator@qyha.net.

Beatles Tribute At the Ruth Gordon Amphitheater Rescheduled To Sept. 3.

The Beatles Tribute Concert originally scheduled on Aug. 18, and canceled due to inclement weather, is now rescheduled for Sunday, Sept. 3 at 6 p.m. at the Ruth Gordon Amphitheater.

The concert will feature New England Beatles Tribute Band "Studio Two" with Stephen Murray, as John Lennon; Al Francis as Paul McCartney; Robert Murray as George Harrison and Richard Rampino as Ringo Starr.

Those planning on attending the concert are encouraged to dress up in your favorite Beatles era outfits, or as one of your favorite Beatles. Arrive early to be included in a group photo.

During intermission there will be a 'Who Wore it Best' contest for a fabulous prize.

The Ruth Gordon Amphitheater is located in Merymount Park, Vietnam Veterans Drive, Quincy.

For more information and all updates at the Amphitheater, visit: friendsofrga.org.

On Facebook: Friends of Ruth Gordon Amphitheater.

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OBITUARIES

Raymon F. 'Ray' Keefe, 89

Raymon Fredrick "Ray" Keefe, 89, of Quincy, MA, passed away on Saturday, Aug. 19, 2023, in his home surrounded by his loving family. Born on Jan. 10, 1934, in Quincy, to the late Philip and Della Keefe. Ray was a warm, loving, hard-working man who placed his family above everything. He was the beloved and loving husband to Virginia Spadocia Keefe for 65 years.

Ray was born and raised in the beautiful section of Quincy - Houghs Neck, alongside his late seven siblings: Dorothy (Dot) Guarnieri, Philip Keefe Jr., Katherine (Kay) Interland, Gerard (Jerry) Keefe, Audrey McInerney, Virginia (Ginny) Keefe-McBride and George Keefe.

He attended Quincy High School, where he excelled in basketball and football. He was later inducted into the Football Hall of Fame. Ray proudly served his country in the US Army, stationed at West Point. After his military service, he returned home and married his high school love, Virginia Spadocia. Together, they built their family home, where they lovingly raised their four children.

In his professional life, Ray had a successful career in the HVAC industry, where he spent many years at Local 17. Later, he opened his own HVAC company, generously encouraging and employed others in the trade.

Outside of work, Ray had a passion for digging clams down Edgewater Beach, tennis, golf and socializing with his many lifelong friends. He enjoyed fixing everything. He was always working on his home, using his skills to ensure everything was in perfect order.



RAYMON F. 'RAY' KEEFE

Ray will be lovingly remembered and deeply missed by his beautiful wife Virginia, his daughters Lori Lucier and husband John, Elizabeth Tucker and husband Michael, Valerie Riley and husband Kevin, and son Gregory Keefe, all of Quincy. The proud Papa of Jared Tucker, Morgan Bourne, Rachel Lucier, Dominique Lucier, and John Riley, and lovingly the "Old-Papa" to his great-grandchildren Jackson and Alana Tucker.

Visiting hours are respectfully omitted.

Ray's Funeral Mass will be celebrated on Friday, Sept. 1, 2023, at 11 a.m. at Holy Trinity Parish in Most Blessed Sacrament Church, 1015 Sea St., Quincy. Please join us in honoring and celebrating the life of Raymon Keefe, a devoted family man, and a true friend.

In tribute to Ray's honorable and faithful service to our country, U.S. Army Military honors will be held immediately following the Funeral Mass.

Interment is private. In lieu of flowers, memorial contributions may be sent in Ray's name to: Parkinson's Foundation <https://www.parkinson.org> or VA Boston Healthcare System <https://www.pay.gov/public/form/start/52253675>.

See www.Keohane.com for directions or online condolences.

Linda M. Quinn, 64

Linda M. Quinn of Lincoln Park, NJ, formerly a longtime resident of Quincy, passed away on Friday, Aug. 18, 2023. She was 64.

She was born in Winchester, MA to Marie and Charles Quinn and raised in Brockton. After graduating from Brockton High School in the Class of '76, Linda began working as an administrative assistant for BFDS. She moved to Quincy to be closer to work and would call it home for most of her life. After retiring, Linda moved to New Jersey to be closer to family.

Linda was creative and often used her spare time making pottery or updating a space with her knack for interior design. She was sociable, intelligent and a caretaker at heart. She very much enjoyed time spent with her family cherished her daughter and grandchildren. Her kindness and generosity will be missed by all who knew her.

Devoted mother of Erica Kintscher and her husband Christopher of Fairfield, NJ. Cherished grandmother of Anthony, Christian and Jaxson Kintscher. Daughter to Charles Quinn and his wife Pat of Newton, and the late



LINDA M. QUINN

Marie Martorana and her surviving husband, Frank of Brockton. Loving sister to Nancy Koba and her husband Wade of Ossining, NY, Karen Quinn of Quincy and the late Stephen Quinn. Aunt to Miranda Koba, Stephen Koba, and Katie Quinn-Cyr.

Visiting hours were held Wednesday, Aug. 23rd, in the Keohane Funeral Home, 785 Hancock St., Quincy. A Celebration of Life Service was held in the funeral home on Thursday, Aug. 24th, prior to the Funeral Mass in St. John's Church, Quincy. Cremation followed.

In lieu of flowers, please consider making a donation in memory of Linda to a charity of one's choice. Please see www.Keohane.com for directions and online condolences.

Paul M. 'Pic' Picarski

Paul M. "Pic" Picarski, of Quincy, died Aug. 26, 2023.

Paul adored his family and being "Gaga" to his granddaughters. He grew up in Houghs Neck and graduated from Quincy High School where he played football. He was inducted into the Football Hall of Fame for Quincy High and was on the committee. He graduated from Holy Cross and worked as a teacher for Quincy Public Schools before working as an applications engineer until retiring. Paul was a member of the Quincy Yacht Club and loved boating and being on the ocean. He loved to sing and was everyone's best friend. Paul was an intelligent, inviting, and outgoing person who always made you feel welcome. He will be greatly missed by all who knew him.

Son of the late Stanley and Wanda Picarski. Beloved husband of Karen A. Picarski of Quincy. Loving father of Danielle Picarski of Quincy and Paul M. Picarski, Jr. and his wife Sabreen Dimero of Charlotte, NC. Cherished brother of Barbara Murphy of Westwood, Stanley Picarski, Jr. and his wife Kathleen of Quincy, Margaret Dunn and her husband Bill of Quincy,



PAUL M. 'PIC' PICARSKI

and the late John and Stephen Picarski and brother in law of Fay Picarski. Loving Gaga of Eva, Isabella, and Kaiya Picarski. Also survived by many nieces and nephews.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Friday 4-7 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy. A Celebration of Life Service will be held in the funeral home at 10 a.m. on Saturday prior to the Funeral Mass in Holy Trinity Parish at Most Blessed Sacrament Church, Quincy at 11 a.m. Cremation will follow.

In lieu of flowers, donations in memory of Paul may be made to the Bill Dunn Jr. Memorial Scholarship, 105 Edgewater Dr., Quincy, MA 02169. See www.Keohane.com for directions and online condolences.

Helen Weiser, 97

Helen (Musmeci) Weiser, 97, of Hull, died peacefully Tuesday, Aug. 15th at Alliance Health at Marie Esther Nursing Home in Marlborough, MA. She was born to the late Charles and Nancy [Deletoso] Musmeci, June 16, 1926, in Dorchester, MA.

Helen graduated from Dorchester High for Girls in 1943. Helen went on to work for an insurance agency in Boston immediately after high school. She then worked for the FBI as a stenographer under J. Edgar Hoover. When her six children were all in school, she returned to work as a Sales Support Specialist at Westinghouse in Framingham MA, where she later retired. Helen loved to serve her community. She began her community involvement as early as advocating for the League of Women Voters while living in Framingham and her children were young. Helen went on to serve as the president of the Simpson Park Garden Club in Framingham before permanently moving to Hull. There, she took on the role of president in the Hull Garden Club and held various positions within the club and the Garden Club Federation of Massachusetts.

She played a key role in establishing the Hull Vietnam War Memorial dedication and the Blue Star Memorial for veterans. As the president of the Hull Friends of the Library, she was a driving force behind the promotion and enhancement of library programs including Books in Bloom, the Library Lecture Series and a scholarship that now bears her name. Her gardening column, "News Sprouts," was featured in the Hull Times for many years. Her impact on the town of Hull is evident in the traffic islands she nurtured with plants, the dedicated room in her name at the library, the school children at Jacob's Elementary that she read to, and the individuals she assisted as a volunteer at Wellspring. She was always visible in the community as a member of the Hull Historical Society, Lifesaving Museum, The Red Hats, The Society of FBI Alumni Boston, and the Village Association. Her faith was the cornerstone of her life and she could be found at St. Mary's of the Assumption Parish every Sunday. In 2014, the town of Hull honored her as a Hull Hero in recognition of



HELEN WEISER

her years of dedicated community service.

She is survived by daughters, Adrienne Garner [Wesley] of Goldsboro NC, and Gwenn O'Keefe [Michael] of Franklin; sons, Eric Weiser of Hull, Matthew Weiser of Lebanon ME, and Kurt Weiser [Erica] of Waxhaw NC; daughter-in-law Peggy Weiser of Tewksbury. She is also survived by her 20 grandchildren: Leah Sisco [Glenn] of Whitman, Matthew Weiser [Katherine] of Puerto Rico, Anthony Garner [Kristen] of Goldsboro NC, Kurt and Kerry Garner of Greenville NC, Alexander Garner [Amanda] of Ann Arbor MI, Patrick Weiser of Poughquag NY, Laura Rowitsch [Zach] of Tewksbury, Olivia, Jake, Sam, Annabelle, Luke, Eleanor, and Ruth Weiser of Maine, Erika Weiser of Salem, Nicholas Santucci of Winter Park FL, Alexis Weiser of Hull, and Jackson and Lola Weiser of Waxhaw NC; and 11 great-grandchildren: Amari, A.J., and Mia Sisco of Whitman, Liam and Hadley Garner of Goldsboro NC, Charlotte, Nikolai, and Penelope Rowitsch of Tewksbury, Tenley and Michael Weiser of Puerto Rico, and Abel Weiser of New York. She is also survived by her sister-in-law, Anne Musmeci of Hull, and numerous nieces and nephews. She was preceded in death by her husband of 60 years William Weiser; son Thomas Weiser; brothers Richard Musmeci and Charles Musmeci Monte and; sisters Nancy Musmeci and Mary Kosak.

A Funeral Mass was celebrated Aug. 25th at St. Mary's of the Assumption Parish, 208 Samoset Ave, Hull. Burial was in the Bourne National Veterans' Cemetery the same day.

In lieu of flowers the family is requesting that donations be made to The Friends of the Hull Public Library, P.O. Box 894, Hull, MA 02045 or The Hull Garden Club, P.O. Box 27, Hull MA 02045.

Dr. Elizabeth A. Bostrom

Dr. Elizabeth A. Bostrom, of Quincy, passed away on Aug. 22.

Visiting hours were held on Monday, Aug. 28th at the Alfred D. Thomas Funeral Home, 326 Granite Ave., Milton, MA. A Fu-

neral Mass was held at St. Agatha Parish after visiting hours. Burial followed at St. Joseph's Cemetery, West Roxbury.

See www.alfreddthomas.com for full notice.

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THIS NEWSPAPER

Quincy Woman Starts Fundraiser For Mass. Native After Maui Fires

By SCOTT JACKSON

A Quincy woman has launched an online fundraiser to benefit a Massachusetts native and his family who lost their house in the Maui wildfires.

Debbie Weisman Clasic began the fundraiser on GoFundMe to benefit Max Tornai and his family earlier this month in the wake of the fires. The fundraiser had raised more than \$25,000 as of Tuesday morning, surpassing its original goal of \$15,000.

"Amazingly, we have raised over \$25,000!" Weisman Clasic said in an email. "One little ol' Quincy resident and the power of the internet! I'm so humbled and grateful."

A Massachusetts native,

Tornai moved to Maui 15 years ago where he lives with his wife, Mary, and son, Ollie. Tornai works for Habitat for Humanity.

"Ironically, he has spent the last decade working for Habitat for Humanity helping others who don't have homes," Weisman Clasic said. "Now he finds himself without a home."

Weisman Clasic and Tornai formerly worked together. On the GoFundMe page, she said that, "He is fun, funny, witty, caring, hard-working, dedicated, and above all, a really great friend."

"I used to work with Max, but I've had the pleasure of meeting Mary and Ollie and love watching them all together. I'm grate-

ful that they have each other through this incredibly trying time!" she added.

"Sadly, Max, Mary, and Ollie lost their home to the fires in Maui. Thankfully,

they are okay physically, but they've lost everything. It's truly devastating."

Donations to the Tornai family can be made online at gofund.me/9b24e71e.

HarborOne Foundation Continues Support Of Early College High School Pathway Program

The HarborOne Foundation has made another generous donation to support the upcoming third year of Quincy's Early College High School (ECHS) Pathway Program, a partnership between Quincy College and Quincy Public Schools which provides students the opportunity to experience post-secondary education while still in high school.

Joseph Silva, Vice President/Branch Officer for HarborOne Bank, presented the \$7,500 donation to Quincy College President Dr. Richard DeCristofaro and Meghan Giovannoni, the college's Vice President of Student Success and Partnerships.

As many as 250 students are expected to be enrolled this fall in ECHS, designed for students in grades 10 through 12 at Quincy and North Quincy High Schools who tend to be first-generation, from low-income families, are English language learners, and/or have disabilities. Those enrolled in the program earn college credit by taking a sequence of college courses taught by

Quincy Public Schools instructors. ECHS Pathway courses are aligned with Quincy College courses, and college faculty collaborates with the high school instructors to ensure that the courses are delivered as a college course would be.

"HarborOne Bank and its Foundation exemplify what

it means to be good neighbors," said Dr. DeCristofaro. "We're deeply grateful for the continuing support of the Foundation and its president, Jennifer White, for making such a positive difference in the lives of our students."

The Bank and its Foundation's collaboration with

Quincy College extends beyond the Early College High School Pathway Program; throughout the school year, HarborOne Bank representatives visit the college's First Year Seminar classes to discuss the importance of financial literacy and provide information and guidance on financial planning to students.



THE HARBORONE FOUNDATION recently donated \$7,500 in support of Quincy's Early College High School Pathway Program. From left to right: Joseph Silva (left), Vice President/Branch Officer for HarborOne Bank; Quincy College President Dr. Richard DeCristofaro and Meghan Giovannoni, the college's Vice President of Student Success and Partnerships.

Courtesy Photo

OBITUARY

Thomas M. Roche

Thomas M. Roche of Quincy died Aug. 23, 2023.

Tom was raised in Quincy, one of five children. He was a 1980 graduate of Quincy High School. He was a gifted athlete playing multiple sports in the Quincy youth programs and Quincy High School. He coached Quincy Youth soccer and was an avid golfer. He worked as an underground troubleshooter for Eversource for 40 years. He was UWUA Executive Board Member of Local 369 and Trustee of Members Plus Credit Union.

His greatest moment and joy in life was the day his son Thomas was born. He so loved watching his son grow, play sports, and see the wonderful man he has become today. Tom will always be remembered for his strong moral character, love of family and friends, the man of a million stories and always the one who could make you laugh.

Loving father of Thomas W. Roche and partner of Jacqueline Duffy of Quincy. Beloved son of William T. Roche (predeceased) and Maureen (O'Brien) Roche. He is the beloved brother of Joan Barove and her husband Robert of Plymouth,



THOMAS M. ROCHE

Maureen Fallon and her husband Brian of Stoughton, William Roche and his wife Stefanie of Braintree, and Robert Roche and his wife Maureen of Weymouth. Known and adored as "Uncle Tommy" to Bobby, Billy, Jenna, Joseph, Brian, Victoria, Kyle, Shea, Jerry, and Nevin. Tom is also survived by many aunts, uncles, cousins, and friends.

A visitation will be held at Saint Ann Parish, 757 Hancock St., Quincy, MA on Thursday, Aug. 31st, from 3-8 p.m. Funeral Services will be held at Saint Ann Parish on Friday, Sept. 1st at 10:30 a.m. In lieu of flowers, please make contributions to St. Jude Children's Research Hospital P.O. Box 474 Memphis TN 38101-9958.

NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun.

Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

AAA: Massachusetts Gas Prices Down One Cent

The average gas price in Massachusetts is down one cent from last week (\$3.77), averaging \$3.76 per gallon. Monday's price is 13 cents higher than a month ago (\$3.63), and 31 cents lower than Aug. 28, 2022 (\$4.07). Massachusetts' average gas price is five cents lower than the national average.

The national average for a gallon of gas dropped since last week, despite growing gas demand. However, the price of oil has declined several dollars per barrel and is holding steady around or below \$80, contributing to lower pump prices. As Labor Day approaches, gas demand and volatile oil prices, particularly during an active hurricane season, could limit how much lower prices descend in the weeks ahead.

"Although the national average did a U-turn this week, the road ahead could lead to higher prices," said Mark Schieldrop, AAA Northeast Senior Spokesperson. "Ongoing concerns regarding potential storm activity could hinder falling pump prices this fall."

AAA Northeast's Aug. 28 survey of fuel prices found the current national

average to be five cents lower than last week (\$3.86), averaging \$3.81 a gallon. Monday's national average price is 8 cents higher than a month ago (\$3.73) and is 4 cents lower than this day last year (\$3.85).

Bethany Church Thrift Shop

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HELP WANTED

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617-984-8774

Kitchen Helper – Central Middle School; M-F 7:30AM - 12:30PM – \$15.5111

Kitchen Helper – SW Middle School; M-F 10:30AM - 2:30PM – \$17.5111

Cook – North Quincy High Production; M-F – \$20.1740

Kitchen Helper – North Quincy High School; M-F 7AM - 1PM – \$17.5111



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BBB Tips To Stay Safe Online, Avoid Scammers

By BETTER BUSINESS BUREAU

Buying new supplies and clothes is not enough as your children return to school this year. You also

should be thinking about how to help them stay safe online and avoid being easy targets for online scammers.

Parents: Be careful

Creating accounts on websites without permission: Social media sites are rife with strangers with intentions that may be quite different than yours. Many sites are designed to collect and sell unauthorized user details and behaviors to advertisers seeking targeted marketing. When creating an account, some kids may falsely create a birthdate to meet the minimum age requirement. Know what your child is doing online, and keep track of the social media sites and accounts to which they have access.

Contests and giveaways: Contests and giveaways often collect a hefty amount of personal information on their entry forms. Many are thinly disguised ways of collecting personal

or financial information that could lead to identity theft. Ensure your child doesn't have access to banking or credit card information, and supervise the filling out of any forms.

Phishing: Adults are not the only ones who receive spam and junk mail. Kids often get junk mail, and since they don't have much online experience, they are more susceptible to clicking on links and answering questions they probably shouldn't. While some emails may be legitimate, the last thing parents want, or need, is a \$500 bill from a fraudulent website where a purchase may have been made—or worse, giving up personal information that can be tracked back to your home.

Understand apps. Short for "applications," apps are downloaded software that operates on various devices, such as smartphones. How-

ever, certain apps might collect and share personal information about your child or target your child with ads. Even free apps may include paid features, and children may not understand that some apps or game features cost money since they were labeled free to download. They may click on these so-called free games and cost parents or guardians a hefty bill at the end of the month.

File sharing sites: Many websites allow children to download free media. A child may not realize that these sites often come with the risk of downloading a virus, allowing identity thieves to access the gaming device, personal computer, or cell phone that's being used. From there, the cyberthief can track financial transactions, and physical location, or even tap into the household wifi without anyone knowing it.

Tips on how to manage online privacy for the family:

Know about the Children's Advertising Review Unit (CARU). CARU's self-regulatory program provides detailed guidance to children's advertisers on how to deal sensitively and

honestly with children's issues. These guidelines go beyond the issues of truthfulness and accuracy to consider the uniquely impressionable and vulnerable child audience.

Know about COPPA. The Children's Online Privacy Protection Act protects the personal information of children under 13 on websites and online services—including apps. COPPA requires those sites and services to notify parents and get their approval before they collect, use or disclose a child's personal information. However, if your nine-year-old tells Instagram they are 13 (the age requirement to use the app), this law won't protect them.

Know about FOSI. The Family Online Safety Institute brings an international perspective to our online lives' potential risks, harms, and rewards. The Good Digital Parenting web portal is an excellent resource for families looking to educate online safety measures in the Internet age.

Read privacy policies together and understand privacy settings. Parents can have their children read the privacy policies and terms of use of any apps they want. While there might be a little grumbling that the policies "are too long" or that "it takes too much time," remind them of the importance of knowing what they are signing up for and insist that they are read. Then, learn and understand the privacy settings on each app and game.

Don't share your location. Nearly every app automatically tracks a user's location. From placing an online order for groceries or fast food to playing an online game, review the apps on all your devices to see which ones are tracking your location. Then, if it's not needed, look in the settings to see how to disable this feature. Advise a friend or family member to avoid geo-tagging their posts with their location. Why? For example, you don't want to announce the fact your family is vacationing out of state while the house sits empty. A simple review of the geo-tagged post will reveal where you are.

Use parental controls if necessary. Although the

best way to keep a child's online privacy safe is to teach them to manage it themselves, it doesn't hurt to have their backs by using parental controls. Today Android, iOS, and most web browsers offer built-in features that allow parents to monitor their children's online activities, but third-party apps are also available. Research the option that works best. Follow through with the child to explain why you're monitoring their activities.

Share with care, and remember, personal information is like money. What is posted online can last a lifetime: parents can teach children that any information they share online can easily be copied and is almost impossible to take back. Talk to them about who might see a post and how it might be perceived, and show them how anything they do online can positively or negatively impact other people. Sharing personal information can also give online thieves an idea of what login information or passwords might be used for banking or other online accounts.

Teachers and administrators: Tips for students
Videoconferencing tools: Just like businesses, ensure the online software used to deliver lectures, classroom work, and other online interactions is secure. The days of Zoom bombing, phishing, and other forms of cybercriminal activity aren't over.

Evaluate and update cybersecurity plans: The sudden shutdown of in-person activities left many scrambling to change course in creating and delivering a curriculum. Now is the time for educators to develop a plan to notify students, faculty, and staff should there be a data breach or security problem once classes are back in session.

Keep a clean machine and update devices that connect to the internet: Backing up critical lesson plans, personal information, and assignments is the best defense against viruses, malware, and other online threats. The only way to do this is to stay current on the most current software to protect against them.

LEGAL NOTICE

CITATION GIVING NOTICE OF CONSERVATOR'S ACCOUNT

Docket No. NO21P1124PM

Commonwealth of Massachusetts
The Trial Court

Probate and Family Court

Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021

In the matter of:

Carrie Emma Jones
Of: North Quincy, MA

Protected Person/Disabled Person/Respondent

To the named Respondent and all other interested persons, you are hereby notified pursuant to Rule 72 of the Supplemental Rules of the Probate & Family Court, that the 2nd Annual account(s) of Stanley Eugene Jenkins of Quincy, MA as Conservator of the property of said Respondent has or have been presented to the Court for allowance.

You have the right to object to the account(s). If you wish to do so, you or your attorney must file a written appearance and objection at this court on or before 10:00 A.M. on the return date of 09/27/2023. This day is NOT a hearing date, but a deadline date by which you have to object to the account(s). If you fail to file the written appearance and objection by the return date, action may be taken in this matter without further notice to you, including the allowance of the account(s).

Additionally, within thirty days after said return day (or within such other time as the Court upon motion may order), you must file a written affidavit of objections stating the specific facts and grounds upon which each objection is based and a copy shall be served upon the Conservator pursuant to Rule 3 of the Supplemental Rules of the Probate & Family Court.

You have the right to send to the Conservator, by registered or certified mail, a written request to receive a copy of the Petition and account(s) at no cost to you.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: August 21, 2023
COLLEEN M. BRIERLEY
Register of Probate

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services

ZONING BOARD OF APPEALS

CASE STR 23-5

Pursuant to the provisions of the Quincy Zoning Ordinance of the Quincy Zoning Board of Appeals as amended, an Open Public Hearing will be held on **Tuesday, September 12, 2023 at 6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169, on the application of Agnieszka Caissie for a Special Permit to operate a short-term rental business in accordance with Quincy Municipal Code 196-14 - Short-Term Residential Rentals on the premises numbered 138 ELM STREET, QUINCY.

Plans and specifications may be viewed online at <https://quincyma.viewpointcloud.com/categories/1083/record-types/6468>.

Martin Aikens, Chairman

8/24/23, 8/31/23

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services

ZONING BOARD OF APPEALS

CASE NO. ZBA-23-59

Pursuant to the provisions of the Quincy Zoning Ordinance of the Quincy Zoning Board of Appeals as amended, an Open Public Hearing will be held on **Tuesday, September 12, 2023 at 6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of JCBT Architect, LLC for a Variance to construct a three story, two-unit townhouse style dwelling in violation of the Quincy Zoning Ordinance, Sections 4.1.1 Dimensional Regulations (Conformance), 5.1.4.1 Off Street Parking (Setbacks) in Front Yard, and 5.1.8 Table of Off Street Parking Requirements (Number of Parking Spaces) on the premises numbered 0 SOUTH STREET, QUINCY.

Plans and specifications may be viewed online at <https://quincyma.viewpointcloud.com/categories/1083/record-types/6468>.

Martin Aikens, Chairman

8/24/23, 8/31/23

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services

ZONING BOARD OF APPEALS

CASE NO. ZBA-23-67

Pursuant to the provisions of the Quincy Zoning Ordinance of the Quincy Zoning Board of Appeals as amended, an Open Public Hearing will be held on **Tuesday, September 12, 2023 at 6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Jeffrey Dunn for a Variance, Special Permit/Flood Plain & Finding to demolish the existing home and construct a new, flood compliant single family dwelling in violation of the Quincy Zoning Ordinance, Sections 3.4.5 Nonconforming Single and Two-Family Structures, 3.4.7 Catastrophe or Demolition, 4.1 Table of Dimensional Requirements, 8.1.3 Flood Plain Overlay District and 8.1.9 Special Permit (Flood Plain Overlay District) on the premises numbered 7 SHORESIDE ROAD, QUINCY.

Plans and specifications may be viewed online at <https://quincyma.viewpointcloud.com/categories/1083/record-types/6468>.

Martin Aikens, Chairman

8/24/23, 8/31/23

LEGAL NOTICE

CITATION ON PETITION TO MODIFY BOND

G.L. c. 190B, §3-604

Docket No. NO21P1124PM

Commonwealth of Massachusetts

The Trial Court

Probate and Family Court

Norfolk Probate and Family Court

35 Shawmut Road

Canton, MA 02021

(781) 830-1200

In the matter of:

Carrie Emma Jones

To all interested persons:

A Petition has been filed by:

Stanley Eugene Jenkins

of Quincy, MA

requesting that the Court

enter a Decree and Order

modifying the bond of the

Personal Representative

and for any other relief as

requested in the Petition.

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding.

To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on 09/27/2023. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: August 21, 2023

COLLEEN M. BRIERLEY

Register of Probate

8/31/23

Legal Notices for Publication

Should be emailed to:

quincysunsubs@gmail.com

or

thequincysun@verizon.net

Need more information?

Call 617-471-3100

September Children's Events, Activities At Crane Library

Cont'd From Page 17

yourself.

This program is for children ages 10-15 and will take place on Tuesday, Sept. 26th at 6:30 p.m.

Tween Crafternoon Gr. 5-8

Tween Crafternoon is a monthly craft program just for grades 5-8. Join us at 1 p.m. on the fourth Wednesday of each month to try your hand at a different project.

Join us at the Main Library on Wednesday, Sept. 27 at 1 p.m. for our first meeting of the new school year. Besides making a craft, we'll be using this time to brainstorm ideas for future craft events, so bring your favorite suggestions! All craft supplies will be provided.

Page Turners Graphic Novel Book Club for Grades 3-5

Children in grades 3-5 are invited to join us on the 4th Wednesday of each month at 6:30 p.m. for our Page Turners graphic novel book club. Each month we will discuss a different graphic novel and make our own.

On Wednesday, Sept. 27th we'll get together discuss what we've been reading over the summer and pick up our

discussion book for October.

Copies of the book are available for pick up in the main library children's room.

Registration for Fall session 1 programs

Weekday morning storytimes for ages 4 months to 5 and Storylab for ages 4-8 will begin on Monday, Sept. 25th. Mother Goose and Chickadees programs will require registration. Please check our website for details.

Registration for programs begins on Tuesday, Sept. 12th at 9 a.m. online at thomascranelibrary.org, by phone at 617-376-1300 ext. 4 or in person at the Main Library Children's Room.

Fall session 1 Program Schedules

Fall storytime programs begin on Monday, Sept. 25th. Registration is required for some programs. Registration is limited to Quincy residents and children must be the correct age by the start of the program.

ABC Storytime @North Quincy for ages 3-5
Mondays 9/25, 10/2, 10/23 at 10 a.m.

StoryLab - Physical Science @Wollaston ages 4-8
Mondays 9/25, 10/2, 10/16, 10/23 at 3 p.m.

Mother Goose Storytime for ages 12-23 months
Tuesdays 9/26, 10/3, 10/10, 10/17, 10/24 at 10 a.m.

REGISTRATION REQUIRED

Toddler Storytime @Adams Shore for ages 2-3
Tuesdays 9/26, 10/3, 10/10, 10/17, 10/24 at 10 a.m.

Singing Storytime for ages 2-5
Wednesdays 9/27, 10/4, 10/11, 10/18, 10/25 at 10 a.m.

Rock-a-bye Baby Storytime for ages 4-11 months
Thursdays 9/28, 10/5, 10/12, 10/19, 10/26 at 9:30 a.m.

Mother Goose Storytime for ages 12-23 months
Thursdays at 9/28, 10/5, 10/12, 10/19, 10/26 11 a.m.

REGISTRATION REQUIRED

Chickadees Book Club for children in grades 1 and 2
REGISTRATION REQUIRED

This group works a little bit differently than our other book groups, sort of a cross between book group and storytime. Registration is required and is limited to Quincy residents. Registration begins on Tuesday, Sept. 12th online at thomascranelibrary.org, by phone at 617-376-1300 x4 or in person at the Main Library Children's Room.

The Chickadees will meet on Mondays 9/25, 10/2, 10/16 and 10/23 at 6:30 p.m.

Using short stories and early readers as our texts we'll have fun with simple games and crafts while reinforcing key reading and discussion skills in this fun and interactive program. Children must be able to read and write independently to join this group.

Questions? Stop by or call the Children's Room at 617-376-1300 x4 and ask for Mrs. Miller.

All programs sponsored and supported by the Friends of the Thomas Crane Public Library.

22nd Annual Walk Of Hope To Benefit ALS - Lou Gehrig's Disease - Scheduled for Sept. 9th

Walkers are signing up for the 22nd annual Walk of Hope for ALS, a 3.5-mile walk around Lake Quannapowitt in Wakefield to benefit The Angel Fund for ALS Research.

The Walk will be held on Saturday, Sept. 9th and begins with registration at 9 a.m. followed by the start of the walk at 11 a.m. The release of doves for those living with ALS and those who have lost their courageous fight to the disease will be held prior to the start of the walk.

The Angel Fund for ALS Research is a nonprofit charity dedicated to supporting the ALS research of Dr. Robert Brown, Jr. and his team at UMass Chan Medical School in Worcester. ALS, more commonly known as Lou Gehrig's Disease, is a progressive, always fatal neuromuscular disease which leads to muscle weakness and as it progresses, results in total paralysis and the inability to speak and swallow while the mind and senses remain intact.

Walkers of all abilities are encouraged to participate as individuals or as a team. To register as a walker or to register a team, log-on to The Angel Fund website at www.theangelfund.org or call the organization at 781-245-7070.

In addition to the walk around Lake Quannapowitt, the event includes activities and refreshments for all walkers. Kings Bowl of Lynnfield, an annual supporter of the walk,

will again provide refreshments for registered walkers.

The Angel Fund will also honor those who have ALS and those who have lost their battle with the disease with the Faces of ALS. Any participating team or individual who would like to honor a loved one with a poster along the walkway should send a high-resolution photo to theangelfundals@gmail.com by Sept. 4th.

Donations to the Angel Fund for ALS Research can also be made online, or can be sent to The Angel Fund, 649 Main Street, Wakefield, MA 01880. All donations should be made payable to The Angel Fund for ALS Research. Walkers are encouraged to create their own fundraising page to raise money online. Registered walkers can create their page at <https://secure.frontstream.com/2023-walk-of-hope-for-als>.

More information about the Walk can be obtained on the website, www.theangelfund.org, or by calling 781-245-7070.

Tours Saturday At Dorothy Quincy Homestead



THE DOROTHY QUINCY Homestead, 40 Butler Rd., Quincy will be open for public tours Saturday, Sept. 2. Tour hours will be 11 a.m. to 2 p.m. Each tour will restart every half hour. Learn about the historic property and the Edmund Quincy family who had lived here. Tour ticket is a \$10 suggested donation.

Courtesy Photo

QHS Class Of 1958 Reunion Oct. 7

Quincy High School Class of 1958 will hold its 65th reunion Saturday, Oct. 7 from noon to 4 p.m. at the Common Market Restaurants, 97 Willard St., Quincy.

The reunion will feature appetizers, buffet lunch and dessert.

Cost of tickets is \$45

per person. RSVP by Sept. 23. Make checks payable to Alda Donnelly and mail to: Class of 1958, Alda Cellucci Donnelly, 46 Indian Woods Way, Canton, MA 02021.

For more information call Alda Cellucci Donnelly at 781-562-1780 or Dolores Cerasoli McCray.

QHS Class Of 1968 Reunion Sept. 30

Quincy High School Class of 1968 will hold its 55th Class Reunion Saturday, Sept. 30 at The View at Presidents Golf Course from 6 to 11 p.m.

Cost is \$50 per person. Please make checks payable to: QHS Class of 1968 and mail to: Irene Downey Brophy, 108 Granger St., Quincy, MA 02170.

NQHS Class Of 1978 Reunion Oct. 28

North Quincy High School, Class of 1978 announces plans for their 45th year class reunion.

Class officers Donna Chiampa and John McDonald invite alumni and their guest to attend the 45th class reunion on Saturday, Oct. 28, from 7 to 11 p.m. at the Squantum Yacht Club, 646 Quincy Shore Dr., Quincy.

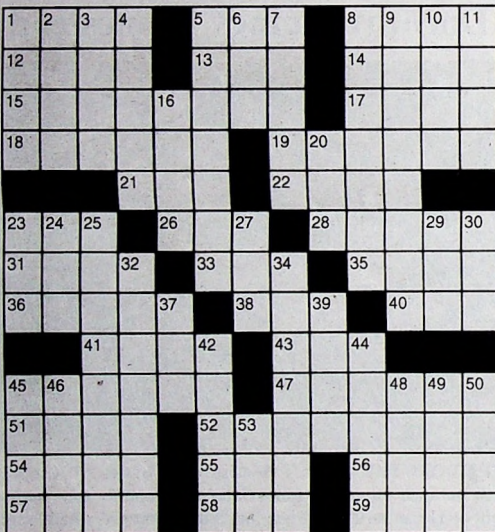
Tickets are \$45 in advance and \$55 cash at the door. Tickets can be purchased online at [www.eventbrite.com/e/nqhs-](http://www.eventbrite.com/e/nqhs-78-class-reunion-tickets-78118504557)

INVITATION TO BID	INVITATION TO BID
CITY OF QUINCY, MASSACHUSETTS Department of Natural Resources Thomas P. Koch Mayor INVITATION TO BID The Department of Natural Resources for the City of Quincy, Massachusetts is seeking sealed bids for Tree Risk Reduction & Maintenance Project until 11:30 a.m. local time Thursday, September 14, 2023, in the Office of the Purchasing Department, 1305 Hancock Street, Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud. All bids shall include one (1) original hardcopy and one (1) thumb drive of all information submitted. All inquiries are due no later than Friday, September 8, 2023 at 12:00 p.m. and should be directed to Kathryn Logan, Chief Procurement Officer, by email to klogan@quincyma.gov and cc: mmarini@quincyma.gov. The City of Quincy realizes the need to remove damaged, dead, or structurally unsound trees and/or tree parts along the public way that present a potential hazard to pedestrians, private property, motorists, and utility lines. The intent of this project is to remove high-risk trees and tree parts in an effort to minimize storm damage and reduce liability in problem areas. Each Contractor's crew shall have an ISA or Massachusetts Certified Arborist present at all times. This person will be responsible for identifying the hazard trees or branches and completing and signing a Tree Report for each take down or limb removal. Work around overhead utility lines shall be done by certified line clearers, with extreme caution taken at power lines. Detailed specifications will be available online at the City of Quincy's website www.quincyma.gov on August 30, 2023 at 10:00 a.m. and can also be made available at the Office of the Purchasing Department, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 a.m. and 4:30 p.m. Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check. The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All Federal, State and City of Quincy regulations and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City. Non-responsive and/or unbalanced bids may be rejected. Thomas P. Koch Mayor Kathryn R. Logan Chief Procurement Officer David Murphy Commissioner Department of Natural Resources	

SUN FUN PAGES

King Crossword

- ACROSS**
- 1 "Waterloo" group
5 Director Craven
8 Kilt wearer
12 Borscht base
13 Chop
14 Ginormous
15 Baltimore seafood treat
17 Congers
18 "— Little" (film)
19 Sweet-sounding
21 Toe count
22 Jazzy Fitzgerald
23 Lobbying org.
26 Stir-fry pan
28 Succinct
31 "American —"
33 Peruke
35 June 6, 1944
36 Casual shirts
38 Ran into
40 Fr. holy woman
41 Unhappy destiny
- DOWN**
- 43 Arrest
45 Yell, "You're not funny!"
47 Believes (in)
51 Regrettably
52 Unambiguous
54 Marathon fraction
55 Bee follower
56 Judicial garb
57 Shopper's delight
58 Be sick
59 "Closer" actor Clive
- 9 Actor's visual aids
10 Leer at
11 Try out
16 Ship's staff
20 Last (Abbr.)
23 "Great Expectations" lad
24 Fuss
25 Telemarketer's tactic
27 Kipling hero
29 Perched
30 Needle hole
32 Quick glance
34 Refined
37 Costa del — basics
39 O'Hara estate
42 Pilgrimage site
44 Small pack animal
45 Easter entrees
46 Director Kazan
48 Garbage barge
49 Toothpaste holder
50 British gun
53 Floral necklace



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MAGIC MAZE • CITIES NEAR THE EQUATOR

S T Q O L A I G D B Y W U T A
R M P M K S T I F D B M Y Z L
W U A S Q I E O K O U M E K A
I F D N B N B A G S R L A Z P
X W U S T G N O I O A Q K O M
O N L E J A A K R T B H A Y A
F D B C I P A Y R I N W D A K
V B T T A O S O Q U A P N M N
E L N C K R F I H Q K N A S F
E O A C B E L L I V E R B I L
P M Z Y W G N A D A P V M K U

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: CAPITAL OF COLOMBIA

Entebbe Kisumu Mbandaka Pontianak
Fortaleza Libreville Nairobi Quito
Kampala Macapá Padang Singapore
Kismayo Manta Pekanbaru

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Sign is missing. 2. Pen is missing. 3. Hand is moved. 4. Sleeve is shorter. 5. Number is different. 6. Hair is different.

Trivia test

by Fifi Rodriguez

- ANATOMY:** What are the small bones that make up the human backbone?
- GEOGRAPHY:** Which country is made up of about 7,000 islands?
- MOVIES:** What native language is spoken in the movie "Avatar"?
- BUSINESS:** When did the first Apple computer go on sale?
- ANIMAL KINGDOM:** What is a male swan called?
- FOOD & DRINK:** Which nut is used in a Waldorf salad?
- PSYCHOLOGY:** What

fear is represented in arithmophobia?

- TELEVISION:** Who played the lead in the series "Buffy the Vampire Killer"?
- AD SLOGANS:** Which restaurant chain advertises itself as "no rules, just right"?
- SCIENCE:** Which science fiction author wrote the three laws of robotics?

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Wishing Well®

3 6 7 6 2 7 3 4 2 7 4 6 7
A D Y I B O C A E U L S C
2 6 8 5 7 2 3 8 7 3 6 7 4
U C F A A N C U N E O W O
7 3 5 4 3 6 3 6 3 4 6 5 6
I P L V T V Y E O E R O T
3 7 3 6 2 6 8 6 4 2 3 2 6
U N R H D E T T A E L R R
8 6 5 4 5 8 3 6 8 4 5 6 2
U U V F E R I T E F D H S
5 3 2 8 5 4 5 8 5 2 4 5
O F N T C E A C R A A I L
8 2 3 5 8 5 2 8 2 8 4 2 2
U N E L I S D S I E R N G

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) This could be the time to try soothing whatever bad feelings might be lingering between or among colleagues, friends and family members. But be sure you do so without favoring any side.

TAURUS (April 20 to May 20) An idea is only an idea until you put that clever Bovine mind to work to develop it from concept to substance. This could lead to something rewarding, both emotionally and monetarily.

GEMINI (May 21 to June 20) The early part of the week could have disconcerting moments, but approaching them with a calm, unruffled attitude goes a long way toward helping things settle down nicely.

CANCER (June 21 to July 22) Getting used to change continues to mark much of the week. But accepting what you have to do makes adapting that much easier. A welcome visitor could turn up sooner than expected.

LEO (July 23 to August 22) Learning how to live with a decision is a challenge, but one you Leos and Leonas could really enjoy. You'll also be pleased to see your social life take the upsurge you've been hoping for.

VIRGO (August 23 to September 22) Use your perceptive Virgo instinct to help you see the positive aspects of what, at first, appears to be a disappointment. You could find that it proves to be quite the contrary.

LIBRA (September 23 to October 22) Your ability to maintain a balance between

sense and sentiment once again helps you sort through apparently conflicting choices and ultimately arrive at the right decision.

SCORPIO (October 23 to November 21) Before you seek the advice of colleagues about a potential career move, you might be better off getting counsel from someone who won't be affected by the choices you make.

SAGITTARIUS (November 22 to December 21) It can be a challenging week for some relationships if the normal give-and-take flow changes, with one side doing most of the giving and the other the taking.

CAPRICORN (December 22 to January 19) A new opportunity could bring with it much anticipation, along with some anxiety. Take time to sort out your options as well as your emotional considerations.

AQUARIUS (January 20 to February 18) Are you sure you have all the facts you need to let that matter move to another level? Don't be rushed into a decision unless, and until, you feel like it's the right thing to do.

PISCES (February 19 to March 20) Pace yourself as you prepare to take on a more demanding project. Be careful not to let your energy reserves drain away. Take time to relax with people close to you.

BORN THIS WEEK: You have the ability to see both sides of a situation. You would do well as a counselor or a judge.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: X equals U

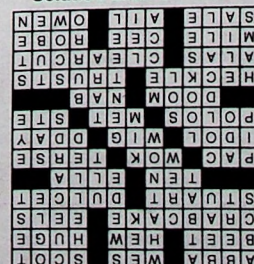
IMPW ZUX YQCKP UW V NPQEVCV
NVQCGGPVW COTVWY VWY ZUXQ
NVQ NUWHO UXE, IUXTY ZUX
MVKP V WPKCO GQPVHYUIW?

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King Crossword

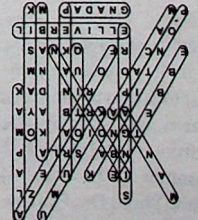
Answers

Solution time: 24 mins.



Magic Maze

ANSWERS:



CryptoQuip

answer

When you drive on a certain road, you will find a certain car combs out, would you have a New's breakdown?

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD — Big news! Two comic legends are contemplating self-imposed retirement. First up is Steve Martin, five-time Grammy Award winner (two for banjo-playing) and honorary Oscar recipient, who is now in his third season of "Only Murders in the Building." Steve turned 78 on Aug. 14, which may have brought this decision on. He is currently married to his second wife, writer Anne Stringfield, and became a first-time father at 67 in 2012.

Steve candidly admitted to Yahoo! Entertainment, "When I was younger, I was selfish and focused on my career. Now I'm just hanging around the house playing with [my daughter]. ... When ["Only Murders"] is done, I'm not going to seek [other work]. I have a family life that's really fun."

During club dates, Steve used to tell a joke about a guy who asked him, "Do you mind if I smoke?" Steve would say, "Not at all. Mind if I fart?" But when I ran into Steve one day at lunch, I said I had the perfect top-per for his joke and told him he could use it, which he did: "Do you mind if I smoke?" "Not at all. Mind if I fart? At least mine's a natural thing!"

The second comedy legend talking retirement is Jim Carrey (61), who confessed, "Well, I'm retiring. ... I'm being fairly serious. ... If the angels bring me some script that's written in gold ink that says to me that it's going to be really important

for people to see, I might continue down the road, but I'm taking a break."

Carrey has a 36-year-old daughter. His last two films were "Sonic the Hedgehog" (2020), which cost \$90 million and grossed \$320 million, and its 2022 sequel, which cost \$110 million and grossed \$405 million. They weren't "Jim Carrey films," though, so that may be why he's wishing for a heavenly script.

Sad to report that one of Tim Allen's sons in "Home Improvement," Zachery Ty Bryan, now 41, has run afoul of the law again. He is facing two felony charges and one misdemeanor charge, and is due in an Oregon court on Sept. 5. Bryan was arrested on July 28 for domestic abuse and one charge of assault in the fourth degree for abusing his fiancée, Johnnie Faye Cartwright. Cartwright is the mother of three of his children; in all, he's fathered seven children.

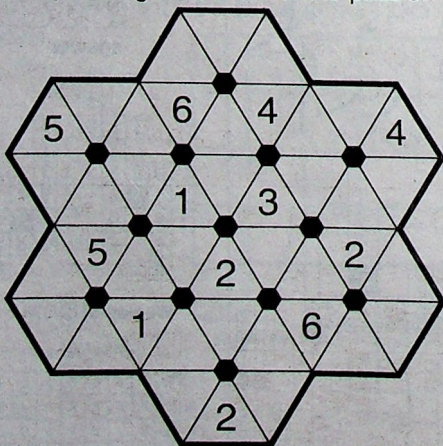
Bryan was arrested back in 2020 for attempted strangulation and assault (also involving Cartwright). He made a plea deal and was sentenced to 36 months of probation, along with mandatory participation in a batterer intervention program. He also had DUI arrests in 2004, 2007, 2017 and 2020, and has been accused of jilting investors in a crypto scheme. If anyone ever needed "Home Improvement," it's him!

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆◆◆

◆ Easy ◆◆ Medium ◆◆◆◆ Difficult

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GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	+		x		22
-		x		x	
	x		-		19
x		-		+	
	+		+		23
24		23		18	

2 3 4 5 6 7 8 9

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

Chelsea Porcelain — The first Labor Day was celebrated on Sept. 5, 1882, in New York City with a parade by trade union members, followed by an enormous outdoor party with speeches and picnics. President Grover Cleveland signed the holiday into national law in 1884, and Labor Day parades have been held throughout the United States since then. And, what's a parade without flags to wave? This turned wood flag holder, filled with 20 miniature cloth flags on wooden sticks, is ready for a celebration. It was originally a store display and recently sold for \$540 at an AntiqueAdvertising.com auction.

The auction describes it as a Victorian item without a specific date given, so it may pre-date Labor Day. Based on the number of stars, the flags are from the early twentieth century. But, it's likely that stores offered flags in displays like these for the first Labor Day parades, as parade spectators continue waving flags today.

Q: I've had this oval bowl for a long time, and I don't know anything about it. I recently saw one like it. It was a different color and looks like it's glass. Mine is ceramic but the grape clusters and vine details are the same. Could this be a Northwood bowl or is it a fake?

A: The Northwood Glass Company made pressed carnival glass, known for its iridescent glow. It was called "the poor man's Tiffany glass," made to imitate the look of expensive blown glass. The Grape and Cable pattern was a popular mass-produced pattern made by Northwood. Most Northwood glass has their underlined "N" mark on

the bottom. From your photo, the bowl looks like a ceramic version of the popular glass pattern and not an attempt to imitate carnival glass. Your bowl shows how popular the Grape and Cable pattern was with collectors. Northwood Grape and Cable carnival glass bowls have sold recently for \$150 to \$175.

TIP: Bring a price guidebook to an auction. It isn't possible to remember everything, but it is possible to look up most items. We think Kovels' Antiques & Collectibles Price Guide is the best resource.

CURRENT PRICES

- Toy, marble, glass, swirl, double red, blue and green bands, white latticino core, handmade, 2 1/4 inches, \$90.
- Quilt, pieced, log cabin, Shadow and Light, multicolor, white diagonal stripes, red outer border, crib, late 19th century, 17 1/4 inches, \$345.
- Sign, Euclid Beach Park, "Labor Day Mon. Sept. 6th" in green, "Admission to Park and All Rides" in red, "\$2.50 Each Person, 75 (cents) Each Child," hand painted, 36 x 72 inches, \$990.
- Inkwell, pewter, dome shape, three quill holders, flared base, hinged lid with finial, marked, William Will, Philadelphia, 3 x 4 3/4 inches, \$1,135.
- Furniture, cabinet, neoclassical, marquetry, parquetry, walnut veneer, two doors, inlaid bellflowers, two interior shelves and slide, tapering square legs, Southern Germany, 37 1/2 x 56 x 23 inches, \$3,300.

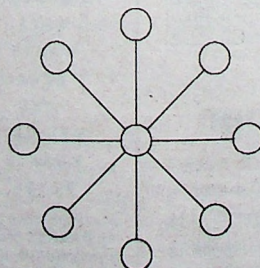
Subscribe to the Kovels' free weekly email newsletter, Kovels Comments, at www.Kovels.com.

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STICKELERS

by Terry Stickels

Can you arrange the numbers 1 through 9 in the diagram below in such a way that the sum of the three numbers in any straight spoke equals 15?



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Strange BUT TRUE

- The dot over the lowercase versions of the letters i and j is known as a tittle.
- There are clocks to tell us the time, and then there's the Shortlife clock, which tells us how long we have left to live. No, it's not perfect, but it does estimate a person's remaining longevity based on World Health Organization data.
- "The Lord of the Rings" movie trilogy was nominated for an astounding 800 awards, of which it received 475, making it the most-awarded series in cinema history.
- One of the most critical issues with AI is that even its creators can't understand some of the decisions the software makes, or why.
- Do you like apples? Then you'll likely appreciate the efforts of Tom Brown and his decades-long quest to track, collect and preserve forgotten varieties of the fruit. Brown has discovered more than 1,200 types, including some with rare

flavors such as banana and pineapple.

- The Sinocyclocheilus longicornus fish, discovered in a remote cave system by Chinese scientists, has a unicorn-like horn.
- In 1924, Babe Ruth accidentally ran headlong into a concrete wall during a game between the New York Yankees and the Washington Senators, knocking himself out cold for a full five minutes. Upon regaining consciousness, he not only finished the game but scored two more hits and went on to play a second game afterward.
- More than 200 viruses can result in the common cold. Kerchoo!
- Camp Bonifas, near the Korean Demilitarized Zone, has a par-three, one-hole golf course on it that is surrounded on three sides by landmines. As one might well expect, it has been dubbed "The Most Dangerous Hole in Golf."

Thought for the Day: "Integrity is the only path where you will never get lost." — Mike Maples Jr.

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Now here's a tip!

by Jo Ann Derson

- A trio of sewing tips from S.R. in Idaho: "Store patterns in plastic baggies. It's hard to get them back into their envelopes, and I find that the baggies store just as well. I keep my pattern from tearing by spraying them with spray starch. I also sharpen needles by stitching through very fine sandpaper. These tips have worked for me for many years."
- "It's almost time for Scouts to start up again. I have been washing uniforms and sashes, and find this trick to be helpful when it comes time to stitch on badges. Put a bit of plain school glue on the back of your badge, place it where you want it on the sash, then let it dry. It will stay in place long enough to stitch the edges. When you launder it, the glue will wash right out." — R.D. in Florida
- Solve the case of the tricky screw: Coat problem screws with clear fingernail polish

right before you insert them. They will hold tightly after that.

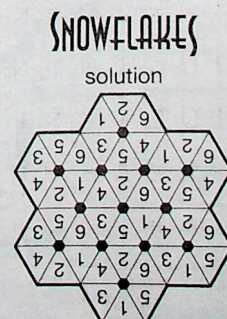
- To keep hair shiny and soft, rinse weekly with a mix of half vinegar (apple cider or white) and water. The smell goes away quickly, but the softness and shine stick around.
- If you have a cracked or otherwise leaking vase that is opaque (not glass), try heating a bit of paraffin wax and coating the inside of the vase with it. Let it harden, and it should be watertight again.
- "To keep plywood or thin materials from splitting, I tape my cut line with low-tack masking tape. It keeps my cut sharp, reduces the fraying, and it's easy to remove when I'm done." — G.S. in Minnesota

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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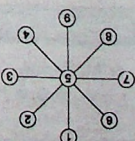
Go Figure! answers

18	23	24
23	6	6
+	-	x
19	5	3
x	x	-
22	4	7



Stickelers Answer

The number 5 must always be in the center of the wheel. Here's one solution:



Super Crossword

MILK-AND-HONEY
POOCHES

ACROSS

- 1 Web page
9 Espresso, e.g.
16 Basic lessons
20 Open to suggestion
21 Solar or lunar phenomenon
22 U.S. island territory
23 Start of a riddle
25 Parer "to be"
26 Tar's "Help!"
27 Winkly tangle
28 Cavaliers' org.
29 Stuff expelled from a volcano
31 West Aleutian island
33 Brand of contact lens solution
35 Outbreak of zits
37 Reply to "Which girl?"
38 Mom on "The Cosby Show"
41 Riddle, part 2
45 Old-style "Yay!"
47 Voguish Christian
48 — kwon do
- 49 Was the father of
50 — Lady of Guadalupe
51 Eager kids' question
53 Pinkish red
55 Not even one
56 Riddle, part 3
61 Aykroyd of film
62 Favorite son of Isaac
63 Beard on grain
64 Eyes lewdly
65 Fissure
67 Great joy
69 Remedies
70 Cross the mind of
74 — T (exactly)
75 Boring carpentry tool
76 Otology subject
77 Bert who played a lion
78 Spike on a film set
81 Riddle, part 4
85 Grease-laden
87 Diarist Nin
88 Snares, e.g.
89 Previous to, in verse
90 Canonized fifth-cen. pope
92 Barely manage, with "out"
- 93 Canadian gas brand
95 Ancient Greek lyric poet
97 End of the riddle
101 Campus complexes
102 Commanded
103 — Mawr College
104 — a one (zich)
105 Rival of Lyft
107 Threat ender
109 Windows 10 runners, e.g.
110 A few
112 Ewe noise
115 Viva —
116 Riddle's answer
122 Slaughter of baseball
123 Racked up
124 Anticlimactic happening
125 Muralist José María —
126 Rodent-catching cats
127 With two-channel sound

DOWN

- 1 Plank cutters
2 Modest "I think," online
3 Alternatives to 9-Across
- 4 Suffix with absorb
5 Bucko
6 In re
7 Put a stopper in
8 Vend
9 Ron of the 1970s
10 First female Supreme Court justice
11 Viral cause of a winter woe, informally
12 It funds Soc. Security
13 Pollution-control gp.
14 U.S. immigrants' class
15 Gomez of "Getaway"
16 Old Time film critic James
17 Totally bungled
18 The late 1970s, politically
19 Applied, as finger paint
24 Makes soiled
30 78's, e.g.
31 Lung filler
32 Pamphlet
34 Old name for Tokyo
35 Classic game consoles

- 36 Bamboozle
38 Had grub
39 Thelma's film sidekick
40 Of a major blood vessel
42 Astronomer
43 Furry scarves
44 Musical set in Oz, with "The"
46 "Ver-r-ry funny"
52 Salamander
53 V8 vegetable
54 Charley horse, e.g.
57 French for "eight"
58 Areas on a golf course
59 Be in accord
60 Bodily pouch
66 Pooch with a corded coat
68 Pai — poker (casino game)
69 Adorable kids
70 Waikiki's island
71 Like many gory movies
72 Constellation
73 Aries
74 Mandates
75 Skywalker of "Star Wars"
76 Scandalous corporation of 2001
78 Old sweeties
79 Whichever of the two
80 Alternative magazine to House Beautiful
82 Rival
83 "Sounds right to me"
84 Back of a 45 record
86 "Darn tootin!"
91 Poetic eyes
93 "Roots"
94 Emmy winner
96 Fish-fowl linkup
98 Coal mine vehicle
99 Put in a crate
100 Burden with one's problems
106 Pintos, e.g.
108 For fear that
109 Bygone Dodge
111 Bygone Dodge
112 Dutch South African
113 Novelist Rice
114 In re
117 Doc's org.
118 Rebel Turner
119 Jewel box inserts
120 Tennis barrier
121 "Now — seen it all!"



by Dana Jackson

Q: Where have I seen the actor who plays the documentary filmmaker in the new season of "Only Murders in the Building"? It's driving me crazy. — U.S.

A: If you're a "Grey's Anatomy" fan, you'll surely recognize Jesse Williams from his role as Dr. Jackson Avery, who he played from 2009-2022 and has since made subsequent returns. In the new season of the Hulu comedy whodunit "Only Murders in the Building," he plays a documentary filmmaker who was filming Paul Rudd's character, Ben, in his Broadway debut until Ben's murder.

The season isn't over yet, so you'll just have to wait and see whether Williams is this season's killer. In addition to Rudd and Williams, there's another big star featured this season, three-time Oscar winner Meryl Streep.

Q: Are there any baseball movies that have won an Oscar? I thought maybe "The Natural" or "Field of Dreams" won, but I haven't been able to find anywhere if they actually did. — K.L.

A: Throughout film history, there have been several baseball-themed movies that have been nominated for Oscars in various categories, but none has taken home the last award

of the evening: Best Picture. In 1942, "The Pride of the Yankees," which is about Lou Gehrig, was nominated for Best Picture and 10 other Academy Awards, but only took home one trophy for Best Editing.

In subsequent years, other notable baseball films included "Bang the Drum Slowly," which came out in 1973. It starred Michael Moriarty and Robert De Niro, but the only nomination it received was for Vincent Gardenia in the Best Supporting Actor category. A little over a decade later, "The Natural" wowed critics and audiences alike, but Robert Redford and Robert Duvall weren't recognized by the Academy. Instead, Glenn Close was nominated for Best Supporting Actress. It became one of the eight Academy Award nominations Close would receive throughout her career, but she has yet to win.

"Bull Durham" and "Field of Dreams" are two other classic baseball films from the 1980s that were nominated in various categories by the Academy (including "Field" for Best Picture), but both went home empty-handed.

In 1995, "Hank Aaron: Chasing the Dream" was nominated for Best Documentary, and in 2011, "Moneyball" was recognized with six nominations. Alas, none of the nominees took home a gold statuette.

Q: Since "Reboot" was canceled, does Rachel Bloom have any other shows lined up? She was so talented in that show and in "Crazy Ex-Girlfriend." She deserves an-



Jesse Williams
("Only Murders in the Building")

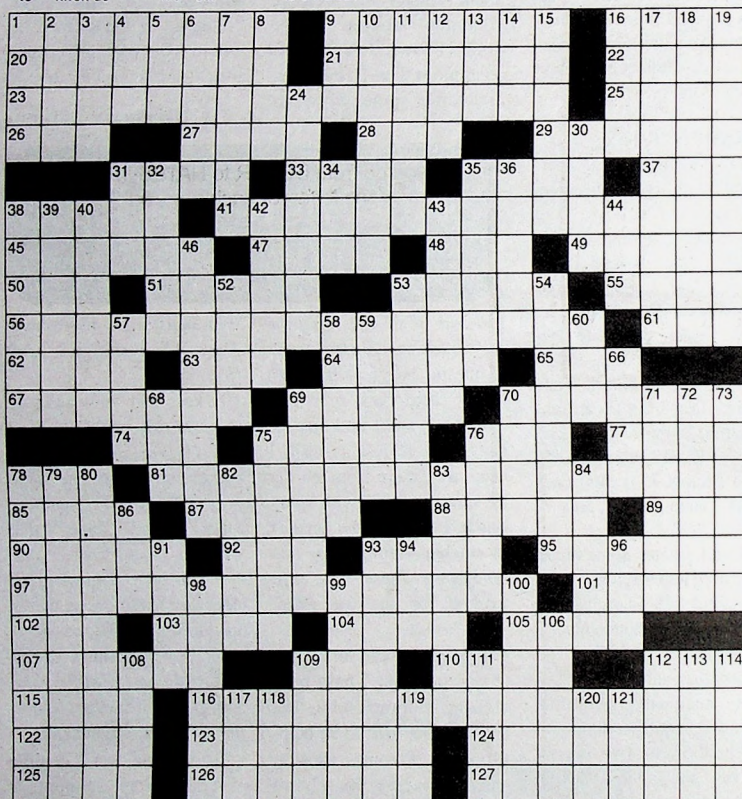
Photo Credit:
Deposiphotos

other series. — H.A.

A: I agree. Rachel Bloom showcased her fantastic musical and acting talents in "Crazy Ex-Girlfriend," but then had the misfortune of her next exciting project, "Reboot," getting canceled, despite it receiving critical acclaim. Next up, however, she's turned to the stage. She's bringing her one-woman musical comedy vehicle, "Death, Let Me Do My Show," to Off Broadway this fall. Bloom will also eventually grace our television screens in the second season of the Max series "Julia" whenever it returns. Fingers crossed it's before the year is over!

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWs, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|----------------------|-------------|-------------------|-------------|
| 1. Banquet | F _ _ _ _ _ | Bread leavening | Y _ _ _ _ _ |
| 2. Insignificant | _ _ L _ _ _ | Food cupboard | _ _ _ N _ _ |
| 3. Residence | _ _ U _ _ _ | Palomino, e.g. | _ _ _ R _ _ |
| 4. Southpaw | _ _ E _ _ _ | Tall | _ _ O _ _ _ |
| 5. Most unkind | _ _ _ N _ _ | Skimpy | _ _ _ _ G _ |
| 6. Arms and legs | _ _ _ _ S _ | Caribbean dance | _ _ _ _ O _ |
| 7. Chatter on and on | _ _ A _ _ _ | Thunder roll | _ _ U _ _ _ |
| 8. Give a speech | O _ _ _ _ _ | So angry | I _ _ _ _ _ |
| 9. Psychiatrist | _ _ _ _ _ K | Memorial | _ _ _ _ _ E |
| 10. Foolishness | _ _ O _ _ _ | Note quite a mare | _ _ I _ _ _ |

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Weekly SUDOKU

by Linda Thistle

1			5	9	6			
	5		2			1		
		6		3			4	
		3		4			2	
8	7	6					5	
	2			3		7		1
		5	4		1			9
	7			8		2		
6			9				8	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

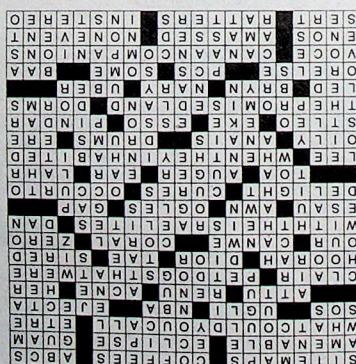
DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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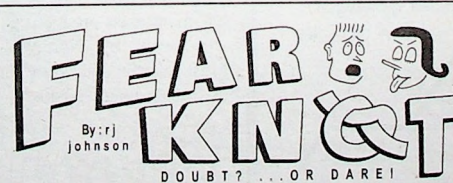
Super Crossword

Answers



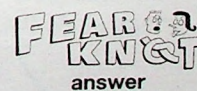
Even Exchange answers

- | | |
|--------------------|-------------------|
| 1. Feast, Yeast | 10. Folly, Filly |
| 2. Pally, Panty | 9. Shrink, Shine |
| 3. House, Horse | 8. Orate, Irate |
| 4. Lefty, Loty | 7. Ramble, Rumble |
| 5. Meander, Meager | 6. Limbs, Limbo |

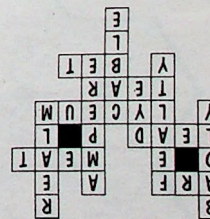


- TBE
REMPEA
BYALD
♥EDLA
MULECY
♥RFA
♥AMTE
BECAL
YED
♥ELYFAT
♥MARLE
♥ETRA

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.



answer



Weekly SUDOKU

Answer

5	8	1	7	2	6	4	3	9
9	2	5	8	1	3	7	4	6
6	7	3	2	5	9	8	1	4
1	9	6	8	7	4	2	5	3
3	6	9	2	4	7	1	5	8
2	6	8	7	1	3	9	4	5
4	3	1	7	5	8	9	6	2
7	4	5	8	3	2	6	9	1
3	5	8	2	4	6	9	1	7
8	3	6	5	7	2	1	4	9

Amber Waves

NOW THAT SUMMER IS OVER THE SNOW WILL BE HERE BEFORE YOU KNOW IT.

WE HAVE TO TAKE ADVANTAGE OF EVERY MINUTE WHILE WE CAN.

AFTER ALL, WE'RE ONLY YOUNG ONCE AND THEN WE GET OLD AND BORING.

REAL OLD... LIKE 30.

Out on a Limb

by Gary Kopervas

Americanisms

"Here's how I'm going to beat you. I'm going to outwork you. That's it. That's all there is to it."

— Coach Pat Summitt

Just Like Cats & Dogs

THIS ALL-NATURAL STORE IS THE LOGICAL CHOICE! SURE, IT COSTS A LOT MORE AND SPOILS WAY QUICKER, BUT OTHER THAN THAT.



Stray Cats Take Out Local Chipmunk Population

DEAR PAW'S CORNER: Recently, a pack of cats have started wandering on my property, especially at dawn and dusk. Two of them are wearing flea collars, with no ID tag; the rest have no identification. I don't approach or feed them. Some of them might be my neighbors' cats, but I don't know. Since they started prowling my three acres, the chipmunks and birds that used to frequent the yard have disappeared. How do I deal with this cat problem? — Tracy in upstate New York

DEAR TRACY: Contact your local municipality — city, town or county — and visit their website to find out if they have an animal control officer. If they do, contact them and explain the problem.

Now, most rural areas have few to no animal control officers assigned. So you may be told that they only respond to calls where the animal poses a threat — aggressive dogs, bears, rabid raccoons and so on. But reporting the cat pack is still important. Furthermore, ask them what resources exist in your area for dealing with stray cats. Here's a few other tips:

- Is there a TNR (trap, neuter, release) program active in the area? Contact them for advice.
- Ask your nearby neighbors if any of the cats belong to them. If so, ask politely if they can keep the cats indoors.
- Take a photo of the cat pack and post it on social media. Ask if any of the cats have been reported missing.
- Contact local shelters for advice. They probably won't take in feral cats, but you can bring in friendly and approachable cats that don't have identification. Purchase a cat carrier so you can safely transport them.

Send your tips, comments or questions to ask@pawscorner.com.

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WORD LADDERS

Can you go from BOXER to HATES in 6 words? Change one letter for each rung in the ladder.

BOXER

HATES

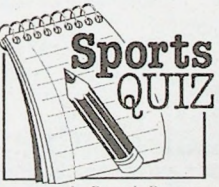
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SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Tight		
SCORE		
Creep		
ASKEN		
Ballast		
RANCHO		
Fasten		
RECUSE		

TODAY'S WORD



by Ryan A. Berenz

1. The Dave Rimington Trophy is awarded annually to the best college football player at what position?
2. What French tennis player won Australian Open and Wimbledon women's singles titles in 2006?
3. Basketball Hall of Famer Maurice Cheeks won his only NBA title as a player in 1983 with what team?
4. In 1940, members of the Arena Managers Association formed what entertainment group that featured former competitive figure skaters doing theatrical ice-skating performances?
5. What American freestyle

wrestler won a gold medal at the 1992 Barcelona Summer Olympics and competed in the Ultimate Fighting Championship from 1997-98?

6. What Baseball Hall of Famer hit 58 home runs with the Philadelphia Athletics in 1932 and hit 50 with the Boston Red Sox in 1938?
7. Dr. Dick Traum, who completed the 1976 New York City Marathon with a prosthetic leg, founded what organization to encourage people with disabilities to participate in mainstream sports?

Answers

1. Center.
2. Amelie Mauresmo.
3. The Philadelphia 76ers.
4. The Ice Capades.
5. Kevin Jackson.
6. Jimmie Foxx.
7. Achilles International (formerly Achilles Track Club).

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Micro Crossword By Elizabeth C. Gorski

Across

- 1 "Promising _____ Woman" (2020 Carey Mulligan film)
- 6 Dude from Dogpatch
- 7 _____dope (Ali's strategy)
- 8 Actions
- 9 Figures on IRS forms

Down

- 1 Outdoor sale sites
- 2 Many orchestras tune to them
- 3 Release, in a way
- 4 Essentials
- 5 Mardi _____

1	2	3	4	5
6				
7				
8				
9				

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Here's what to watch and where to watch it for the week of September 4, 2023

- ON NOW: "Disenchantment" (Season 5) — Netflix
- ON NOW: "Dungeons & Dragons: Honor Among Thieves" (PG-13) — Amazon Prime Video
- 6-Sept: "The Little Mermaid" (PG) — Disney+
- 6-Sept: "Never Let Him Go" (Docuseries) — Hulu
- 6-Sept: "I am Groot" (Season 2) — Disney+
- 6-Sept: "Scout's Honor:
- The Secret Files of the Boy Scouts of America" (Documentary) — Netflix
- 7-Sept: "Star Trek: Lower Decks" (Season 4) — Paramount+
- 7-Sept: "Virgin River" (Season 5, Part 1) — Netflix
- 8-Sept: "Self-Reliance" (NR) — Hulu
- 8-Sept: "The Changeling" (Season 1) — AppleTV+

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Micro Crossword

Answer

S	N	S	S
S	D	E	D
A	P	O	R
R	B	N	E
G	U	N	G

WORD LADDER

Answer

BARES, HARES, HATES

BOXER, BOXES, BORES

SCRAMBLERS

solution

KOCHS

Today's Word

3. Anchor, 4. Secure

1. Close 2. Sneak

MORE SUN FUN



"About My Father" (PG-13) — Comedian and actor Sebastian Maniscalco ("The Irishman") took on playing a movie version of himself for this comedy film loosely based on his real-life relationship with his father. Movie Sebastian plans to propose to his American girlfriend, Ellie, over the Fourth of July weekend, but Sebastian's father, Salvo (Robert De Niro), crashes the plans to schmooze her family. Left with no other choice, Sebastian tries to smoothly mesh his Italian immigrant father in with Ellie's posh family during the weekend, but nothing goes as planned. "Sex and the City's" Kim Cattrall and "Succession's" David Rasche make for a few fun faces to see among the cast of quirky characters, but De Niro's emotional monologue during the film's climax is the greatest take-away of the 89-minute film. Out now. (AppleTV+)

"Choose Love" (TV-PG) — Forget choosing your own adventure; why not try out choosing your own love story? In this first-ever interactive rom-com premiering on Aug. 31, viewers watch as Cami (Laura Marano) finds herself stuck between three men — Paul, her current boyfriend; Jack, the one who got away; and Rex, a British rock star she records with. Viewers make an array of decisions for Cami over the hour-long movie, until the time arrives where they must finally decide who will be Cami's happy ending. Avan Jogia, Jordi Webber and Scott Michael Foster co-star

as the alluring trio of love interests in this interactive film, which comes five years after Netflix's last attempt at interactive media — "Black Mirror: Bandersnatch." (Netflix)

"Zoey 102" (TV-14) — In a time where reboots and remakes run rampant, I was sure that the sequel film to the Nickelodeon series "Zoey 101" led by Jamie Lynn Spears would have been a remake that rocked the world, especially because of the show's huge original fanbase. But whether it was due to a lack of promotion or the bad press Spears received during the 2021 feud with her sister, Britney, "Zoey 102" seems like it totally went under the radar after its July 28 release. (Maybe everyone was watching "Barbie" or "Oppenheimer"?) Spears reprises her role as Zoey Brooks, who is now a struggling 32-year-old television producer. Zoey's best friend, Quinn (Erin Sanders), asks her to be the maid of honor for her wedding with Logan (Matthew Underwood), where the Pacific Coast Academy alumni all reunite as somewhat-stable adults. Sean Flynn, Christopher Massey and Abby Wilde also reprise their roles from the series, but previous cast members like Victoria Justice and Austin Butler failed to make appearances. Out now. (Paramount+)

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Jamie Lynn Spears, left, and Sean Flynn star in "Zoey 102."

Contract Bridge

THE RACE AGAINST TIME

North dealer.

Both sides vulnerable.

NORTH

♠ Q 10 7 4
♥ Q J 6
♦ A 10 5
♣ A 8 2

EAST

♠ A
♥ 8 7 5 3 2
♦ K 9 7 4
♣ Q 6 5

WEST

♠ 6 5 3
♥ K 9 4
♦ 8 3 2
♣ J 10 9 4

SOUTH

♠ K J 9 8 2
♥ A 10
♦ Q J 6
♣ K 7 3

The bidding:

North	East	South	West
1 ♠	Pass	1 ♠	Pass
2 ♠	Pass	4 ♠	

Opening lead — jack of clubs.

Good timing is extremely important in the play of many hands. When declarer has several different things to do, the order in which he does them frequently makes the difference between success and failure.

Consider this deal where West leads a club against four spades. How should South proceed? Let's say he starts by winning the club with the king and returns a trump. East takes the ace and

plays another club. South must now go down one, losing a trick in each suit, since the diamond and heart finesses both lose when they are attempted.

The outcome is surely unlucky but can be traced to a wrong choice of plays. Declarer should not stake his chances on either of the red-suit finesses working when there is a more promising approach available.

When dummy comes down, he should realize that there is more urgent business to attend to than tackling trumps at once. Leading a trump at trick two gives the defense time to establish a club trick. Instead, declarer should win the club lead with the king and play the A-10 of hearts, deliberately rejecting the heart finesse in order to establish an immediate heart trick in dummy.

If South plays in this fashion, he winds up losing only a spade, a heart and a diamond, and so makes the contract. West can take his king of hearts and return a club, but South wins with dummy's ace and discards his remaining club on the queen of hearts.

By attacking hearts first, South wins the crucial race against time. He develops a heart trick before the defense can develop a club trick. If declarer leads the wrong suit at trick two, he loses a vital tempo and goes down one.

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by Steve Becker

Puzzles4Kids

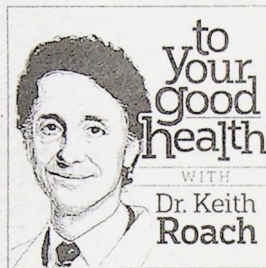
by Helene Hovanec

RIDDLE SEARCH — FRIENDLY

Look up, down, and diagonally, both forward and backward to find every word on the list. Circle each one as you find it. When all the words are circled, take the UNUSED letters and write them on the blanks below. Go from left to right and top to bottom to find the answer to this riddle: **When is the ocean friendliest?**

BUBBLY	B	H	E	L	B	A	K	I	L	M
BUDDY-BUDDY	U	U	F	A	M	I	L	I	A	R
CHUMMY	B	M	D	G	N	I	V	O	L	A
COOL	B	A	E	D	W	H	Y	E	O	W
FAMILIAR	L	N	N	N	Y	I	N	T	Y	C
FINE	Y	E	I	W	A	B	N	V	A	H
GIVING	L	U	F	E	S	U	U	E	L	U
GOOD	S	O	C	I	A	L	S	D	S	M
HUMANE	G	I	V	I	N	G	O	O	D	M
KIND	N	E	I	G	H	B	O	R	L	Y
LIKABLE										
LOVING										
LOYAL										
NEIGHBORLY										
NICE										
SOCIAL										
SUNNY										
USEFUL										
WARM										

Riddle answer: _____



Osteoporosis Screening for Men Remains Controversial

DEAR DR. ROACH: My husband and I are confused about the guidelines concerning when older men should be screened for osteoporosis. All the information seems to suggest that it is only needed for men over 70 who have had a fracture. In my husband's case, he was only told to get a DEXA (dual-energy X-ray absorptiometry) scan after he had back pain and several compression fractures of the thoracic spine (up to 70%), at the age of 72. His T-score was -2.8 for his spine.

I can't help feeling that because he is male, weighs 200 pounds, has an active lifestyle and was previously 6 feet, 2 inches tall, the issue of osteoporosis just never came up during his yearly primary care visits (even though his height had decreased since at least 2019, and he's now only 6 feet tall). This is a potentially life-threatening condition for older women and men, but the risks for women seem to get all the attention. What's the reluctance to order a simple, fast, painless, not-too-expensive test to screen men earlier? -- B.W.

ANSWER: In general, screening tests (by definition, a test done on a person with no symptoms of the condition) are done when there is good evidence that the screening will lead to an improved outcome in the screened group compared to an unscreened group. The data in women is strong enough that all women over 65 and women younger than 65 with additional risks for osteoporosis should be screened with a DEXA scan, but there is not strong enough data to support screening in men.

Osteoporosis screening in

men is controversial. While one of the most influential groups does not recommend screening in all men over 70, some groups do, despite an absence of proven benefit. They base this recommendation on the fact that, as you say, it's not a particularly dangerous test (the radiation dose is small), nor is it expensive (the average cost is \$150, but can be higher in some states). One major downside of testing in general is that no screening test is perfect. As such, an unexpected finding of osteoporosis in a man requires that the screening test be repeated to be sure the test result is accurate.

Even though men are not always recommended for screening, there are some medical findings that should prompt a test. One is a loss of height -- losing more than 1.5 inches of height should have prompted a DEXA scan. (Strictly speaking, this is no longer a screening; it's an evaluation of the cause of an unexpected medical finding.)

A low testosterone level (either by itself -- hypogonadism -- or as a result of medical treatment for prostate cancer); primary hyperparathyroidism; inflammatory bowel disease; and long-term use of prednisone and similar drugs are all known risk factors for osteoporosis that should at least trigger a discussion of a DEXA scan. Similarly, the finding of osteoporosis in a man should prompt consideration of the underlying reason behind it, which could include any of the risk factors listed above.

Flashback Answers

1. Bill Haley and the Saddlemen. They made the change to "the Comets" due to the public's mispronunciation of the famous comet's name ... which was actually Hallie.
2. Mac Davis. In 1970, Legend says that Davis got the idea when he declined an invitation to a seance, saying that he didn't believe in that, but he believed in music.
3. "The Loco-Motion." In 1962, several groups around the world released their own covers over the years.
4. "A Doll's House." The 1968 double album contained 30 songs.
5. "On the Radio," by Donna Summer, in 1979. The song was written for the Foxes soundtrack. It was released in several formats, including a seven-minute promo for DJs, an instrumental with a slower tempo, as a ballad and as a disco version.

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SENIOR NEWS LINE

by Matilda Charles

Classes From the Comfort of Home

The course catalog for the winter semester of the local senior college arrived in the mail, and I've already highlighted over a dozen classes, talks, lectures and seminars that I'd like to take.

Not that I'll take all of them, of course. But I will likely sign up for a few that have especially piqued my interest.

Archaeology has become a special interest over the past several years, to the extent that I looked into going on a dig in a foreign country. COVID slammed shut that possibility (as well as the digs themselves), but if I'm not reading an archaeology magazine, I'm looking at archaeology YouTube videos online. This talk promises to be right along my favorite lines: the results of a dig in Ireland.

A four-week course on banned books also looks to be very interesting, as does the two-week seminar on the differences between northern and southern Italy, including cuisine, landscape, culture and customs. All the classes will be filmed and available online afterward.

The best part of all three of these? They'll be presented live online via Zoom, with viewing right from the comfort of home ... which is excellent timing and forward thinking on someone's part because, of course, COVID is rearing its head again around here. We're likely headed for strong suggestions of mask wearing, curbside shopping and COVID boosters. To be able to safely take a few classes is going to be a highlight in what might otherwise be a dreary winter.

If you don't have a senior college near you and you would like to take classes, fear not. Some of the best sources of online classes are found through Coursera (www.coursera.org), which range from business classes to humanities; through Harvard (hl.harvard.edu), with many free offerings; and through Class Central (www.classcentral.com/universities), with links to hundreds of colleges and universities.

Beware of the supposedly free online colleges that offer degrees. Check the fine print for the actual costs and fees, which can be considerable.

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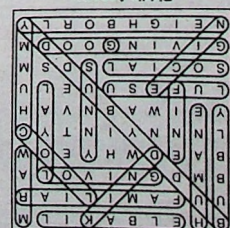
1. What was the original name of the group Bill Haley and the (His) Comets?
2. Who penned and released "I Believe in Music"?
3. Little Eva had one No. 1 chart-topper. What was it?
4. What was the proposed original title of the Beatles' White Album?
5. Name the song that contains these lyrics: "I wondered, too, if by chance you heard it for yourself. I never told a soul just how I've been feeling about you."

Answers At Left

Puzzles4Kids

Answer

When it waves.



Pops Concert On Hancock-Adams Common Sept. 9

Mayor Thomas P. Koch and the City of Quincy invite the community to enjoy an evening of music and song on Saturday, Sept. 9th from 4 to 7 p.m. for a combined Pops Concert by The Quincy Choral Society and Quincy Symphony Orchestra.

Led by Quincy Sympho-

ny Orchestra and Quincy Choral Society's Musical Directors Yoichi Udagawa and Sarah Labrie, the event highlights the tremendous talents of these local organizations.

"Each monthly event on the Hancock Adams Common has brought such a wide variety of talented

performers to our community," Koch said. "The City of Quincy is so fortunate to feature the artistry of the Quincy Symphony Orchestra and Quincy Choral Society on what we hope to be a beautiful early September evening on the Hancock Adams Common."

In addition, this year's

program will include the Broadway musical and comedic talents of the Randy Andy's, a post-modern singing trio, who sing in homage to the Andrew Sisters contemporary songs from pop singers including Beyonce, Aerosmith, Madonna and Lizzo, with a nod to a bygone era of song.

Artists from the Quincy Arts Association will be on-site on the grass of the Common painting live during the show.

Cabaret tables and chairs along with theatre seating will be available. Lawn chairs are allowed.

Food trucks scheduled for food purchases for the event include Ken's Curb-side Bistro, the Whoopie Pie Wagon and Big Daddy Hot Dogs.

Adult refreshments can be purchased from Hive Mobile Bar.

Scenes From Quincy August Moon Festival



A LATIN YOUTH dance is performed by members of New Star Community Art School of Quincy at the 36th annual Quincy August Moon Festival on Coddington Street.



JINGYI HUANG performs "Quando Men Vo."



THE KPOP DANCE is performed by CJT Dream Dance of Cambridge.



A MEMBER OF the Quincy Tae Kwon Do goes airborne during a martial arts demonstration.



QUINCY TAE KWON DO members perform a martial arts demonstration.



AUGUST MOON FESTIVAL attendees video performances.

Quarry Museum, Lyons Tide Mill Open Sept. 2-3



QUINCY QUARRY and Granite Workers Museum and the Lyons Turning Mill will open on Saturday, Sept. 2nd and Sunday, Sept. 3rd from 11 a.m. to 3 p.m. Historic pictures of Quincy's granite industry with interpretive information on each picture will be displayed. Courtesy Photo

The Quincy Quarry and Granite Workers Museum and the Lyons Turning Mill will open on Saturday, Sept. 2nd and Sunday, Sept. 3rd from 11 a.m. to 3 p.m.

Also, a self-guided walking tour of the Lyons Turning Mill grounds to view artifacts around the mill with interpretive information at each location will be viewable. The museum has acquired new artifacts of the granite industry from the collection of the late Dave Hodgdon that are on display at the mill.

Historic pictures of Quincy's granite industry with interpretive information on each picture will be displayed. Visitors can view the locations of where the machinery was located by the foundations and stud locations.

Visitors can also learn the basic geology of Quincy granite, what is Quincy granite, how did it get to Quincy and what uncovered Quincy granite. The Museum will also be open for a self-guided tour to view pictures and artifacts from Quincy's granite industry. Museum members will be on hand to answer questions and Quarry Museum T-shirts will be on sale to help support the museum.

Directions: Curry Hardware, at the intersection of Copeland and Willard Streets, West Quincy. Proceed under expressway, stay to right to stop sign, the U.P.S. building will be on the other side of ramp. Proceed with caution across ramp onto Ricciuti Drive to end and right on to Quarry Hills Drive. Turning Mill will be 100 yards on left.

For weather related information on openings or general questions call the museum at 617-472-1322. Visit the website www.quincyquarrymuseum.org.



Children need to see their best to succeed in school.
Buy one pair of eyeglasses and receive backup
second pair for 50% off.*

SECOND SIGHT

The Eyewear Gallery

1147 Hancock St., Quincy, MA 02169 617.773.1178 800-235-1178
secondsighteyewear@verizon.net www.secondsighteyewear.com

*offer expires 09/30/2023

PAID POLITICAL ADVERTISEMENT

Back-To-School Photo Tips From BBB

By BETTER
BUSINESS BUREAU

With the school year starting again, social media is full of adorable back-to-school photos. Often, these pictures feature a child holding a "first day of school" sign with basic information, such as their name and grade. But before you jump on the trend and snap a similar picture of your little one, read these tips and be cautious about what you share.

Back-to-school photo tips

- Avoid sharing personal details about your child. Back-to-school photos of-

ten involve kids holding a board with their full name, age, height, and other details. Scammers or predators could use this information to commit identity theft or earn your child's trust.

- Leave off information about kids' schools. Even sharing the name of your child's school, teacher, or grade level could make them a target for unscrupulous people. Not to mention, these details are often used as security questions for banking or credit card accounts.

- Double check your privacy settings. Review your

social media account's privacy settings regularly. Be mindful of whom can view your posts. You may want to remove personal information from your account that others can see, such as your telephone number or address.

- Watch out for phony friend requests. Don't accept friend requests from strangers. Also, think twice before you accept a friend request from someone you are already connected with. It could be an impostor trying to access your information and friends list.

PAID POLITICAL ADVERTISEMENT

Sorry, Kids... School starts next week.

*We wish all of our great teachers,
principals, staff and, of course,
our students a successful school year.*

Mayor Tom & Christine Koch

SCHOOL'S IN SESSION:

*Please drive carefully
and be aware of crosswalks.*

KOCH

FOR QUINCY

Committee to Re-Elect Mayor Tom Koch
P.O. Box 134, Quincy, MA 02170

617-773-5624

[KochForQuincy www.KochForQuincy.com](https://www.KochForQuincy.com)